Table of Contents

1. Faculty & Group Photo
2. Schedule
3. Faculty Biographies
4. Fellows Contact Information
5. Diaries
SALZBURG PALLIATIVE CARE (ELNEC) SEMINAR

April 28 – May 4, 2019

- 33 fellows from 6 different countries and regions
- 7 faculty members from the United States and Romania
- 37 lectures and workshops

Faculty Photo (L-R)
Patrick J. Coyne, MSN, ACNS-BC, ACHPN, FPCN, FAAN; Judith A. Paice, RN, PhD, FAAN; Betty Ferrell, PhD, MA, CHPN, FPCN, FAAN (Course Director); Polly Mazanec, PhD, ACNP-BC, AOCN®, ACHPN, FPCN, FAAN; Diane Parker, MSN, RN, CHPN, CHPPN; Nicoleta Mitrea, APRN, MSc, PhD and Pam Malloy, MN, FPCN, FAAN
# 2019 Salzburg OMI Seminar in Palliative Care ELNEC (with videos)
## April 28 – May 4, 2019

### Sunday, April 28, 2019
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>18:00 – 19:00</td>
<td>FACULTY MEETING TO REVIEW THE WEEK</td>
</tr>
<tr>
<td>19:00 – 19:30</td>
<td>WELCOME RECEPTION</td>
</tr>
<tr>
<td>19:30 – 20:30</td>
<td>WELCOME DINNER</td>
</tr>
</tbody>
</table>

### Monday, April 29, 2019
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>07:00 – 08:00</td>
<td>BREAKFAST</td>
</tr>
<tr>
<td>08:00 – 08:45</td>
<td>Welcome and Review of Agenda</td>
</tr>
<tr>
<td></td>
<td>Introduction of Participants and Faculty</td>
</tr>
<tr>
<td>08:45 – 09:15</td>
<td>Review of the State of Palliative Care in Eastern Europe:</td>
</tr>
<tr>
<td></td>
<td>Key to Overcoming Barriers, Continued Barriers, Lessons Learned</td>
</tr>
<tr>
<td>09:15 – 09:45</td>
<td>Lessons Learned: Making the Case for Palliative Care</td>
</tr>
<tr>
<td>09:45 – 10:00</td>
<td>COFFEE BREAK</td>
</tr>
<tr>
<td>10:00 – 11:15</td>
<td><em>The Space Between: An Exemplar of Palliative Nursing</em></td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td>LUNCH</td>
</tr>
<tr>
<td>13:30 – 14:00</td>
<td>Making the Case for Palliative Care with Government Officials</td>
</tr>
<tr>
<td>14:00 – 14:30</td>
<td>Making the Case for Palliative Care with Hospital and Community Health Administrators</td>
</tr>
<tr>
<td>14:30 – 15:15</td>
<td>Measuring What Matters: Review Reliable and Valid Palliative Care Research Instruments</td>
</tr>
<tr>
<td>15:15 – 15:30</td>
<td>Final Thoughts and Debrief</td>
</tr>
<tr>
<td>19:00 – 20:00</td>
<td>DINNER</td>
</tr>
</tbody>
</table>
## Tuesday, April 30, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>07:00 – 08:00</td>
<td><strong>BREAKFAST</strong></td>
<td>Polly Mazanec</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Pain vignette</td>
</tr>
<tr>
<td>08:00 – 09:30</td>
<td>Pain 201</td>
<td>Polly Mazanec</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Patrick J. Coyne</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Nicoleta Mitrea</td>
</tr>
<tr>
<td>09:30 – 10:30</td>
<td>Review Pain Case Studies (3 small groups)</td>
<td>Patrick J. Coyne</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Polly Mazanec</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Nicoleta Mitrea</td>
</tr>
<tr>
<td>10:30 – 10:45</td>
<td><strong>COFFEE BREAK</strong></td>
<td>Betty Ferrell</td>
</tr>
<tr>
<td>10:45 – 11:30</td>
<td>Addressing Spiritual Care: Irrespective of Religion</td>
<td>Polly Mazanec</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Testimonial (telling story of dysfunctional family)</td>
</tr>
<tr>
<td>11:30 – 12:30</td>
<td><a href="https://www.youtube.com/watch?v=uAy6EawKKME">https://www.youtube.com/watch?v=uAy6EawKKME</a></td>
<td>Diane Parker, Facilitator</td>
</tr>
<tr>
<td></td>
<td>What Is Palliative Care Leadership?</td>
<td>Start discussion with TED Talk, Drew Dudley (see link on column to your left)</td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td><strong>LUNCH</strong></td>
<td>Betty Ferrell</td>
</tr>
<tr>
<td></td>
<td>Promoting Leadership in Various Aspects of Nursing</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td></td>
<td>Each faculty member will speak for 10 minutes about their own experiences in leadership related to the following:</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td></td>
<td>• Diane Parker: Advocating for Palliative Care</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td></td>
<td>• Patrick J. Coyne: Starting New Palliative Care Programs</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td></td>
<td>• Polly Mazanec: Encouraging Nursing Faculty to Embed Palliative Care into Nursing Curricula</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td></td>
<td>• Nicoleta Mitrea: Demonstrating Excellence in Clinical Practice</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td></td>
<td>• Nicoleta Mitrea: Pursuing Excellence Through Graduate Education</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td></td>
<td>• Betty Ferrell: Developing Research Projects</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td></td>
<td>• Pam Malloy: Mentoring The Next Generation</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td>15:00 – 16:00</td>
<td>Participants’ experiences in promoting nursing leadership in your country</td>
<td>Pam Malloy, Facilitator</td>
</tr>
<tr>
<td>16:00 – 16:15</td>
<td>Debrief and Adjourn</td>
<td>Pam Malloy</td>
</tr>
<tr>
<td>19:00 – 20:00</td>
<td><strong>DINNER</strong></td>
<td></td>
</tr>
</tbody>
</table>
### Wednesday, May 1, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>07:00 – 08:00</td>
<td>BREAKFAST</td>
<td></td>
</tr>
<tr>
<td>08:00 – 08:30</td>
<td>Status of Pediatric Palliative Care Around the World</td>
<td>Diane Parker</td>
</tr>
<tr>
<td>08:30 – 09:45</td>
<td>Non-Pain Symptoms: Withholding/ Withdrawing Nutrition, Advocating for Patients Comfort, Review Symptom Management Assessment Tools</td>
<td>Patrick J. Coyne, Symptom vignette (Susan and Patrick)</td>
</tr>
<tr>
<td>09:45 – 10:00</td>
<td>COFFEE BREAK</td>
<td></td>
</tr>
<tr>
<td>10:00 – 11:00</td>
<td>Review of Non-Pain Symptom Case Studies</td>
<td>Patrick J. Coyne, Facilitator</td>
</tr>
<tr>
<td>11:00 – 12:30</td>
<td>Communicating with Family Members: How to Deal with Conflict</td>
<td>Polly Mazanec to give overview, then break into small groups (Patient does not want any further aggressive treatment for CHF, renal failure, and diabetes, but husband wants everything done. Surgeon reluctant to do a much-needed LAKA, fearful she would not survive the anesthesia)</td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td>LUNCH</td>
<td></td>
</tr>
<tr>
<td>13:30 – 14:15</td>
<td>How to Write an Abstract to Present at a Conference</td>
<td>Pam Malloy</td>
</tr>
<tr>
<td>14:15 – 15:00</td>
<td>How to Write an Article and Have It Published</td>
<td>Betty Ferrell</td>
</tr>
<tr>
<td>15:00 – 15:15</td>
<td>COFFEE BREAK</td>
<td></td>
</tr>
<tr>
<td>19:00 – 20:00</td>
<td>DINNER</td>
<td></td>
</tr>
</tbody>
</table>
### Thursday, May 2, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker/Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>07:00 – 08:00</td>
<td><strong>BREAKFAST</strong></td>
<td></td>
</tr>
<tr>
<td>08:00 – 08:45</td>
<td>Bringing Palliative Education to Schools of Nursing: Review of Baccalaureate and Masters/ Doctoral Competencies</td>
<td>Polly Mazanec (Trailer: ELNEC-Undergrad)</td>
</tr>
<tr>
<td>08:45 – 09:45</td>
<td>Self-Care: Developing A Care Plan For Yourself</td>
<td>Pam Malloy</td>
</tr>
<tr>
<td>09:45 – 10:00</td>
<td><strong>COFFEE BREAK</strong></td>
<td></td>
</tr>
<tr>
<td>10:00 – 10:30</td>
<td>Fundraising for Palliative Care</td>
<td>Nicoleta Mitrea Patrick J. Coyne</td>
</tr>
<tr>
<td>10:30 – 11:15</td>
<td>Remembering Caregivers</td>
<td>Polly Mazanec</td>
</tr>
<tr>
<td>11:15 – 12:30</td>
<td>Communication</td>
<td>Patrick Coyne Videos</td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td><strong>LUNCH</strong></td>
<td></td>
</tr>
<tr>
<td>13:30 – 15:00</td>
<td>Ethical Issues in Palliative Care</td>
<td>Betty Ferrell</td>
</tr>
<tr>
<td>15:00 – 15:15</td>
<td><strong>BREAK</strong></td>
<td></td>
</tr>
<tr>
<td>15:15 – 16:15</td>
<td>Goals For Advocating, Promoting, Implementing, and Accessing Palliative Care in Your Country</td>
<td>Break Into Small Groups By Country (Include measurable goals regarding writing an article, presenting at a conference, working with Schools of Nursing, educating your community, etc.) Prepare slides for 15-minute presentation tomorrow</td>
</tr>
<tr>
<td>19:00 – 20:00</td>
<td><strong>DINNER</strong></td>
<td></td>
</tr>
<tr>
<td>20:30 – 21:30</td>
<td><strong>CHAMBER MUSIC CONCERT</strong></td>
<td></td>
</tr>
</tbody>
</table>
### Friday, May 3, 2019

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>07:00 – 08:00</td>
<td><strong>BREAKFAST</strong></td>
<td></td>
</tr>
<tr>
<td>08:00 – 9:15</td>
<td>Care of Patients at the End of Life</td>
<td>Judith A. Paice</td>
</tr>
<tr>
<td></td>
<td>Show video, <em>The Pause</em></td>
<td></td>
</tr>
<tr>
<td>9:15 – 10:00</td>
<td>Educational Strategies for Teaching Palliative Care to Colleagues</td>
<td>Pam Malloy: TED Talk</td>
</tr>
<tr>
<td></td>
<td>Educating Non-Healthcare Professionals in Your Community About Palliative Care</td>
<td>Polly Mazanec: It’s Not About the Nail, Basic Rules of Developing PPT</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Diane Parker</td>
</tr>
<tr>
<td>10:00 – 10:30</td>
<td><strong>COFFEE BREAK</strong></td>
<td></td>
</tr>
<tr>
<td>10:30 – 11:00</td>
<td>Review of Goals</td>
<td>All Participants</td>
</tr>
<tr>
<td></td>
<td>30-minute presentation per country:</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• 15-minute listing of goals and how you will implement them (all on ppt slides)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• 15-minute critique/recommendations by faculty</td>
<td></td>
</tr>
<tr>
<td>11:00 – 11:30</td>
<td>Group 1: Albania</td>
<td></td>
</tr>
<tr>
<td>11:30 – 12:00</td>
<td>Group 2: Hungry</td>
<td></td>
</tr>
<tr>
<td>12:00 – 12:30</td>
<td>Group 3: Armenia</td>
<td></td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td>Group 4: Mexico</td>
<td></td>
</tr>
<tr>
<td>13:00 – 14:00</td>
<td>Group 5: Romania</td>
<td>All Participants</td>
</tr>
<tr>
<td>14:00 – 14:30</td>
<td>Group 6 Bulgaria</td>
<td></td>
</tr>
<tr>
<td>14:30 – 15:00</td>
<td>Final Words &amp; Blessing of the Hands</td>
<td>Pam Malloy</td>
</tr>
<tr>
<td>18:00 – 20:00</td>
<td><strong>GRADUATION DINNER</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Presentation of Eastern European Palliative Care Leaders</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(Presented with ELNEC Pins and Certificates)</td>
<td></td>
</tr>
</tbody>
</table>

**Saturday, May 4, 2019: Departures**
OMI SEMINAR in SALZBURG

"Palliative Care (ELNEC)"

April 28 – May 4, 2019

FACULTY
Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children’s Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Among others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkandlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg. As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the New York Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.

Wolfgang Aulitzky, MD

Director, Open Medical Institute
American Austrian Foundation
Associate Dean and Gerhard Andlinger Professor for International Medicine & Distance Learning
Adjunct Professor of Clinical Urology
Adjunct Professor of Clinical Reproductive Medicine
Weill Medical College of Cornell University

Adjunct Professor of Pediatrics
Perelman School of Medicine at the Children’s Hospital of Philadelphia

Associate Professor of Urology
Medical University of Innsbruck, Austria

Kärntner Straße 51/II/Top 4
1010 Vienna
Austria

Phone: +43-1-533-8658
Fax: +43-1-533-8658-10
Email: w.aulitzky@openmedicalinstitute.org
Betty Ferrell, PhD, MA, CHPN, FPCN, FAAN (Course Director) has been in nursing for over 40 years and has focused her clinical expertise and research in pain management, quality of life, and palliative care. Dr. Ferrell is the Director of Nursing Research & Education and a Professor at the City of Hope in Duarte, California. She is a Fellow of the American Academy of Nursing and she has over 400 publications in peer-reviewed journals and texts. She is Principal Investigator of a Research Project funded by the National Cancer Institute on “Palliative Care for Patients with Solid Tumors on Phase 1 Clinical Trials” and Principal Investigator of the “End-of-Life Nursing Education Consortium (ELNEC)” project. She directs several other funded projects related to palliative care in cancer centers and quality-of-life (QOL) issues. Dr. Ferrell was Co-Chairperson of the National Consensus Project for Quality Palliative Care. Dr. Ferrell completed a Master degree in Theology, Ethics, and Culture from Claremont Graduate University in 2007. She has authored eleven books including the Oxford Textbook of Palliative Nursing published by Oxford University Press (4th edition published in 2015). She is co-author of the text, The Nature of Suffering and the Goals of Nursing published in 2008 by Oxford University Press and Making Health Care Whole: Integrating Spirituality into Patient Care (Templeton Press, 2010). In 2013, Dr. Ferrell was named one of the 30 Visionaries in the field by the American Academy of Hospice and Palliative Medicine.

Betty Ferrell, PhD, MA, CHPN, FPCN, FAAN
Director and Professor
City of Hope
Division of Nursing Research & Education
1500 E. Duarte Rd
Duarte, CA 91010
USA

Phone: +1-626-218-2825
Fax: +1-626-218-8941
Email: bferrell@coh.org
Patrick J. Coyne, MSN, ACNS-BC, ACHPN, FPCN, FAAN is Clinical Nurse Specialist, Assistant Professor and Director for Palliative Care at the Medical University of South Carolina in Charleston, SC. He developed and oversees an interdisciplinary team of health care professionals in providing exceptional palliative care. Mr. Coyne serves as a member of institution’s Medical and Nursing faculty. Previously, he was a Clinical Director of the Virginia Commonwealth University Massey Cancer Palliative Care Service, Richmond, VA, where he developed an inpatient unit and worked on statewide initiatives to improve palliative care. Mr. Coyne served on the National Board for Certification of Hospice and Palliative Nurses and the Hospice and Palliative Nurses Association. He is Co-PI for several grants to educate rural and community APRNs and health providers on primary palliative care. Mr. Coyne serves as a national and international faculty of the End-of-Life Nursing Education Curriculum (ELNEC). He has published over a hundred articles related to pain management, symptom control, and issues in end-stage disease as well as conducting research studies. Mr. Coyne has received the Peaceful Death in American and Mayday Pain and Society Scholarships and has been awarded the Oncology Nursing Society’s Excellence in Pain Management and a Schering Lectureship Recipient. He was named one of the 30 Visionaries in the field by the American Academy of Hospice and Palliative Medicine in 2013. A member of numerous organizations, Mr. Coyne has worked diligently to improve pain management and palliative care nationally and internationally.

Patrick J Coyne, MSN, ACNS-BC, ACHPN, FPCN, FAAN
Clinical Nurse Specialist
Assistant Professor and Director for Palliative Care
Medical University of South Carolina
171 Ashley Avenue
Charleston, SC 29425
USA

Email: user479069@aol.com
Pam Malloy, MN, FPCN, FAAN is an oncology clinical nurse specialist with over 40 years of experience in clinical medical/surgical and oncology nursing, staff development, education and administration. Ms. Malloy is currently the Director and co-investigator of the ELNEC Project, as well as Special Advisor on Global Affairs at the American Association of Colleges of Nursing (AACN), Washington, DC. She serves as faculty for all the national ELNEC courses and has presented ELNEC in eight international countries. Ms. Malloy directed the California Endowment project for AACN on developing cultural competencies for undergraduate and graduate nursing students. In addition, Ms. Malloy serves on the Board of Directors of Living Room International—which provides hospice services in Kipkaren, Kenya. She serves as an advisor for several grants involving education, quality of life, and palliative care. Ms. Malloy is also a Florence Wald Fellow, Fellow in Palliative Care Nursing (FPCN) and Fellow at the American Academy of Nursing (FAAN). She has written and had published numerous articles in peer-reviewed journals and has written chapters for various textbooks.
Polly Mazanec, PhD, ACNP-BC, AOCN®, ACHPN, FPCN, FAAN is an oncology palliative care advanced practice nurse who has been on the ELNEC Faculty since 2001, teaching palliative care nationally and internationally. She has had extensive clinical experience in integrating palliative care into out-patient oncology settings and hospice programs and into nursing education. Dr. Mazanec is a Research Assistant Professor at Case Western Reserve University’s Frances Payne Bolton School of Nursing (Cleveland, OH) and Co-Investigator on a Web-based intervention for long-distance caregivers of parents with advanced cancer. She is also the Co-Investigator for the ELNEC-Undergraduate curriculum, “Nursing Education for Integration of Palliative Care into Health Care Systems”, funded by the Cambia Health Foundation. An important part of this project has been the development and dissemination of the new online ELNEC-Undergraduate curriculum, specifically designed to help educators in undergraduate nursing programs prepare future nurses to provide palliative care to seriously ill patients and their families. Dr. Mazanec has published and presented in the areas of palliative care in the oncology setting, cultural considerations at end of life, inter-professional education in oncology and palliative care, and caregiving. She is a board member of HPNA.

Polly Mazanec, PhD, ACNP-BC, AOCN®, ACHPN, FPCN, FAAN  
Co-Investigator, ELNEC-Undergraduate & ELNEC-Graduate  
Adjunct Assistant Professor  
FPB School of Nursing, Case Western Reserve University  
Palliative Care Nursing Education Consultant  
Cleveland, OH  
USA  

Phone: +1-216-789-8884  
Email: pmm@case.edu
Nicoleta Mitrea, APRN, MSc, PhD is actively involved in organising, supervising and teaching all the subjects in Palliative Care (PC) at all three levels of education basic, advanced and specialized. She is coordinating the national specialization program for nurses that work in PC services. She started her nursing career at a very young age in the pediatric hospital. December 1998 marked her beginning of an unexpected career in Palliative Nursing, when she joined the Hospice “Casa Sperantei” (HCS) as a home care nurse. Her knowledge, abilities and revolutionary style has been increasingly polished and appreciated. Currently Nicoleta leads the education and clinical practice of PC nurses in HCS, other PC services around the country and in several Eastern European countries. Nicoleta had graduated the Master Program in PC in 2012 and the Medical Doctoral Studies in November 2017. Since 2012 she is an associate lecturer at the University of Transylvania in Brasov. She never stopped caring for patients and is currently performing her clinical duties in the inpatient unit for adults. Since 2016, she is running in marathons to fund raise for free of charge care delivered by HCS to patients (children and adults) and their families.

Nicoleta Mitrea, APRN, MSc, PhD
Director of Education and Development - Nursing
Hospice “Casa Sperantei”, Brasov
Sitei 17A
500074 Brasov
Romania

Phone: +40-734-889-509
Email: nicoleta.mitrea@hospice.ro
Judith A. Paice, RN, PhD, FAAN is currently the Director of the Cancer Pain Program in the Division of Hematology-Oncology and a Research Professor of Medicine, Northwestern University, Feinberg School of Medicine. She is also a full member of the Robert H. Lurie Comprehensive Cancer Center. Dr. Paice is a past President of the American Pain Society, served as Secretary of the International Association for the Study of Pain. Much of Dr. Paice’s clinical work has been in the relief of pain associated with cancer and HIV disease. Her research interests include: chemotherapy-induced peripheral neuropathy; quality improvement measures to foster pain relief; and adverse effects associated with analgesics. In 2002, the American Pain Society honored Dr. Paice with the Narcissian Award for Excellence in Teaching. She has traveled extensively internationally to educate healthcare professionals regarding cancer pain relief. Dr. Paice serves on the editorial board of Clinical Journal of Pain, Journal of Pain, and Journal of Pain and Symptom Management and has published numerous articles, alone and collaboratively, in the areas of pain management and research. Dr. Paice is also a co-editor for the 2015 Oxford Textbook of Palliative Nursing. She earned an MS in oncology nursing from Rush University in Chicago and a PhD from the University of Illinois at Chicago, studying pain modulation pathways in an animal model.

Judith A. Paice, RN, PhD, FAAN
Director, Cancer Pain Program
Division, Hematology-Oncology
Northwestern University; Feinberg School of Medicine
676 N. St. Clair Street, Suite 850
Chicago, IL 60611
USA

Phone: +1-312-695-4157
Fax: +1-312-695-6189
Email: j-paice@northwestern.edu
Diane Parker, MSN, RN, CHPN, CHPPN is the Chief Nursing Officer of Palladium Hospice and Palliative Care, a multistate provider. Previously she served as founder and executive director of a statewide interdisciplinary pediatric hospice and palliative care program. Mrs. Parker has served in a nurse executive role in hospice and palliative care since 2007. She has over 35 years of nursing experience, which includes Nursing Education and Nurse Executive specialties. Her board certifications include Hospice and Palliative Care Nurse, and Hospice and Palliative Care Pediatric Nurse. Ms. Parker serves on the National Hospice and Palliative Care Organization ChiPPS Advisory Council and the Pediatric Policy Networking Group. She is currently serving on a workgroup with the ChiPPS Advisory Council to develop a resource manual for pediatric program implementation. She has been the catalyst for change in regulatory and legislative landscape of pediatric care and serves as a resource for multiple providers seeking guidance in pediatric hospice and palliative care program development. She is an End of Life Nursing Education Consortium (ELNEC) Pediatric and ELNEC-Core trainer and serves as national and international faculty. Ms. Parker is an approved educator for the Clinical Review for the Generalist Hospice and Palliative Nurse for the Hospice and Palliative Nurses Association. She was a recipient of the National Board for Certification of Hospice and Palliative Nurses (NCBHPN) 2014 CHPPN of the Year in recognition of her patient advocacy and leadership in pediatric palliative and hospice care. Ms. Parker was also recognized as a 2011 ELNEC Award Winner by the American Association of Colleges of Nursing/City of Hope for her contribution to ELNEC training across the state. She has published in the ChiPPS newsletter on the topic of Concurrent Care, provided national lectures on pediatric concurrent care and is the nurse editor of Pediatric Palliative Care Consultant (2014 edition). She has presented multiple healthcare topics, including leadership and hospice and palliative care, on a state, national and international level.

Diane Parker, MSN, RN, CHPN, CHPPN
Chief Nursing Officer
Palladium Hospice and Palliative Care
1901 Assembly St. Ste. 275
Columbia, SC 29201-2462
USA

Phone: +1-864-415-6794
Fax: +1-803-851-1006
Email: DiParker@palladiumcare.com
OMI SEMINAR
in
SALZBURG

"Palliative Care (ELNEC)"

April 28 – May 4, 2019

FELLOWS
Fellow Booklet - Palliative Care ELNEC

Maria Aleksandrova
Qanaker-Zeytun MC
Department of Anesthesiology
Nersisyan 7
0014 Yerevan
Armenia
maria.yury.aleksandrova@gmail.com

Kima Amirkhanyan, MD
Anesthesiology and ICU
Department of Anesthesiology
Nersisyan str.7
0014 Yerevan
Armenia
dr.kima.anest@gmail.com

Camelia Ancuta
Hospica casa sperantei
Other
Street Sitei 17A
Brasov
Romania
ancuta.camelya75@gmail.com

Vera Asllani
University of Shkodra
University Luigi Gurakuqi, 2 Prilli
na Shkoder
Albania
gjinajvera@yahoo.it

Yeva Asribabayan, MD
Armenian Psycho-Oncology Association
Aboryan 52A
0035 Yerevan
Armenia
eyva.asribabayan@gmail.com
Judit Hegedu
Tabitha Children’s Hospice Home
2045 Torokbalint
Hungary
mrshege77@gmail.com

Pakai Karamanne
Univ Pecs, Faculty of Health Science
Vorosmarty ut 4
7624 Pecs
Hungary
pakai75@gmail.com

Gyuulane Kerkai
Monika M Humanegeszsegugyi Szolgalato kft
Hungary
monika.kerkai@gmail.com

Eljona Lada
Regional Hospital of Shkodra
Skendberg
Shkodra
Albania
eljonalada@gmail.com

Marinela Lako
Mary Potter Palliative Care Center
Department of Radiation Oncology
Rr. Thoma Huaja, L. 3.
Korce
Albania
marinelanela55@gmail.com

Irena Laska
Mary Potter Palliative Care Center
Rr. Thoma Huaja, Lagjia 3
- Korce
Albania
multiple.6pbc.irenalaska@yahoo.com
Bledar Late
University Eqrem Cabej
001 Gjirokaster Albania
bledar_late@yahoo.com

Ana Luca
University Hospital Center Mother Theresa
Rruga e Dibres, Nr. 372
Tirana
Albania
darliana.luca@gmail.com

Miklos Lukacs
Univ of Pecs, Medical School/Hungarian Hospice Foundation
Other
Orczy Ut 6
1089 Budapest
Hungary
lukacsmik@gmail.com

Teodora Cornelia Mathe
Hospice Casa Sperantei
Department of Pediatrics
Str. Sitei 17a
500074 Brasov
Romania
teomathe12@gmail.com

Karine Melkonyan
Nurse of Anesthesia and Intensive Care Dept
Avangard Medical Center, Dept of Anesthesia and Intensive Care, 9 Acharyan st.
0014 Yerevan
Armenia
karmelkon@gmail.com

Stela Muca
Faculty of Technical Medical Sciences
Dibra street, nr 371
Tirana
Albania
stelamuca@hotmail.com
Milena Nankova  
Medical University Prof. Dr Paraskev Stoyanov  
55, Marin Drinov Str.,  
9002 Varna  
Bulgaria  
milena_viki@abv.bg

Luci Rozeta  
University Ismail Qemali of Vlora  
Kushtrim Vlore  
Albania  
rozarisilia@gmail.com

Maria Teresa Brana Ruiz, MD  
Hospital Infantil de Mexico - Federico Gomez  
Department of Pediatrics  
Dr. Marquez 162  
06720 Mexico City  
Mexico  
maritebranaruiz@gmail.com

Inna Sargsyan  
Russian-Armenian University  
Hovsep Emini St., 123 Building,  
Arabkir adm. District  
0051 Yerevan  
Armenia  
sarkisiani@yandex.ru

Judit Schaffer  
Hungarian Hospice Palliative Association  
Other  
Orczy Ut 6  
1089 Budapest  
Hungary  
schaffer@hospice.hu

Oana Lorena Stanciu  
Suceava County Emergency Hospital  
Suceava  
Romania  
lorena_nistor@yahoo.co.uk
<table>
<thead>
<tr>
<th>Name</th>
<th>Position and Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laszlo Szabo</td>
<td>Univ Pecs, Faculty of Health Science, Jokai U. 14, 9700 Szombathely, Hungary, <a href="mailto:laszlo.szabo@etk.pte.hu">laszlo.szabo@etk.pte.hu</a></td>
</tr>
<tr>
<td>Irina Tiurin</td>
<td>General Practitioner Office Dr. Neculau, Alexandru Cel Bun, 21 Brasov, Romania, <a href="mailto:irina.tiurin@gmail.com">irina.tiurin@gmail.com</a></td>
</tr>
<tr>
<td>Csaba Vokenszki</td>
<td>Oncotherapy Institution, Edesanyak utja 17, 7624 Pecs, Hungary, <a href="mailto:csabavo@gmail.com">csabavo@gmail.com</a></td>
</tr>
<tr>
<td>Vasiex Xhelili</td>
<td>Mary Potter Palliative Care Center, Other, Rr &quot;Thoma Huaja&quot; Mbi Sanatoriumin, 7001 Korce, Albania, <a href="mailto:xhelilivasien@yahoo.com">xhelilivasien@yahoo.com</a></td>
</tr>
<tr>
<td>Violetta Zopunyan</td>
<td>Center for Rights Development NGO - President, 3 H.Hakobyan street, Mergelyan cluster 5th floor, 0033 Yerevan, Armenia, <a href="mailto:violetazopunyan@gmail.com">violetazopunyan@gmail.com</a></td>
</tr>
</tbody>
</table>
April 28, Sunday. We arrived to Salzburg on Saturday in the late evening. It was my 3rd time here for an OMI Seminar and the Schloss looked like a home. With my good friend (lucky enough to call colleague and friend) we had a late breakfast and a beautiful walk (even on a rainy day in Salzburg) on Sunday. Then we started to prepare for the Welcome Dinner: curious how the team will be! As usual people are really friendly, but of course a little bit tired after the long journeys. The team is quite large, and we even have a participant from Mexico! Gorgeous!

April 29, Monday. First day of the 2019 Salzburg OMI Seminar in Palliative Care (ELNEC)! We are so enthusiastic, that it was even possible to wake up so early and be on time despite of all time differences. The hugest percent of participants are nurses. I am very excited about that: unfortunately, I did not have such type of experience before. It was really motivating to hear about the experiences of every country with the PC developments. I really liked the new NCP guideline, which is really helpful. Have discussed with Armenian colleagues how we could use the guideline at home. Beside the content of the Seminar, I also enjoy the teaching style and try to make more of me as being a trainer.

April 30, Tuesday. The second day started with Pain Management. As non-physician I appreciate this great opportunity to receive clear but deep information. During the session I had mixed feelings of excitement and jealousy: I would like to have more improvements in my home country soon. Throughout this session about leadership the faculty motivated us to become these changes makers. In the afternoon we started to work on our group project. On Friday we should present the project to the audience, that will be going to improve the PC setting in our country. Actually, I was not acquainted with all participants from Armenia and was so happy to find out how amazing they are. We really have here an interdisciplinary team: nurses, doctors, lawyers and psychologists. We have everyone for a really good team. Everyone in the team has something to share and a big willingness for changes. So thanks for this seminar for such a beautiful meeting, I am sure that this is a start of a very effective collaboration.

May 1, Wednesday. A sunny day finally. Salzburg is always beautiful but it is easier to discover the town with dry shoes. Beside the sunny weather, there is another great news: we are going to work on my favorite topic: communication. Again I enjoyed both content and the style of teaching. It is such a
wonderful experience to train communication skills in a multicultural group even with language barriers. Actually, that even helped to deepen and to catch all the important pieces of the communication process. I was lucky to be involved in a role-play. It took one more chance to reflect the importance on active listening.

**May 2, Thursday.** We started with the review of ELNEC educational protocol application. This topic is especially important to me as a trainer. Then, self-care! It is a very complicated topic, but the presentation was so touching and profound. Ethical issues were the center of today’s program too. There is never enough time to speak and reflect about that. We found interesting materials for the teaching of ethics. In the afternoon we had a beautiful Chamber Music Concert. Every time, I admire this tradition in Schloss Arenberg. After having cocktails with the Armenian team, we came back to work on the tomorrow’s presentation. I have a lot of expectations for our future project and can’t wait to hear comments from Faculty and colleagues from other countries to improve. Love our team! Tomorrow will be the last day of the OMI Seminar in Palliative Care (ELNEC) 2019: time flies so fast. It was very intense and a special week. But I know, that this is not the end but the start of a new project, new ideas and collaboration.

I would like to express my big gratitude to the faculty members for designing this beautiful program, to the staff of Schloss Arenberg, who helped us to feel like at home and of course to the all participants.

*Yeva Asribabayan (Armenia)*
April 28, Sunday and April 29, Monday. Looking back at my week at Schloss Arenberg and the Palliative Care seminar I feel really satisfied. I arrived at the reception on Sunday April 28th with big expectations. Being the only one from Mexico I was a little nervous. For my surprise, since the moment I arrived everybody was really kind to me. I got to meet every Faculty member, they all made sure to welcome me. And dinner was delicious, with the lovely company from the group of Armenia.

After a not so good first night sleep, I was still jet lagged, my lesson started. My first thought was I was taking classes in such a lovely hall, it was impossible not to feel inspired. Everybody got to introduce themselves, which I found very interesting. We started to get to know each situation in each country, and then analysing what has been done in Kenya. Then we reviewed the 2018 guidelines and worked in small groups. After lunch, we were given tools to talk to the administrators and government back home, and how to measure our achievements in a palliative care program. I think the first day gave me the bases of knowledge and sensibility for the next day’s work!

April 30, Tuesday. Tuesday wasn’t less challenging. After a good breakfast, we started a very complete lecture on pain, followed by spiritual care. Both topics were really interesting and useful for my practice and my future implementing plans. The second part of the day was great, they faculty members reminded us that we are great leaders and how to use our leadership to make a change. I felt very motivated. Tuesday, I even had the will and the strength to walk to the Fortress Hohensalzburg while it was raining! And then dinner with the group, which ended with some wine at the lobby! Lovely getting to spend time with wonderful people from all around the world.

May 1, Wednesday. Finally, a sunny day! We started with symptom management, a long but precise and very well presented lecture. It made me think of some details I’ve been missing and can improve with my patients. The rest of the day we talked about good abstracts and getting published! Amazing tips from an insight view. It wasn’t only about palliative care, but about giving us the tools we need to go further. Then a free afternoon hanging out with my Albanian new friends, getting to know the magical old town.

May 2, Thursday. And so fast: Thursday was here! We learned about caregivers and ethical aspects of palliative care. It was an emotional challenging day, thinking back of my pediatric patients and always focusing on learning in order to do it better for them. After all the hard work, a treat with a lovely
concert! My week at the Salzburg Palliative Care Seminar was an extraordinary experience! Communication, leadership and teamwork! I’m really grateful for the experience and everybody being so nice and caring, I was on my one but never felt lonely. I’m really looking forward to but in practice what I have learned and make a change for my pediatric patients in Mexico.

Saludos,

*Maria Teresa Brana Ruiz (Mexico)*
April 28, Sunday. I arrived to Salzburg by train in the late afternoon, coming from Vienna. It was a long trip but I enjoyed it and was talking with my colleague on my way to Schloss Arenberg. I was here before and was happy to see these familiar places again. After filling in some formal papers and leaving the luggage in a nice room, single bed, there was the first meeting at 7 o’clock. It was interesting to meet Faculty and all the participants from different countries. I had a conversation about my work in palliative care with Judith A. Paice from Northwestern University; Feinberg School of Medicine. We talked and then enjoyed a nice dinner with fellows and four other colleagues from Armenia, whom I met here.

April 29, Monday. At 8 o’clock, Pam Malloy welcomed us to the seminar, and introduced the agenda. In the morning Nicoleta Mitrea began with the review of the State of Palliative Care in Eastern Europe then Betty Ferrell introduced lessons learned: making the case for Palliative Care. On this day I was touched by a video about the story of a lady from Kenya. It was a powerful and motivating story about struggle, life without pain, real professionals who try to make a better world through their work, kindness and professionalism. Another interesting section about NCP Guidelines was introduced by Betty Ferrell. I had an experience of developing and designing palliative care legal regulation including guidelines in Armenia and this was helpful for me to see a comprehensive structure with 8 domains addressing assessment, care coordination, care transition, caregivers’ needs, communication and cultural inclusion. Through the check list we had an opportunity to estimate the state in my country and noted some activities for the future action plan. We also enjoyed the coffee-break, lunch and a group photo with the faculty. After dinner I went to my room to do some work and then went for a walk with colleagues along the riverside.

April 30, Tuesday. In the morning, we started lessons with the topic about pain, which is an essential component of palliative care. Later all the participants were trying to describe their skills as leaders and realizing the skills should be developed for the future. There were some modifications in the schedule and we gathered country colleagues for broad discussion and brainstorming on the topic of goals for advocating, promoting, implementing, accessing palliative care in Armenia. We had a fruitful discussion and agreed to work on advocating education for nurses in order to develop their role as well
as leadership within the framework of palliative care settings. After dinner we enjoyed the city with our country team and a new colleague from Mexico.

**May 1, Wednesday.** We started the day with lectures about symptom management including non-pain management. As I am a lawyer and some detailed information is not useful for practice I took some important notes for my colleagues who are physicians as well as for checking the exciting palliative care regulations in Armenia. The most interesting topic about this day was about communication with family members. Interesting videos with good recommendations as well as some practical examples were shown. It was useful to participate in exercises and to realize the crucial role of listening in communication. I liked the idea of having a lunch with the faculty members and representatives from other countries and enjoyed it with Polly Mazanec. After lunch we discussed some practical tools for preparing an abstract and an article and later moved to country goals and strategy.

**May 2, Thursday.** This day was full of interesting lectures with a bit modified agenda. It was good to see the flexible organizational approach of the faculty taking into consideration the fellows’ needs. In the morning, Polly Mazanec introduced palliative care education in schools of nursing, which is helpful for Armenia as we are in the process of planning legislative changes and advocacy for inclusion of high education for nurses. Another interesting topic was the development of a self-care plan which is important for everyone in this century where people work more than all standards state. Pam Malloy provided a great tool for self-care assessment which should be used for assessing our level of self-care. I decided to keep this tool and use it in future for me and for palliative care professionals in Armenia. We concluded this day with a wonderful chamber music which is one of my favourite parts of the Salzburg seminars. This was a good example of self-care after the discussion of such serious issues.

**May 3, Friday.** We started the last day with the topic of the care of patients at the end of life. Judith A. Paice shared actual cases from her experience describing various options in such situations. Looking back at the week, I had mixed feelings and the chance to rethink about palliative care development and the ways of doing it in our countries. Being the only lawyer in the group I didn’t feel any inconvenience and could learn from nurses, psychologists and other professionals as well as to share my experience. I was happy to meet new people and found new friends. I have learnt a lot from the great faculty with years of experience and willingness to share their knowledge. I want to express my great gratitude to everyone in the organization of this seminar. I was given the opportunity to gain new friends, extending my network and enjoy my favourite city. Hope to participate in future seminars with various and multidisciplinary groups.

_Violetta Zopunyan (Armenia)_