CHOP SEMINAR in SALZBURG

"Pediatric Orthopedics"

January 6 – 12, 2019
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30 fellows from 16 different countries and regions
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20 lectures and 2 workshops given by faculty
29 interesting case presentations by fellows
5 excellent case presentations selected by faculty

Faculty Photo (L-R)
Jay Mehta, MD, MS; Jason B. Anari, MD; Apurva S. Shah, MD, MBA (Course Director);
Tanja Kraus, MD, Priv. Doz. (Co-Course Director); Naomi J. Brown, MD; Michael Peter Novak, MD
Not pictured: Vinay Saraph, MD; Susanne Scheipl, MD, PhD, Priv. Doz.; Matthias Sperl, MD;
Martin Svehlik, MD, PhD, Priv. Doz.
# 2019 Salzburg CHOP Seminar in Pediatric Orthopedics
**Sunday 6 January - Saturday 12 January 2019**

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<tr>
<th>Day</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<td>07:00</td>
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<td>08:00</td>
<td>Introductions Pre-Seminar Test</td>
<td>Developmental Dysplasia of the Hip</td>
<td>Benign/ Malignant Musculoskeletal Lesions</td>
<td>Deformity Correction</td>
<td>Early Onset Scoliosis</td>
<td>Departures</td>
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<tr>
<td>09:00</td>
<td>Differences in Adult and Pediatric Orthopedics</td>
<td>Hip Disorders in Older Children and Adolescents</td>
<td>Brachial Plexus Birth Injuries</td>
<td>Pediatric Knee Injuries</td>
<td>Adolescent Idiopathic Scoliosis</td>
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<td>10:00</td>
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<td>10:30</td>
<td>Advanced Musculoskeletal Physical Examination</td>
<td>Musculoskeletal Infections</td>
<td>Cerebral Palsy: Lower Extremity</td>
<td>The Female Athlete and Sex-Based Differences</td>
<td>Pediatric Foot</td>
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<td>11:30</td>
<td>Pediatric Fractures: Upper Extremity</td>
<td>Acute and Chronic Arthritis in Children</td>
<td>Cerebral Palsy: Upper Extremity</td>
<td>Neuro-Orthopedics: Neuromuscular Disorders from an Orthopedic Point of View</td>
<td>Workshop: Ponseti Casting</td>
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<td>14:00</td>
<td>Pediatric Fractures: Lower Extremity</td>
<td>Workshop: Fellows' Case Presentation</td>
<td>Free Afternoon</td>
<td>Workshop: Fellows' Case Presentation</td>
<td>Post-Seminar Test Evaluation &amp; Discussion</td>
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<td>15:00</td>
<td>Overuse Injuries in the Young Athlete</td>
<td>Workshop: Flexible Intramedullary Nailing</td>
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<td>17:00</td>
<td>FACULTY MEETING TO REVIEW THE WEEK</td>
<td>17:00 - 17:15 OMI/AAF PRESENTATION</td>
<td>18:00 - 19:00 WELCOME RECEPTION &amp; DINNER</td>
<td>19:00 - 21:00 DINNER</td>
<td>20:00 - 21:00 DINNER</td>
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<td>18:00</td>
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<td>20:30 - 21:30 CHAMBER MUSIC CONCERT</td>
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CHOP SEMINAR
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"Pediatric Orthopedics"

January 6 – 12, 2019

FACULTY
Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children’s Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkandlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg. As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the NewYork Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.

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Apurva S. Shah, MD, MBA is a pediatric hand and upper extremity surgeon who specializes in brachial plexus birth injuries and congenital hand differences. Dr. Shah grew up in the United States in the state of New Jersey, and completed his undergraduate studies in economics at Yale University in 2000. He completed medical school at Columbia University where he was enrolled in a dual degree program and also earned a Master's in Business Administration (MBA) in 2005. Dr. Shah completed residency training in orthopaedic surgery at the University of Michigan in 2010, where he served as the chief resident. He then completed a hand and upper extremity surgery fellowship at Harvard University in the Brigham and Women’s Hospital and Boston Children's Hospital. Dr. Shah is currently an Assistant Professor of Orthopaedic Surgery at the University of Pennsylvania and The Children's Hospital of Philadelphia where he serves as the Director of the Brachial Plexus Program and Director of Orthopaedic Research. He has published over 60 research manuscripts and textbook chapters, and has developed expertise in value-based healthcare delivery, cost accounting, and cost effectiveness in orthopaedic surgery. Dr. Shah is sponsored by the Touching Hands Project and travels annually to Siguatepeque, Honduras for a pediatric hand surgery mission. He lives outside of Philadelphia with his wife Divya and children Mina (6) and Avi (4). Dr. Shah is a loyal fan of the Philadelphia Eagles (American football) and enjoys hiking, downhill skiing, tennis, and travel.

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Tanja Kraus, MD (Co-Course Director) is a Consultant Orthopedic & Trauma surgeon at the Division of Pediatric Orthopedics at the Medical University of Graz, Austria. Her subspecialist interests are hip and foot & ankle deformities in children and adolescents. She is the deputy head of the Division of Pediatric Orthopedics in Graz. Tanja Kraus was granted her MD at her hometown university, the Albert-Ludwigs-University Freiburg, Germany, in 2001. She started her specialist training in orthopedics and traumatology in Germany already knowing that her professional life will be dedicated to pediatric orthopedics. After finishing her training in orthopedics and traumatology she became a specialist registrar in Pediatric Orthopedics at the Children’s University Hospital in Graz, Austria. Here she works as a consultant since 2009. In 2015 she finished her thesis and was graduated as an assistant professor (Priv.-Doz.). Dr Kraus’ main clinical interests are DDH and CTEV. In basic research she has focused on biodegradable Magnesium-based implants for the use in osteosynthesis in pediatric bones. Dr Kraus has authored over 40 peer reviewed publications, is reviewer for several subject specific journals and a lecturer in Pediatric Orthopedics and Traumatology at the Medical University Graz.

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Jason B. Anari, MD is a pediatric orthopaedic surgeon who specializes in operative and non-operative management of pediatric spine/chest wall deformities, fractures, and infections. Dr. Anari is a native to the Northeastern United States as he grew up in New Jersey and currently lives within one hour from his childhood home. He completed his undergraduate studies with a major in biology from The College of New Jersey, a small liberal arts school in Trenton, New Jersey. After completing his undergraduate education, Dr. Anari earned his medical degree from Rutgers Medical School and completed Orthopaedic Surgery training at the University of Pennsylvania. During the last year of residency, Dr. Anari was elected by his peers and faculty to serve as an academic chief resident. To further focus on pediatric Orthopaedics, Dr. Anari spent an additional year training at the Children’s Hospital of Philadelphia focusing on scoliosis, thoracic insufficiency, and pediatric trauma. Recent publications include a review on pediatric elbow trauma providing surgeons with an algorithmic approach to managing unusual fracture patterns, published in the Journal of American Academy of Orthopaedic Surgeons. Limiting complications and making spine surgery safe in children are two research areas of interest to Dr. Anari. Currently, Dr. Anari is on the faculty at the University of Pennsylvania as an Assistant Professor of Orthopaedic Surgery. He lives in Philadelphia with his wife, who is a hematologist/oncologist.

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Naomi Brown, MD is a pediatric sports medicine physician who specializes in the overall care of the young athlete. Dr. Brown grew up outside of Philadelphia, Pennsylvania and completed her undergraduate and medical studies at Tufts University in Boston, Massachusetts. She then returned back to her hometown of Philadelphia for her residency in pediatrics at the Children’s Hospital of Philadelphia. After working for three years at Nemours/Alfred I. duPont Hospital for Children in the emergency department, she completed her fellowship in sports medicine at Boston Children's Hospital. Dr. Brown's interests include overuse injuries and prevention in the young athlete, dance medicine, concussions, hypermobility and the athlete, and the use of ultrasound in the office. She is active in orthopaedic and sports medicine research, and has written and presented numerous papers about her research. She is a peer reviewer for multiple major pediatric journals. Dr. Brown is currently on the faculty of the Perelman School of Medicine at the University of Pennsylvania as a Clinical Assistant Professor of Pediatrics. Dr. Brown is half Austrian (and an Austrian citizen), and true to her heritage, is an avid skier! She lives in Philadelphia with her husband, Brendan and two children, Matthew and Nathan.

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Jay Mehta, MD, MS is a pediatric rheumatologist who is the Clinical Director of Pediatric Rheumatology at the Children’s Hospital of Philadelphia (CHOP). Dr. Mehta grew up in Las Vegas and completed his undergraduate studies at the Massachusetts Institute of Technology in Cambridge, MA. He graduated from the University of Nevada School of Medicine and completed his pediatrics residency at the University of Colorado and Denver Children’s Hospital. His fellowship training in pediatric rheumatology was at the Children’s Hospital of Philadelphia. Dr. Mehta has a clinical and research interest in childhood Sjogren Syndrome and juvenile idiopathic arthritis. He also has a research interest in medical education and is currently studying how trainees make career decisions and navigate career challenges. He serves as an Associate Program Director for the CHOP Pediatrics Residency. He is a peer reviewer for pediatric rheumatology and medical education journals. Dr. Mehta's research efforts have earned him grants from the American College of Rheumatology Research Foundation. Dr. Mehta is currently on the faculty at CHOP and the University of Pennsylvania Perelman School of Medicine as Associate Professor of Clinical Pediatrics. He lives in Philadelphia with his wife Malika and children Annisa (6) and Rehan (2).

Jay Mehta, MD, MS  
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Michael Peter Novak, MD is an Orthopedic and Trauma surgeon with specialisation in Pediatric Orthopedics. Dr. Novak completed his studies at the Medical University of Graz (MUG) in Austria and began his clinical training at the University Hospital in Graz. He proceeded as a resident at the Altonaer Kinderkrankenhaus in Hamburg, Germany, at the Department for Pediatric Orthopedics headed by Prof. R. Stuecker. Thereafter, he worked at the Orthopedic Center of Schoen-Klinik Eilbek and graduated as specialist in Orthopedics and Traumatology in Hamburg. Following his clinical and scientific passion for Pediatric Orthopedics Dr. Novak currently works as a consultant at the Division of Pediatric Orthopedics of the MUG, Austria, in the team of Prof. G. Steinwender. Clinically, he focuses on pediatric hip and foot disorders. Carrying on his postdoctoral qualification he is active as university lecturer and is doing research in the field of Pediatric Orthopedics. Besides his talks and scientific contributions at several international Pediatric Orthopedic meetings he serves as a course instructor on hip sonography of the new-born according to Graf’s method in cooperation with Prof. R. Graf. Dr. Novak has passed the certificate of instructional courses on Pediatric Orthopedics of the European Pediatric Orthopedic Society (EPOS) and is an active member of the German-speaking association of Pediatric Orthopedics (VKO).

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Vinay Saraph, MD is a paediatric orthopaedic surgeon, working as a consultant at the Department of Paediatric Orthopaedic Unit, Department of Paediatric Orthopaedic Surgery at the University Hospital of Graz, Austria. Dr. Saraph was born and grew up in India, and also had basic medical school and general orthopaedic residency with board certification in India in 1994. After working for 2 years as a consultant in India, he moved to the department of paediatric orthopaedic surgery Austria in 1996. After receiving board certification from the medical council of Austria, he is currently employed as a consultant paediatric orthopaedic surgeon since 2001. He obtained professorship in 2005 and has initiated paediatric spinal surgery in the department since 2004. In addition, he has board certified diplomas in Acupuncture, Chiropraxis, Comprehensive pain management, sport medicine, hospital hygiene, and clinical risk manager. He is involved in active undergraduate and postgraduate teaching, and has 31 peer reviewed publications, 3 chapter contributions in books, and over 50 presentations in national and international conferences. He lives in southern Steiermark with his wife Sheetal and children Anjalee and Kashyap.

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Susanne Scheipl, MD, PhD, Priv. Doz. is an orthopaedic surgeon who specialises in orthopaedic oncology. Dr. Scheipl earned her medical degree at the Medical University of Graz (Dr. med. univ., MD). She was graduated with special honours by the Austrian president ("Sub auspiciis Praesidentis rei publicae") in 2007. Dr. Scheipl completed her orthopaedic training at the Department of Orthopaedics and Orthopaedic Surgery, Medical University of Graz, and was board certified in 2012. From January 2013 to October 2016, Dr. Scheipl conducted a research fellowship at the University College London Cancer Institute, Dept. of Pathology, London, UK, as a member of the research group of Professor Adrienne M. Flanagan. This fellowship was funded by several renowned peer-reviewed grants, such as an Erwin-Schroedinger fellowship by the Austrian Science Fund, or a Marietta-Blau scholarship by the Austrian Exchange Service. During this fellowship, Dr. Scheipl’s research was dedicated to the research of bone tumours, in particular chordomas, which are rare malignant tumours of the skull base and the spine. She and her team conducted a large-scale compound screen, which contributed to the discovery of a promising drug which is currently being tested in a clinical multicenter trial (EGFR inhibitors identified as a potential treatment for chordoma in a focused compound screen. J Pathol. 2016; 239(3): 320-334.). Dr. Scheipl furthermore contributed to the characterisation of H3.3 mutations in chondroblastomas and giant cell tumours of bone (Distinct H3F3A and H3F3B driver mutations define chondroblastoma and giant cell tumor of bone. Nat Genet. 2013; 45(12):1479-1482). Her research efforts have earned Dr. Scheipl several awards, such as the „Uncommon Collaboration Award“, which was awarded to her in 2016 by a globally active advocacy group for patients with chordoma („Chordoma Foundation“). Upon her return to Austria in 2016, Dr. Scheipl completed the Doctoral Programme for Medical Sciences at the Medical University of Graz (Dr. med. sci., PhD) from which she was graduated with special honours by the Austrian president in 2018 ("Sub auspiciis Praesidentis rei publicae"). In 2017, Dr. Scheipl obtained her teaching license (venia docendi, habilitation). She is currently employed as a consultant orthopaedic surgeon at the Medical University of Graz, Department of Orthopaedics and Trauma. Dr. Scheipl serves as a peer reviewer for several renowned journals focusing on musculoskeletal tumours and musculoskeletal tumour research. She is a member of an international consensus group defining treatment guidelines for chordomas, and a board member of the Austrian Cancer Aid in Styria. Dr. Scheipl currently lives in Graz.

Susanne Scheipl, MD, PhD, Priv. Doz.
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Matthias Sperl, MD is a Consultant Orthopedic & Trauma surgeon at the Division of Pediatric Orthopedics at the Medical University of Graz, Austria. His subspecialist interests are lower limb deformities and knee injuries in children and adolescents. Matthias Sperl was granted his MD at the Karl-Franzens-University-Graz Austria, in 2002. He completed his education to a general practitioner 2007. Then he started his specialist training in orthopedics and traumatology in Graz already knowing that his professional life will be dedicated to pediatric orthopedics. After finishing his training in orthopedics and traumatology he became a specialist registrar in Pediatric Orthopedics at the Children’s University Hospital in Graz, Austria. Here he works as a consultant since 2012.

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Martin Svehlik, MD, PhD, Priv. Doz. has dedicated his clinical and scientific career to children with CP. He finished his medical education and bachelor degree in physiotherapy at Charles University of Prague. He is nowadays working in a team specializing in the neuroorthopaedics with the main focus on cerebral palsy. “Gait analysis in children with cerebral palsy” was the topic of his PhD thesis in 2010. He was awarded an APART scholarship of the Austrian Academy of Science in 2010. His publication activity encompasses several papers in peer-reviewed international journals and dozens of lectures. He finished his Board certification in December 2010 and has extended his expertise in plenty of specialized trainings. Dr. Švehlík completed his postdoctoral degree (Habilitation; Ass. Prof.) in 2015. The topic of his work was “Equinus deformity in children with cerebral palsy”. He is a Board member of European Society for Movement Analysis in Adults and Children (ESMAC) as well as member of EPOS, VKO and GAMMA.

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CHOP SEMINAR in SALZBURG

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January 6, Sunday evening. I arrived in Salzburg by plane with my colleague. We took a taxi to Schloss Arenberg and were friendly welcomed there. After filling in some forms I went to my room. It was very clean and cozy, I really liked it. Later we all gathered in the hall downstairs for the facility meeting, where we got acquainted with Dr. Wolfgang K. Aulitzky (Medical Director of AAF), Dr. Apurva S. Shah from the Children’s Hospital of Philadelphia (Course Director) and Dr. Tanja Kraus from The Medical University of Graz (Co-Course Director). They introduced other faculty members to us and briefly informed us about the upcoming seminar. During the welcome reception and dinner, we met some of our colleagues from other countries, they were very friendly and easy-going. Dr. Aulitzky said that by the end of the week we all would be close friends and I believe that his words will become true.

January 7, Monday. At 8 o’clock, the course director welcomed us to the seminar again, and we took the pre-seminar test. I had doubts about some of my answers, but it will be very interesting to compare the results of the tests with ones at the end of the week after the whole course. Then we had really informative lectures and a very useful workshop on flexible intramedullary nailing. The faculty members were considerate to us, they explained and showed every part of the procedure step by step. In the afternoon Ms. Stephanie Faschang gave us a lot of information about the American Austrian Foundation. After dinner we went for a walk to the historical center of the city and enjoyed the beauty of Salzburg. We also visited the “Augustiner Bräu”, where we spent really good time.

January 8, Tuesday. Our day began with Dr. Novak lectures about DDH and other hip disorders. These themes caused an extensive discussion because of the differences in the DDH approach in different countries in some aspects. Later we were talking about musculoskeletal infections and acute and chronic arthritis in children. After lunch fellows started to present theirs clinical cases. There were a lot of interesting ones and everybody felt free to ask questions and discuss treatment strategies. Case presentations gave us great opportunity to share our experience with other fellows.

January 9, Wednesday. Today we’ve had very interesting lectures in our schedule. The themes were rather difficult, but, I think, very important: benign and malignant musculoskeletal lesions, brachial plexus birth injuries and cerebral palsy. The second part of the day we spent exploring Salzburg. First of all, we went to the Salzburg Castle, “Hohensalzburg”. Even though the weather was not so fine, we were enjoying the magnificent panorama of this wonderful city from the top of Hohensalzburg. Also,
we took a ride on a hop on - hop off bus and found out a lot about the history of Salzburg as well as got a sight of wonderful castles and palaces. It looked like something out of a fairy tale. After dinner we had a good time talking, laughing and playing table football with other fellows and the faculty members.

January 10, Thursday. All of the four morning lectures were very educational, and especially I liked Dr. Sperl’s presentation about Pediatric knee injuries. Also, it was interesting to look at the problem of the female athlete and sex-based differences from the sports medicine doctor's point of view. After lunch it was time for the rest of the fellows to present their cases, including myself. I was a bit nervous, but the atmosphere was friendly and supportive. There were many challenging cases. After dinner we had a chance to visit a chamber music concert in Schloss Arenberg, we really enjoyed it.

January 11, Friday. The last day started with Dr. Anari's lectures about early onset and adolescent idiopathic scoliosis. The next session was about pediatric foot pathology and then we had a post-seminar test. The most interesting part was a workshop on Ponseti casting. I’m sure that the skills that I’ve gained from this workshop will help me in my future work.

I would like to thank everyone, who participated in the organization of this seminar and made it possible for us to spend last week in a such a beautiful city. I think, this program provides young doctors with the great opportunity to gain tons of knowledge from world class experts, and at the same time meet colleagues from across the globe, establish contacts and exchange our own experience with each other.

Olga Fomyлина, MD (Russian Federation)
January 5, Saturday. We arrived on Saturday, January 5 in the afternoon after a long trip in the distance and some delays in the transshipments through the snow. Happy to arrive, we settled and rested.

January 6, Sunday evening. Once we loaded energy, we got out a little to get to know the city. Being Sunday, we found many things closed, but we visited a couple of museums. I'm not used to snow, but it's a great experience. At night we met the director of the association, Dr. Wolfgang Aulitzky as well as the teachers of the course and our colleagues.

January 7, Monday. We started the seminar, and after a few lectures we took the group photo. We received new and interesting information as well as reinforcing some of our knowledge. We made the workshop of flexible nails.

January 8, Tuesday. Today, in addition to receiving the teachers' talks, we began with the presentation of the clinical cases by the fellows, letting us see the variety of hospitals, pathologies, as well as techniques that are performed in the world.

January 9, Wednesday. We had very interesting talks about tumors, cerebral palsy and brachial plexus palsy. As of noon, we were able to enjoy the city and we made a tour towards the salt mines in Germany.

January 10, Thursday. We received the talk about angular deformities, which is my area of greatest interest. It was really enriching. Another topic that I really did not know much about was knee injuries; I learned many terms and I took many references to study. Today I presented my clinical case. In the evening, we enjoyed a nice concert.

January 11, Friday. We received the talks about scoliosis and foot in addition to the final exam. We spent this last night of the seminar with our teachers and classmates at the closing dinner.
This whole seminar was a very enriching experience, meeting professors and colleagues from all over the world, knowing that medicine can sometimes be so different and at the same time simulate from a cultural, social, knowledge and attitude point of view. Finally, the common denominator is to try to do the best based on the knowledge of evidence-based medicine. In the social part the appreciation for meeting new friends and colleagues, learning a little more about different cultures and languages; and, of course, the opportunity to get to know the wonderful city of Salzburg. Thanks to the AAF, and thanks to A.M.S.A!

Daniela Velazquez, MD (Mexico)