WEILL CORNELL SEMINAR in SALZBURG

In collaboration with the Medical University of Vienna

"Trauma and Emergency Surgery"

January 13 – 19, 2019
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11 faculty members from the United States and Austria
30 lectures given by faculty
23 interesting case presentations by fellows
5 excellent case presentations selected by faculty

Faculty Photo (L-R)
Robert J. Winchell, MD, FACS (Course Director); Michelle McNutt, MD, FACS;
Gerald Eliot Wozasek, MD; Julia Starlinger, MD, PhD and Harald K. Widhalm, MD (Co-Course Director)
not pictured: Stefan Boehme, MD; Rajan Gupta, MD, MHCDS; Richard Kdolsky, MD;
Johannes Leitgeb, MD, PhD, Assoc. Prof. Priv. Doz.; Martin Reschl, MD and
George C. Velmahos, MD, PhD, MSEd, FACS, FCCM, MCCM, FRCS, FRCPS
Group Photo of Faculty and Fellows
## 2019 Salzburg Weill Cornell Seminar in Trauma and Emergency Surgery
**Sunday 13 January – Saturday 19 January 2019**

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<tr>
<td><strong>07:00 – 08:00</strong></td>
<td><strong>BREAKFAST</strong></td>
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<td><strong>08:00 – 09:00</strong></td>
<td>Introductions</td>
<td>The ACS Care Model</td>
<td>Dealing with Non-Unions and Mal-Unions</td>
<td>Management of Spine Injuries</td>
<td>Sports Related Injuries</td>
<td><strong>DEPARTURES</strong></td>
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<td>Pre-Seminar Test</td>
<td>Rajan Gupta, MD, MHCD</td>
<td>Gerald Eliot Wozasek, MD</td>
<td>Julia Starlinger, MD, PhD</td>
<td>Harald K. Widhalm, MD</td>
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<td><strong>09:00 – 09:30</strong></td>
<td>Trauma Systems: Lessons Learned in the US</td>
<td>Damage Control Surgery/Early Total Care</td>
<td>Teamwork in Polytrauma Management</td>
<td>Management of Hip Fractures</td>
<td>Basic Vent Management</td>
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<td>Robert J. Winchell, MD, FACS</td>
<td>Richard Kodolsky, MD</td>
<td>Martin Reschl, MD</td>
<td>Harald K. Widhalm</td>
<td>Michelle McNutt, MD, FACS</td>
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<td><strong>09:30 – 10:00</strong></td>
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<td>Management of Ruptures of the Lien</td>
<td>Initial Management of Brain Injury</td>
<td>Basic Burn Management</td>
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<td>Julia Starlinger, MD, PhD</td>
<td>Michelle McNutt, MD, FACS</td>
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<td><strong>10:00 – 10:30</strong></td>
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<td><strong>10:30 – 11:00</strong></td>
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<td>The Principals and Beauty of Intramedullary Lengthening</td>
<td>Initial Management: Priorities &amp; Triage Decision Making in the “Golden Hour”</td>
<td>Training Paradigms for Maintaining Competency</td>
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<td>Gerald Eliot Wozasek, MD</td>
<td>Robert J. Winchell, MD, FACS</td>
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<td><strong>11:00 – 11:30</strong></td>
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<td>Polytrauma Strategies</td>
<td>Nail Arthrodesis in Severe Knee Injuries</td>
<td>Management of Life Threatening Chest Injuries</td>
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<td>Harald K. Widhalm</td>
<td>Gerald Eliot Wozasek, MD</td>
<td>Stefan Boehme, MD</td>
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<td><strong>11:30 – 12:00</strong></td>
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<td>Small Bowel Obstruction</td>
<td>Geriatric Trauma</td>
<td>Appendicitis</td>
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<td>Rajan Gupta, MD, MHCD</td>
<td>Martin Reschl, MD</td>
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<td><strong>12:00 – 12:30</strong></td>
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<td>Surgical Management of Traumatic Brain Injuries</td>
<td>Management of Multiple Injured Patients</td>
<td>Diverticulitis</td>
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<td>Johannes Leitgeb, MD, PhD</td>
<td>Richard Kodolsky, MD</td>
<td>Rajan Gupta, MD, MHCD</td>
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<td><strong>12:30 – 14:00</strong></td>
<td>LUNCH</td>
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<td><strong>14:00 – 15:00</strong></td>
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<td>Controversies and Recommendations in Modern Trauma Resuscitation</td>
<td>Fellows' Case Presentations</td>
<td>Free Afternoon</td>
<td>Fellows' Case Presentations</td>
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<td>George C. Velmahos, MD, PhD</td>
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<td><strong>15:00 – 16:00</strong></td>
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<td>How to Present a Case</td>
<td>Fellows' Case Presentations</td>
<td>Post-Seminar Test</td>
<td>Evaluation &amp; Discussion</td>
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<td><strong>16:00 – 17:00</strong></td>
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<td>Case Presentations by Faculty to Fellows</td>
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<td>17:00 – 17:15 OMI/AAF Presentation</td>
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<td><strong>17:00 – 18:00</strong></td>
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<td>Faculty Only Meeting to Review the Week</td>
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<td><strong>18:00 – 19:00</strong></td>
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<td><strong>FAREWELL RECEPTION</strong></td>
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<td><strong>19:00 – 20:00</strong></td>
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<td><strong>WELCOME RECEPTION &amp; DINNER</strong></td>
<td>Faculty Dinner in Private Home</td>
<td><strong>DINNER</strong></td>
<td><strong>GRADUATION DINNER</strong></td>
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<td><strong>CHAMBER MUSIC CONCERT</strong></td>
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WEILL CORNELL SEMINAR in SALZBURG

"Trauma and Emergency Surgery"

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FACULTY
Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children’s Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkandlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg. As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the NewYork Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.

Wolfgang Aulitzky, MD
Director, Open Medical Institute
American Austrian Foundation

Associate Dean and Gerhard Andlinger Professor for International Medicine & Distance Learning
Adjunct Professor of Clinical Urology
Adjunct Professor of Clinical Reproductive Medicine
Weill Medical College of Cornell University

Adjunct Professor of Pediatrics
Perelman School of Medicine at the Children’s Hospital of Philadelphia

Associate Professor of Urology
Medical University of Innsbruck, Austria

Kärntner Straße 51/II/Top 4
1010 Vienna
Austria

Phone: +43-1-533-8658
Fax: +43-1-533-8658-10
Email: w.aulitzky@openmedicalinstitute.org
Robert J. Winchell, MD, FACS (Course Director) is Professor of Surgery and Chief, Division of Trauma, Burns, Acute and Critical Care at Weill Cornell Medicine in New York City. Dr. Winchell received his undergraduate degree from the California Institute of Technology, his M.D. from Yale University, and did his internship, General Surgery residency, and Trauma and Critical Care Fellowship at the University of California, San Diego. Dr. Winchell has served on the American College of Surgeons Committee on Trauma for over 20 years, as Chair of the Trauma Systems Evaluation and Planning Committee for 8 years, and currently as Special Consultant for International Quality Programs. He has been deeply involved in the development and evolution of trauma systems throughout the world, including seminal work with the Committee on Trauma’s Trauma System Consultation Program, and work with the WHO Global Alliance for the Care of the Injured. Dr. Winchell is the author of more than 60 scientific papers and book chapters, and has given over 150 regional, national and international presentations. He is a reviewer for the Journal of Trauma and Acute Care Surgery, the European Journal of Trauma, the Archives of Surgery, and the World Journal of Surgery.

Robert J. Winchell, MD, FACS
Professor of Surgery
Chief of Trauma, Burns, Acute and Critical Care
Weill Cornell Medical College
New York-Presbyterian Hospital
525 East 68th Street, Box 116
New York, NY 10065
USA

Phone: +1-646-962-8490
Fax: +1-212-746-7291
Email: row9057@med.cornell.edu
Harald K. Widhalm, MD (Co-Course Director) is an Orthopedic and Trauma surgeon who has finished his final year of residency in 2011 within the Trauma Surgery Department of the Medical University of Vienna. He has been actively involved together with other colleagues in founding the largest center for the diagnosis and treatment of cartilage lesions. Besides working in the outpatient clinic for cartilage lesions, Dr. Widhalm is currently working in the Sports medicine field on biomechanical research studies including anterior cruciate ligament injuries and treatment strategies. At the department in Vienna he is working for several years in the outpatient specialty clinic for cartilage lesions, for sports and for head injuries. From 2013 to 2014, Dr. Widhalm was elected by the Arthroscopic Association (AGA) for working as a research fellow at the University of Pittsburgh (USA) in the Department of Orthopaedics and Sports medicine, leaded by world famous Prof. Dr. Freddie H. Fu. Beside that he has had in the past, the opportunity to gain valuable work and visit colleagues at Ann Arbor University, Michigan as well as at Janeway Child Health Centre, St. John’s, Newfoundland and Mount Sinai Hospital in New York. During his time within these organizations, he very much appreciated both the work ethic and dedication of his professional colleagues. In June 2016 Dr. Widhalm successfully passed the habilitation in trauma surgery at the Medical University of Vienna with the topic: "New MRI images for visualization of cartilage lesions in the knee;" In 2018 he reached his second degree for Orthopedics after working for one year at the Department of Orthopedics in Zwettl. He is currently working as Medical Specialist for Orthopedics and Trauma at the Department of Orthopedics and Traumatology at the Medical University of Vienna. Besides working in the hospital, he looks after a few professional athletes and is the Medical Chief Director of professional sports events such as tennis, golf, sailing, etc. Beside that Dr. Widhalm enjoys practicing sports himself. Moreover he is named 5-times Austrian Champion in the H-Boot Sailing Class.

Harald K. Widhalm, MD
Clinical Division of Traumatology
Department of Orthopedics and Traumatology
Medical University of Vienna
Waehringer Guertel 18-20
1090 Vienna
Austria

Phone: +43-1-40-400-59400
Fax: +43-1-40-400-59390
Email: harald.widhalm@meduniwien.ac.at
Rajan Gupta, MD, MHCDS is an Associate Professor of Surgery and Chief of the Division of Acute Care Surgery at Rutgers Robert Wood Johnson Medical School in New Brunswick, NJ. He is the medical director of the American College of Surgeons verified Level I trauma center at Robert Wood Johnson University Hospital, and serves as the chair of the NJ State Trauma System Advisory Committee. Dr. Gupta completed his undergraduate studies as well as medical school at Boston University in Boston, MA. He did a residency in general surgery at Dartmouth Medical School in Hanover, NH; followed by a fellowship in traumatology and surgical critical care at the University of Pennsylvania in Philadelphia, PA. More recently, he completed a Master of Health Care Delivery Science degree at the Tuck School of Business at Dartmouth College. Currently, Dr. Gupta's clinical practice incorporates all three aspects of acute care surgery: trauma, emergency general surgery, and surgical critical care. He is involved in the education of medical students, surgical residents, and fellows on a daily basis; and is the program director for the Acute Care Surgery fellowship at his institution. His academic interests focus on value-based models of healthcare delivery as well as global surgery. He has been an invited speaker at several national and international venues. Dr. Gupta lives in Princeton, NJ with his wife Sarah and his children Arjun and Ella.

Rajan Gupta MD, MHCDS  
Associate Professor of Surgery  
Chief, Division of Acute Care Surgery  
Rutgers Robert Wood Johnson Medical School  
New Brunswick, NJ  
USA  

Email: rg733@rwjms.rutgers.edu
Richard Kdolsky, MD is Associate Professor of the Department for Trauma Surgery in the Medical University of Vienna, Austria. After serving in the Austrian Army as officer cadet, he studied Medicine at the University of Vienna and started his residency in trauma surgery there as well. In 1999, he was appointed Attending Professor and became Assistant Professor in 2003. In addition, he finished his specialized training in sports traumatology in 2002. He presented his habilitation treatise on “Autologous Reconstructions of the Cruciate Ligaments” in 2005 and was appointed Associate Professor in 2007. Dr. Kdolsky’s main areas of interest are sports injuries, knee ligaments, fracture healing and non-unions, and hand surgery. He is in charge as team doctor in the two largest Austrian soccer youth squads. He still volunteers as military surgeon and is committed to postgraduate education in surgeons and ORP. He is a demanded chairman and lecturer for the AO-foundation (more than 70 national and international courses and seminars on operative fracture treatment). Dr. Kdolsky has been appointed as guest professor in Tianjin / PR China. He is also involved in the Austrian Trauma Society, and was re-elected for a third term as General Secretary last year. He is the Austrian Delegate to the European Society of Trauma and Emergency Surgery (ESTES).

Richard Kdolsky, MD  
Department of Trauma Surgery  
Medical University of Vienna  
Waehringer Guertel 18-20  
1090 Vienna  
Austria

Phone: +43-1-40400-5619  
Fax: +43-1-40400-5949  
Email: richard.kdolsky@meduniwien.ac.at
Johannes Leitgeb, MD, PhD, Assoc. Prof. Priv. Doz. is specialized in cranio-cerebral and abdominal trauma. He grew up in Vienna and graduated at University of Vienna in 1997. He began his training as a resident at the Trauma department at Medical University of Vienna in 1999 and became a consultant in 2005. During his training he spent 6 months at the department of Trauma Surgery at the University of Capetown in the Groote Schuur Hospital (South Africa), where he earned extensive experience in blunt and penetrating abdominal trauma and surgery. In 2015, he qualified as an associate Professor at Medical University of Vienna and passed his Habilitation: „Untersuchungen zum Schädel-Hirn-Trauma in Österreich und seinen Nachbarstaaten“. He completed his PhD Studium (Public Heath) at University of Tranava in 2017 (PhD Defensio: “Economic effects of severe TBI“). Johannes Leitgeb is currently at the Trauma department of Vienna Medical University and is in a managerial capacity: Head of task group Traumatic Brain Injury (TBI) of ÖGU (Austrian Society of Traumatology) and President of IGEH/INRO (Internationale Gesellschaft zur Erforschung von Hirntraumata / International Neurotrauma Research Organization). He lives in Vienna with his wife Kathi and his 4 children.
Michelle McNutt, MD, FACS is a general surgeon in Houston, Texas who specializes in trauma surgery and surgical critical care. Dr. McNutt is the Trauma Medical Director of Memorial Hermann Hospital Red Duke Trauma Institute which is the busiest trauma center in North America. Dr. McNutt also serves as medical director for the trauma service line of the Memorial Hermann Hospital System, the largest not-for-profit healthcare system in Texas with thirteen verified trauma hospitals. She is a Texas native and completed undergraduate studies at the University of Texas at Austin. She earned her medical degree from the University of Texas Health Science Center in San Antonio and completed her general surgery residency and critical care fellowship at UT Houston. Research interests include blunt cerebrovascular injury, stroke in trauma patients, prevention of venous thromboembolic complications, pre-hospital hemorrhage control, and early diagnosis and treatment of blunt bowel injury. She is currently on the faculty at McGovern Medical School at the University of Texas in Houston as Associate Professor of Surgery. She lives in Houston with her husband and four year old twins.

Michelle McNutt, MD, FACS
Associate Professor of Surgery
McGovern Medical School at UT Houston
6431 Fannin Street, Suite 4.278
Houston, TX 77030
USA

Phone: +1-713-500-6362
Fax: +1-713-500-0651
Email: Michelle.K.McNutt@uth.tmc.edu
Martin Reschl, MD is a resident at the University of Vienna at the Department of Traumasurgery. Now he is at the Hospital Baden/ Moedling at the Department of Orthopedics and Traumasurgery. Dr. Reschl grew up in the southeast part of Austria in the Burgenland. After finishing his primary and secondary school, he moved to Vienna for studying medicine at the Medical University of Vienna. He graduated in 2013 and started his residency at the Hospital Schwarzach. After 4 month, Dr. Reschl moved back to the Medical University of Vienna at the Department of Surgery. Since 2014, he is a resident at the Department of Traumasurgery. Dr. Reschl’s research interests include ligamentous knee injuries and joint arthroplasty. The focus of the recent research is on the knee joint, especially on the patellofemoral joint after luxation of the patella. In terms of the fracture healing, Currently Dr. Reschl works in Baden/ Moedling and lives in Vienna.

Martin Reschl, MD
Department of Orthopedics & Trauma Surgery
Hospital Baden/ Moedling
Waltersdorferstrasse 75
2500 Baden
Austria

Department of Trauma Surgery
Medical University of Vienna
Waehringer Guertel 18-20
1090 Vienna
Austria

Phone: +43-1-40-400-59400
Fax: +43-1-40-400-59390
Email: martin.reschl@meduniwien.ac.at
Julia Starlinger, MD, PhD is a trauma surgeon who specializes in the treatment of polytrauma patients as well as spine surgery. Dr. Starlinger grew up in Upper Austria and completed her undergraduate studies at Kremsmunster Abbey School, Austria. She graduated from Vienna Medical School in 2010. During her medical school she spent one year at the Zürich Medical School, Switzerland. For her exceptional study achievements she received an honor grant from the Medical University of Vienna twice. She completed her trauma surgery residency at Vienna General Hospital, which is a level-one trauma center and spent her fellowship training in spine surgery at the Orthopedic Hospital Speising, Vienna with Prof. Michael Ogon. She had further fellowship training on spine surgery at the BGU Frankfurt/Main, Germany under the guidance of Prof. Kandziora, which was supported by an AO spine fellowship grant. Dr. Starlinger’s research interests include bone biology, biology of fracture healing and pathophysiology of fracture non-union. She did her PhD in the program „bone and joint regeneration“ investigating the role of various cytokines during human fracture healing. Dr. Starlinger’s research efforts have earned her grants, e.g. from the Medical Scientific Fund of the Mayor of the City of Vienna. She is a peer reviewer for several orthopedic journals. Dr. Starlinger is currently holding a faculty position at the Medical University of Vienna as Consultant for Trauma Surgery. She lives in Vienna with her husband Patrick.

Julia Starlinger, MD, PhD
Consultant for Trauma Surgery
Medical University Vienna
General Hospital Vienna
Waehringer Guertel 18-20
1090 Vienna
Austria

Phone: +43-1-40-400-59010
Email: julia.starlinger@meduniwien.ac.at
George C. Velmahos, MD, PhD, MSEd, FACS, FCCM, MCCM, FRCS, FRCPs is the John F. Burke Professor of Surgery at Harvard Medical School and the Chief of the Division of Trauma, Emergency Surgery, and Surgical Critical Care at the Massachusetts General Hospital in Boston, Massachusetts, USA. He received his medical degree and a doctorate from the University of Athens Medical School in Athens, Greece. He also has a Masters in Medical Education from the University of Southern California. He is a Fellow of the American College of Surgeons, American College of Critical Care Medicine, Royal College of Surgeons of Edinburgh, and Royal College of Physicians and Surgeons of Glasgow. He is the Trauma Program Leader for the Center for Integration of Medicine with Innovative Technology (CIMIT), and the Founder of the Center for Early Trauma Research at Massachusetts General Hospital. He is also an Honorary Professor of Surgery at the University of Witwatersrand (Johannesburg, South Africa), the Aristoteleion University of Thessaloniki (Salonica, Greece), and the University of Thessalia (Larissa, Greece). Dr. Velmahos belongs to multiple surgical societies and has chaired numerous committees. He serves as an Editor of Current Trauma Reports and Associate Editor or member of the Editorial Board in nearly all major surgical journals. He received the honorary title of Master of Critical Care from the Critical Care Society. Dr. Velmahos has published nearly 500 peer-reviewed articles, over 70 books and book chapters, and scores of other publications. He is the Director of multiple educational courses, including the annual Harvard Trauma and Critical Care Symposium.
Gerald Eliot Wozasek, MD is an orthopaedic surgeon, traumatologist and sports medicine doctor, who is a full professor and senior faculty member at the Department of Orthopedics and Traumatology at the Medical University Vienna in Austria. Dr. Wozasek is the Director of the Service for Posttraumatic Deformity and Limb Reconstruction. He graduated from the University Innsbruck School of Medicine and completed his residency in traumatology in Linz and Vienna. His fellowship training in Orthopaedics was in Switzerland (Zuerich, St. Gallen) and Louisville (Kuentischer fellowship). Furthermore he was a visiting Professor at the Department of Orthopaedic Surgery, Wake Forest University in Winston-Salem/North Carolina. Dr. Wozasek’s research interests include deformity treatment and bone reconstruction. Recent publications include the new technique of intramedullary telescopic limb lengthening especially of the humerus. He is a peer reviewer for the journal “Injury”. His scientific work includes 237 publications and book chapters.

Gerald Eliot Wozasek, MD  
Professor of Orthopaedics, Traumatology and Sports Medicine  
Court Appointed Expert Witness  
Medical University of Vienna  
Waehringer Guertel 18-20  
1090 Vienna  
Austria

Phone:  +43-1-40-400-59020  
Fax:  +43-1-40400-59250  
Email:  gerald.wozasek@meduniwien.ac.at  
Website:  www.wozasek.at
Additional faculty: Stefan Boehme, MD

Stefan Boehme, MD
Medical University of Vienna
Department of Anaesthesia, Intensive Care Medicine and Pain Medicine
Waehringer Guertel 18-20
1090 Vienna
Austria

Email: stefan.boehme@meduniwien.ac.at
WEILL CORNELL SEMINAR in SALZBURG

"Trauma and Emergency Surgery"

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FELLOWS
Ahmad Ghassan Mustafa Abutaka, MD
Hamad Medical Corporation
Arrayan Rd 1
00000 Doha,
Qatar
E-Mail:
aabutaka@hamad.qa
Phone:
+97-4-66243789

Maksym Boruta, MD
Shupyk National Medical Academy
of Postgraduate Education
Bagovutivska 1
04107 Kyiv,
Ukraine
E-Mail:
maksymboruta@gmail.com
Phone:
+38-0-0508131996

Natalija Cokleska, MD
University Clinic Of Pediatric Surgery
Mother Theresa No 17
1000 Skopje,
Republic of Macedonia
E-Mail:
natalijastr@hotmail.com
Phone:
+38-9-70362479

Harun Djozic, MD
General Hospital Saravejo
Kranjceviceva 12
71000 Sarajevo,
Bosnia and Herzegovina
E-Mail:
djozic2008@hotmail.com
Phone:
+387-61263800

Ruben Galstyan, MD
„Astghik“ Medical Center
Daniel Varujan 28a str.
0047 Yerevan,
Armenia
E-Mail:
galstyanrubash@yahoo.com
Phone:
+37-4-60651219
+37-4-91224759
Manana Gogol, MD

Akhali Sitsotskhle
21 Lubliana STR
0159 Tbilisi,
Georgia

E-Mail: mananagogol@gmail.com
Phone: +99-5-3222104444
      +99-5-93306809

Astrit Hamza, MD

University Clinical Center of Kosovo
10000 pa Nr.
10000 Prishtina,
Kosovo

E-Mail: astrithamza@yahoo.com
Phone: +38-3-385006003269

Daniel Ira, MD

University Hospital Brno
Jihlavská 20
62500 Brno,
Czech Republic

E-Mail: danoira@seznam.cz
Phone: +42-0-532233614
      +42-0-724364099

Gaby Jabbour, MD

Hamad Medical Corporation
Al Rayyan
3050 Doha,
Qatar

E-Mail: jabbourgaby9@hotmail.com
Phone: +97-4-33044304

Ahgiel Jimenez-Ruiz, MD

Instituto de Salud del Estado de Mexico
La Escondida
57930 Nezahualcoyotl Estado de Mexico,
Mexico

E-Mail: ahgiel@icloud.com
Phone: 00-5-25557167190
      00-5-215536562031
Kire Jonoski, MD
General Hospital Borka Taleski
Aleksandar Makedoski
7500 Prilep,
Republic of Macedonia
E-Mail: kjonoski@yahoo.com
Phone: +38-9-70883392

Tomas Juodelis, MD
VSI Utenos ligonine
Aukstakalnio g. 3
28151 Utena,
Lithuania
E-Mail: tomas.juodelis@gmail.com
Phone: +37060178973

Oladapo Kolawole, MD
Ladoke Akintola University of Technology
Teaching Hospital, Osogbo, Osun State
Station Road, Idi-Seke
230231 Osogbo,
Nigeria
E-Mail: cullerwarley@yahoo.co.uk
Phone: +23-4-8023859166

Vihar Kotecha, MD
Bugando Medical Centre
Wurzburg Road
1370 Mwanza,
United Republic Of Tanzania
E-Mail: viharkotecha@hotmail.com
Phone: +255 787 240402

Mikhail Kuhayeu, MD
Vitebsk State Medical University
Frunze Avenue, 27
210009 Vitebsk,
Belarus
E-Mail: mihailkugaev@gmail.com
Phone: +37-5-212601401
+37-5-297195689
Emil Mammadbayli, MD
International SOS Clinic Baku / German Industrial Medical and Consulting Yusif Safarov str., 1 AZ 1025 Baku, Azerbaijan
E-Mail: emil.mammadbayli@gmail.com
Phone: +99-4-124895471

Stepan Matoska, MD
Tabor hospital Kpt. Jarose 2000 39003 Tabor, Czech Republic
E-Mail: stepanm@email.cz
Phone: +42-0-381605123 +421 724 919 802

Miguel Morales Villalobos, MD
Mexican Red Cross Av. Ejercito Nacional 1032, Col. Los Morales, Polanco. Del Miguel Hidalgo 11510 Mexico City, Mexico
E-Mail: dr_rodrigomorales@yahoo.com
Phone: +52-5-553951111 +52-5-554016362

Ruslan Niftullaev, MD
Privolzhsky Federal Medical Research Center Verkhne-Volzhskaya naberezhnaya 18/1 603155 Nizhniy Novgorod, Russian Federation
E-Mail: Ruslanniftullaev53@gmail.com
Phone: +78-3-14360160 +7852 454 81 92

Vanja Pecic, MD
Clinical Center Nis Bul dr Zorana Djindjica 48 18000 Nis, Serbia
E-Mail: acrepus@gmx.com
Phone: +38-1-184158600 +38-1-642160035
Volha Raznitsyna, MD
Mogilev City Hospital 1
Ac. Pavlova, 2
212018 Mogilev,
Belarus
E-Mail: olga.razni@mail.ru
Phone: +37-5-222762887

Jorge Roldan, MD
General Hospital of Cholula
Osa menor Street
7810 Cholula, Puebla,
Mexico
E-Mail: roldan.md@hotmail.com
Phone: +52-2-222144300

Almas Saduakas, MD
National Scientific Centre Of Surgery Named
After A.n.suzganov
Zheltoksan 71
050004 Almaty,
Kazakhstan
E-Mail: almas.saduakas91@yahoo.com
Phone: +77-2-72799522

Anastasiia Sochnieva, MD
Kharkov National Medical University
Nauku av. 4
61022 Kharkov,
Ukraine
E-Mail: sochneva_nastya@mail.ru
Phone: +38-0-577380370
+38-0-997707520

Dejan Stojkovic, MD
Medical Military Academy
Crnotravska 17
11000 Belgrade,
Serbia
E-Mail: dekonja45@yahoo.com
Phone: +38-1-113608990
+38-1-607619068
<table>
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<th>Name</th>
<th>Institution</th>
<th>Address/Location</th>
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| Talgat Tajibayev, MD| National Scientific Center Of Surgery             | 62th Zheltoksan street 050004 Almaty, Kazakhstan | E-Mail: dr.tajibayev@gmail.com  
Phone: +77-2-72799522 |
| Juni Tenison, MD    | North-Estonian Medical Centre                      | Sutiste tee 19 13419 Tallinn, Estonia      | E-Mail: juni.tenison@gmail.com  
Phone: +37-2-56508503 |
January 13, Sunday evening. I arrived Salzburg in the evening, around 7pm, and took a bus from the airport to Schloss Arenberg, via the description I had been given in the pre-arrival documents. It was a very pleasurable ride and though I had seen relatively little of the city since it was night, I could still appreciate the beauty of the city streets as they were all well-lit. Getting to Schloss Arenberg in company of two other participants that I met on the bus, we were given a warm welcome by the reception desk officer and then proceeded right away for dinner which was already on-going. Here I met other participants and felt quite at home, and the meal was quite a sumptuous one. After dinner, we exchanged some experiences with colleagues (doctors will always talk about medicine) and afterwards retired into my allocated room for the night.

January 14, Monday. After a nice breakfast, we were given a warm and sweet welcome by Ms. Stephanie Faschang, after which we took the Pre-Seminar test. (It’s been a while since I last took a test). I was seeing some questions for the first time and had very little Idea but I was sure I would have the right answers by the time I would have gone through the seminar. Thereafter the lectures commenced. Prof Robert Winchell, the Course Director opened the floor introducing the faculty to us, and delivered the first lecture. His, and all the other lectures of the day were very informative and educative, and each faculty engaged us meaningfully through all the lectures, indeed whetting our appetites for the next day’s lectures. They also gave us very relevant points to consider when presenting a case, thus preparing us for the next day’s activities. Coffee break was nice, but before that the group picture was made. Lunch was fantastic as well. Ms. Stephanie Faschang closed the lecture series for that day by giving us a talk on the history, works, and progress till date, of the AAF/OMI, and also exposed us to other available opportunities. We had some time to rest, and afterwards, dinner time was a wonderful time.

January 15, Tuesday. Day 2 started with a nice breakfast also, and then the lectures commenced with Dr Rajan Gupta’s talk on the Acute Care Surgery model, which was new to someone like me, but quite educative. This was followed by the other lectures of the day by Drs. Kdolsky, Winchell and Velhamos which were equally very interesting and good reminders and updates on the management of multiply injured patients, chest wall injuries, damage control, early total care and abdominal
injuries, carrying us along with the new grounds being broken in the developed world regarding trauma management. After lunch we had the first set of case presentations by fellows, and I had the opportunity to gain knowledge and experience from the wide range of cases presented from all over the world. I also had my own case presentation as the 11th out of 12 fellows presenting that day. It was indeed a fruitful time. Dinner was great as usual.

**January 16, Wednesday.** The day started as usual with breakfast followed by the lectures. One striking fact about the lectures right from the beginning of the seminar was that the trauma lectures were interspersed with those on emergency surgery in other specialties and this helped to ensure that we were not bored. Also, they were arranged in a way that lectures in orthopedics did not follow each other, and the same followed for all other specialty lectures, an arrangement which made a lot of sense to me. The lectures were very well delivered as usual, were interactive and very educative, with many new things to take home from every single lecture. After lunch we had our free afternoon. Me and a group of colleagues took this time to take a tour through some parts of the beautiful city of Salzburg. We visited the Salzburg Castle/Fortress on the hill, the Mozart square, the gold ball, and the many shopping arenas close by, and afterwards returned for a nice dinner as usual.

**January 17, Thursday.** Like on other days, breakfast was our first activity and it was great as usual. Then the lectures commenced with Dr Starlinger’s “Management of Spine Injuries”, which was followed by other lectures on management of Hip fractures, Brain Injury, Golden hour priorities, Knee arthrodesis, Appendicitis, and colon injury by the other faculty, and as usual, the lectures were fantastic. After lunch we had the second set of case presentations by fellows and these again, were very interesting to me as I listened to cases being presented from far and wide. We had some free time before dinner and so I went with some other colleagues to the Europark mall by bus, for a really exiting shopping experience, and we were able to make it back just in time for dinner. After dinner we were treated to a thrilling musical performance by the beautiful singing of Leonie Stoiber and the “golden fingers” piano play of pianist Judith Engel and this I would say, was the “high point” of the day, and indeed, the week. After the Chamber music performance, we had some drinks at the reception and then retired for the night. Indeed, the week has been quite interesting, and engaging, and there are lots of new thoughts, teachings, and new knowledge I would be taking home with me and I really cannot wait to begin to share these with my colleagues when I return home.

I would like to really appreciate the AAF/OMI for putting this spectacular package together, and giving me the opportunity to be a participant.

*Oladapo Kolawole, MD (Nigeria)*