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**SALZBURG WEILL CORNELL SEMINAR OTOLARYNGOLOGY**

*February 10 – 16, 2019*

- 35 fellows from 25 different countries and regions
- 9 faculty members from the United States, Turkey and Austria
- 21 lectures, 2 case presentation sessions given by faculty
- 34 interesting case presentations by fellows
- 6 excellent case presentations selected by faculty

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**Faculty Photo (L-R)**

Alison Maresh, MD; Cem Meco, MD, FEBORL-HNS; William Reisacher, MD, FACS, FAAOA; Michael G. Stewart, MD, MPH (Course Director); Gerhard Rasp, MD, PhD (Co-Course Director) and Aaron N. Pearlman, MD

Not Pictured: Julia Rechenmacher-Strauss, MD; Sebastian Roesch, MD and Dietmar Thurnher, MD
Group Photo of Faculty and Fellows
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<th>Sunday</th>
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<th>Wednesday</th>
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<td>10 February</td>
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<td>14 February</td>
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<td>07:00 – 08:00</td>
<td>BREAKFAST</td>
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<td>08:00 – 09:00</td>
<td>Introductions</td>
<td>Basic Ear Surgery</td>
<td>Nasal Polyps</td>
<td>Local IgE Sensitization</td>
<td>Diseases of the Anterior Skull Base</td>
<td>Cem Meco, MD</td>
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<td>Pre-Seminar Test</td>
<td>Gerhard Rasp, MD, PhD</td>
<td>Aaron N. Pearlman, MD</td>
<td>William Reisacher, MD</td>
<td>Cem Meco, MD</td>
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<td>09:00 – 10:00</td>
<td>Evaluation of a Neck Mass</td>
<td>Pediatric Hearing Loss</td>
<td>Evaluation and Management of Dizziness</td>
<td>Nasal Surgery – Basics and Additional Possibilities</td>
<td>The Unified Airway</td>
<td>Aaron N. Pearlman, MD</td>
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<td>Aaron N. Pearlman, MD</td>
<td>Alison Maresh, MD</td>
<td>Michael G. Stewart, MD, MPH</td>
<td>Cem Meco, MD</td>
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<td>10:00 – 10:30</td>
<td>COFFEE BREAK</td>
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<td>10:30 – 11:30</td>
<td>Surgery of the Neck</td>
<td>Diagnosis and Management of Obstructive Sleep Apnea</td>
<td>Intubation Injury</td>
<td>Tonsils &amp; Adenoids in 2019</td>
<td>Food Allergy 2019</td>
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<td>Dietmar Thurnher, MD</td>
<td>Michael G. Stewart, MD, MPH</td>
<td>Alison Maresh, MD</td>
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<td>William Reisacher, MD</td>
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<td>11:30 – 12:30</td>
<td>Testing Strategies for Allergic Disease</td>
<td>Risk Factors for Malignancies in ORL</td>
<td>Surgery for Voice Disorders</td>
<td>Therapy for Allergic Rhinitis</td>
<td>Active Ear Implants</td>
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<td>William Reisacher, MD</td>
<td>Michael G. Stewart, MD</td>
<td>Julia Rechenmacher-Strauss, MD</td>
<td>Gerhard Rasp, MD, PhD</td>
<td>Gerhard Rasp, MD, PhD</td>
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<td>12:30 – 13:30</td>
<td>LUNCH</td>
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<td>Post-Seminar Test</td>
<td>Evaluation &amp; Discussion</td>
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<td>13:30 – 14:30</td>
<td>Subjective and Objective Evaluation of the Nose</td>
<td>Workshop</td>
<td>Free Afternoon</td>
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<td>Sebastian Roesch, MD</td>
<td>Fellows’ Case Presentations</td>
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<td>Fellows’ Case Presentations</td>
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<td>14:30 – 15:30</td>
<td>How to Design, Present and Publish a Research Project/ How to Present a Case</td>
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<td>Michael G. Stewart, MD, MPH</td>
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<td>15:30 – 16:30</td>
<td>16:30 – 16:45 OMI/AAF Presentation</td>
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<td>16:30 – 18:00</td>
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<td>18:00 – 19:00</td>
<td>Faculty Only Meeting to Review the Week</td>
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<td>FAREWELL RECEPTION</td>
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<td>19:00 – 20:00</td>
<td>WELCOME RECEPTION &amp; DINNER</td>
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<td>GRADUATION DINNER</td>
<td>Certificates Awarded</td>
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<td>Faculty Dinner in Private Home</td>
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<td>20:00 – 21:00</td>
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<td>20:30 – 21:30 CHAMBER MUSIC CONCERT</td>
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WEILL CORNELL SEMINAR in SALZBURG

"Otolaryngology"

February 10 – 16, 2019

FACULTY
Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children's Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkandlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg. As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the NewYork Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.

Wolfgang Aulitzky, MD
Director, Open Medical Institute
American Austrian Foundation
Associate Dean and Gerhard Andlinger Professor for International Medicine & Distance Learning
Adjunct Professor of Clinical Urology
Adjunct Professor of Clinical Reproductive Medicine
Weill Medical College of Cornell University
Adjunct Professor of Pediatrics
Perelman School of Medicine at the Children's Hospital of Philadelphia
Associate Professor of Urology
Medical University of Innsbruck, Austria

Kärntner Straße 51/II/Top 4
1010 Vienna
Austria

Phone: +43-1-533-8658
Fax: +43-1-533-8658-10
Email: w.aulitzky@openmedicalinstitute.org
Michael G. Stewart, MD, MPH (Course Director) is Professor and Chairman of the Department of Otolaryngology-Head & Neck Surgery at Weill Cornell Medical College. He also serves as Vice Dean of the Medical College, and as Otolaryngologist-in-Chief at NewYork-Presbyterian Hospital/Weill Cornell Medical Center. He received a B.E. degree summa cum laude from Vanderbilt University, and an M.D. from Johns Hopkins University School of Medicine. He completed residency training at Baylor College of Medicine, and received his M.P.H. degree from the University of Texas School of Public Health, Houston. Dr. Stewart's clinical practice is general otolaryngology, and he has particular interest in nose and sinus disease. He is the author of 2 textbooks, and more than 30 book chapters and 120 peer-reviewed publications. He is Editor-in-Chief of The Laryngoscope journal, and previously served as Associate Editor and on Editorial Boards of several other journals. He is the immediate Past-President of the American Board of Otolaryngology and is also a Past-President of both the Association of Academic Departments of Oto-HNS and the Society of University Otolaryngologists, and he was an elected member of the Board of Directors of the American Academy of Otolaryngology - Head & Neck Surgery (AAO-HNS) from 2011-15. He is currently a member of the ACGME Residency Review Committee for Otolaryngology from 2016-22. Dr. Stewart is also the Founder and Medical Director of the Center for the Performing Artist at NewYork-Presbyterian/Weill Cornell, which is a multidisciplinary center caring for the musical needs of singers, musicians, dancers and other performers. Dr. Stewart's research interest is in outcomes and quality of life research, and he has received research funding from the NIH and AHRQ among others. Dr. Stewart has received many awards and honors, including two Distinguished Service Awards from the AAO-HNS and Presidential Citations from two different national societies. He has been a visiting professor at more than 40 institutions, and has given more than 400 invited lectures, both nationally and internationally.
Gerhard Rasp, MD, PhD (Co-Course Director) is an Otorhinolaryngologist and Chairman of the Salzburg Paracelsus University ORL department. Born in Bad Reichenhall, Germany, he grew up in Southeastern Bavaria and graduated with the Abitur in 1979. After 15 months of military service with the 1. Gebirgsdivision, German Army, he began his studies in mathematics and physics at the Ludwig-Maximilians University in Munich. In 1981, he switched to human medicine and graduated in 1987. He finished his thesis about the “primary structure and inhibitory properties of the ovine Inter-alpha-trypsin-inhibitor” magna cum laude. In August 1997, he began his Fellowship at the Dept. of Otorhinolaryngology at the University of Munich, Grosshadern medical center under the instruction of Prof. Ernst Kastenbauer and Prof. Alexander Berghaus. He became a resident in 1992 and senior resident on 1 December 1994. He completed his specialties in ENT on the 8 April 1992, Allergology on 13 January 1994, Facial Plastic Surgery on 8 January 1996 and Special Head and Neck Surgery on 20 December 2001. His PhD focused on Clinical Investigations of inflammatory mediators in the nasal mucosa and he became an Associate Professor for ENT (Privatdozent) on 14 August 1997. He became Vice-Chairman on 1 July 2002 and apl-Professor for Otorhinolaryngology in 2003. He was elected Chairman of the ORL-Department, Katharinenhospital, Stuttgart from 1.10.2005. On 14 February 2008, he was elected Chairman and Professor of the ORL-Department of the Paracelsus Private Medical University, Salzburg. From September 2009 to September 2010, he served as President of the Austrian ENT Society and now is the incoming president 2018/2019. Since February 2013, he serves as Dean for Research at the PMU. He lives near Salzburg with his wife Dr. Karin Rasp, pediatrician, and their daughters Julia, Jana and Louisa.

Gerhard Rasp MD, PhD
Professor and Chairman
Head, Department of Otolaryngology
Paracelsus Private Medical University
Muellner Hauptstrasse 48
5020 Salzburg
Austria

Phone: +43-662-4482-4034
Fax: +43-662-4482-4033
Email: G.Rasp@salk.at
Alison Maresh, MD is a Pediatric Otolaryngologist at Weill Cornell Medicine. She was born in nearby Connecticut where she grew up, then transitioned to the West Coast to attend Stanford University in California. She returned back to Connecticut for medical school at Yale University School of Medicine. She did a research year allowing her to complete a thesis study of the anatomy of human olfaction. She then moved to New York City for her residency training in Otolaryngology – Head and Neck Surgery at the combined Columbia/Cornell program at New York Presbyterian Hospital. She did her fellowship training in Pediatric Otolaryngology at Children’s National Medical Center. Dr. Maresh is currently on the faculty of Weill Cornell Medicine in the Department of Otolaryngology - Head & Neck Surgery and New York Presbyterian Hospital. She treats the general spectrum of pediatric otolaryngology problems with a special interest in pediatric hearing loss, pediatric airway surgery, and the multidisciplinary evaluation and treatment of patients with complex aerodigestive disorders.

Alison Maresh, MD
Assistant Professor
Department of Otolaryngology - Head & Neck Surgery
Weill Cornell Medicine
428 East 72 Street, Suite 100
New York, NY 10021
USA

Phone: +1-646-962-2225
Fax: +1-212-746-8124
Email: aam9008@med.cornell.edu
Cem Meco, MD, FEBORL-HNS is a Professor and Chairman in Department of Otolaryngology, Head and Neck Surgery (ORL-HNS) in Ankara University, Turkey as well as a Faculty in Department of ORL-HNS in Salzburg Paracelsus Medical University, Austria. He is the President Elect and Presidential Council Member of the Confederation of European ORL-HNS (CEORL), which is the uppermost organisation for ORL-HNS in Europe. Additionally, he serves as an Executive Committee Member and Group Leader of the Rhinology Section of the European Board Examination in ORL-HNS by UEMS. Being one of the first European Board eligible ENT Surgeon in 2010, thus carrying a “Fellow” title, he also functions as an Examiner since 2011 in this distinct European organization. Moreover, he serves as Advisory Board Member of European Rhinologic Society and Executive Board Member of Turkish Skull Base Society. Furthermore, he was the General Secretary of the 4th European ORL-HNS Congress in Barcelona 2017, wherein these European Congresses are considered to be the biggest and most important European gatherings by CEORL. After receiving his medical degree in 1993, from the Medical School of Ankara University, Turkey, he has done his residency at Salzburg Paracelsus Medical University, Austria under the guidance of Prof. Dr. Klaus Albegger where he continued to work for several years and done fellowships on Otology - Neurotology with emphasis on Cochlear Implantation, Skull Base Surgery, as well as Rhinology - Advanced Sinus Surgery. Since 2004, while continuing to be a faculty member in Salzburg, he started to function as a faculty in Ankara University Department of ORL-HNS where he became the Chairman in 2015. There he initiated the Cochlear implant program in 2005 and enhanced the multidisciplinary skull base workgroup with endoscopic techniques. He is the author or co-author of many presented or published papers. He held numerous invited lectures and panel discussions at important congresses, seminars and courses worldwide. His main research area has been the diagnosis and management of cerebrospinal fluid fistulas. In his practice, he mostly deals with rhinologic, oto-neurotologic and skull base disorders. Currently, his main area of interest is advanced endoscopic sinus and skull base surgery. Among many other society memberships, he is a Corresponding Member of the Austrian ORL-HNS Society, Member of the Turkish, German and Balkan ORL-HNS Societies; the American Academy of ORL-HNS Foundation; the European, Turkish, American and Bulgarian (Honorary) Rhinologic Societies, European Academy of Otology-Neurotology and the European, German and Turkish Skull Base Societies.

Cem Meco, MD, FEBORL-HNS
Professor and Chairman
Ankara University Medical School
Department of Otolaryngology, Head and Neck Surgery
Akademik Yerleske K Blok Kat 2
06700 Sihhiye, Ankara
Turkey
Aaron N. Pearlman, MD is an Associate Professor of Clinical Otolaryngology—Head and Neck Surgery at Weill Cornell Medical College New York, New York. He received his Bachelor of Science degree from the University of Maryland, graduating summa cum laude and was inducted into the prestigious honor society Phi Beta Kappa. He received his medical doctorate from New York University School of Medicine. Dr. Pearlman completed his internship in General Surgery and Residency in Otolaryngology—Head and Neck Surgery at New York University School of Medicine. He then completed a Fellowship in Rhinology and Anterior Skull Base Surgery at Northwestern University Feinberg School of Medicine’s Northwestern Memorial Hospital in Chicago, Illinois. Dr. Pearlman's clinical interests include the medical and surgical management of nasal and sinus disorders, stereotactic surgery, and skull base surgery in both children and adults. He also participates in the management of sleep apnea and sleep related disorders. As a fellow of the American Board of Otolaryngology, he also treats general otolaryngologic disorders. He is also a fellow of the American Rhinologic Association as well as the American College of Surgeons. Dr. Pearlman is currently a member of the faculty at Weill Cornell Medical College and New York-Presbyterian Hospital in Manhattan, New York. He also practices at Lincoln Medical and Mental Health Center in the Bronx, New York, which treats the underserved of New York City. Dr. Pearlman's research interests are concerned with the pathology and treatment of chronic inflammatory disease of the nose and paranasal sinuses. He has presented his research at national conferences including those of the American Rhinological Society and the Triological Society and internationally at the European Society of Pediatric Otolaryngology. While in training he received the NYU Otolaryngology Resident Research award for his work involving common respiratory viruses and inflammatory nasal polyps.

Aaron N. Pearlman, MD  
Associate Professor of Clinical Otolaryngology  
Weill Cornell Medical College  
New York-Presbyterian  
1305 York Avenue  
5th Floor  
New York, NY 10021  
USA

Phone: +1-646-962-3169  
Fax: +1-646-962-0030  
Email: anp2022@med.cornell.edu
Julia Rechenmacher-Strauss, MD is a specialist in Otorhinolaryngology (Phoniatrics). Dr. Rechenmacher-Strauss grew up in Lower Austria. She graduated from Medical University of Graz in 2005 and from Johann-Joseph-Fux-Konservatorium of Graz in 2007, where she studied singing with Margret and Harald Bogner at the Department for Early Music. She completed her residency at University Clinic of Ear, Nose and Throat Diseases, County Hospital of Salzburg (Univ. Prof. Dr. G. Rasp). Her fellowship training in Phoniatrics was at Medical University of Vienna, Department of Otorhinolaryngology, Division of Phoniatrics-Logopedics (Univ. Prof. DDr. W. Bigenzahn). Her research interests include voice function assessment and dysphagia in specific clinical situations. Alongside her working life she gives recitals and concerts with chamber music ensembles.

Julia Rechenmacher-Strauss, MD
Department of Otorhinolaryngology, Head and Neck Surgery
Landeskrankenhaus Salzburg
Muellner Hauptstrasse 48
5020 Salzburg
Austria

Phone: +43-5-7255-57406
Fax: +43-5-7255-25299
Email: j.rechenmacher-strauss@salk.at
William Reisacher, MD, FACS, FAAOA is a board-certified otolaryngologist, specializing in the diagnosis and treatment of airborne and food allergies in children and adults. Dr. Reisacher graduated from The Mount Sinai School of Medicine in 1994, with Distinction in Research, and completed his Otolaryngology residency at The New York Eye & Ear Infirmary in 2000. He is currently on the full-time faculty of the Otolaryngology – Head and Neck Surgery Department at Weill Cornell Medical College / NewYork-Presbyterian Hospital in New York City, where he is an Associate Professor and the Director of Allergy Services. Dr. Reisacher is a Fellow of the American College of Surgeons and a Fellow of the American Academy of Otolaryngic Allergy (AAOA). He has published numerous chapters and research papers, holds a patent in the area of allergy diagnostics, and has presented his work at both national and international meetings. An Honor Award recipient for the American Academy of Otolaryngology – Head & Neck Surgery, Dr. Reisacher has served on the Allergy & Immunology Committee, Board of Governors and the Board of Directors of the AAOA. He has also been an instructor and mini-seminar moderator for both academies. Dr. Reisacher has appeared on national and local news broadcasts, providing commentary on ENT/allergy topics, and has co-founded companies in both the biopharmaceutical and digital healthtech spaces. He lives in Manhattan with his wife and three children.

William Reisacher, MD, FACS, FAAOA
Associate Professor
Department of Otolaryngology - Head & Neck Surgery
Director of Allergy Services
Weill Cornell Medical College
NewYork-Presbyterian Hospital
1305 York Avenue
New York, NY 10021
USA

Phone: +1-646-962-2093
Email: wir2011@med.cornell.edu
Sebastian Roesch, MD is otolaryngologist at the Department of Otorhinolaryngology, Head and Neck Surgery of Paracelsus Medical University Salzburg, Austria. Dr. Roesch was born and raised in Nuremberg, Germany. He graduated from Paracelsus Medical University Salzburg in 2009 and finished his residency for otolaryngology in 2015. His clinical focus is laid on otology and neurotology with special emphasis on hereditary and congenital hearing loss as well as sudden sensorineural hearing loss. He is part of an international and interdisciplinary task group, focusing on Pendred syndrome. His scientific activity includes several publications with otologic topics in international journals. He also works as a reviewer for Acta Oto-Laryngologica. Besides clinical activity, he is regularly holding lectures for otolaryngology at Paracelsus Medical University Salzburg.

Sebastian Roesch, MD
Specialist
Department of Otorhinolaryngology, Head and Neck Surgery
Paracelsus Private Medical University
Muellner Hauptstrasse 48
5020 Salzburg
Austria

Phone: +43-5-7255-57407
Fax: +43-5-7255-25299
Email: s.roesch@salk.at
Dietmar Thurnher, MD is Professor for Otorhinolaryngology Head and Neck Surgery and Chair of the Department of ORL - Head and Neck Surgery, Medical University of Graz, Austria. He received his medical training at the University of Vienna. As early as his residency Prof. Thurnher focused on head and neck surgical oncology and head and neck cancer research. He completed his subspeciality training during his Fellowship in Advanced Training in Head and Neck Oncologic Surgery of the AHNS in Toronto, Canada, in 2005/2006. Prof. Thurnher’s surgical expertise is in head and neck ablative and reconstructive surgery, open and transoral laser surgery of the larynx and advanced airway surgery. He is a Fellow of the EBEORL and is also Examiner for the oral exam part of the European Board. Prof. Thurnher has published more than 80 peer-reviewed papers on the topic head and neck cancer, various book chapters and a textbook of Otolaryngology and is also the cofounder of the Austrian head and neck society.

Dietmar Thurnher, MD
Professor
Chair and Head
Department of Otolaryngology, Head & Neck Surgery
Medical University of Graz
Auenbrugerplatz 26
8036 Graz
Austria

Phone:    +43-316-385-13448
Email:    dietmar.thurnher@klinikum-graz.at
WEILL CORNELL SEMINAR in SALZBURG

"Otolaryngology"

February 10 – 16, 2019

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<tr>
<td>Irina Arustamyan, MD</td>
<td>Medical Center „21 Century“ Bolshaya Pushkarskaya Street, 20</td>
<td>197198 Saint Petersburg, Russian Federation</td>
<td><a href="mailto:a-irina26@yandex.ru">a-irina26@yandex.ru</a></td>
<td>+78-1-23800238 +79219758803</td>
</tr>
<tr>
<td>Mina Barsoum, MD</td>
<td>Hamad Medical Corporation Al Rayyan street, PO Box 3050 n/a Doha, Qatar</td>
<td></td>
<td><a href="mailto:minan.barsoum@gmail.com">minan.barsoum@gmail.com</a></td>
<td>+97-4-66216048 +97-4-66216048</td>
</tr>
<tr>
<td>Mitat Bozhoyuk, MD</td>
<td>Ankara University School Of Medicine Sihhiye 06100 Ankara, Turkey</td>
<td></td>
<td><a href="mailto:mitat.selcuk@hotmail.com">mitat.selcuk@hotmail.com</a></td>
<td>+90-0-3125082097 +90-5-077074475</td>
</tr>
<tr>
<td>Adekunle Daniel, MD</td>
<td>College of Medicine, University of Ibadan Queen Elizabeth road 200212 Ibadan, Nigeria</td>
<td></td>
<td><a href="mailto:dknule2013@yahoo.co.uk">dknule2013@yahoo.co.uk</a></td>
<td>+23-4-22410088 +23-4-8038348448</td>
</tr>
<tr>
<td>Mijal Dayan, MD</td>
<td>General Hospital Dr Manuel Gea Gonzalez Calzada de Tlalpan 4800 14080 Mexico city, Mexico</td>
<td></td>
<td><a href="mailto:mijaldayan@gmail.com">mijaldayan@gmail.com</a></td>
<td>+52-5-540003000 +52-5-552526654 +52-1-5552526654</td>
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Laura Espinosa Morett, MD

ABC Medical Center
Sur 136 116 -318
01120 Mexico,
Mexico

E-Mail: lemorett@yahoo.com
Phone: +52-5-552727594
       +52-5-554046913

Eszter Fazekas, MD

Flor Ferenc Hospital
Semmelweis Square 1
2143 Kistarcsa,
Hungary

E-Mail: es.fazekas@gmail.com
Phone: +06-2-8507600
       +06-7-04920484

Rauf Garibov, MD

Mediland Hospital
Sabit Orudjov Street 17c
AZ1025 Baku,
Azerbaijan

E-Mail: dr.raufgeribov@gmail.com
Phone: +99-4-124887450
       +99-4-506263646

Evgeniy Grebennikov, MD

Lor Practika
Rozybakiev Str. 247
A15P2T1 Almaty,
Kazakhstan

E-Mail: ragnar01@mail.ru
Phone: +77-2-731113755
       +7 701 212 75 43

Aysel Hasanova, MD

Ankara University
Hacettepe Street
06230 Ankara,
Turkey

E-Mail: aysel_165@hotmail.com
Phone: +00-9-05312675747
Yurii Hasiuk, MD
Ukrainian Medical Stomatological Academy
23, Shevchenko street
36000 Poltava,
Ukraine
E-Mail: ygasyuk@gmail.com
Phone: +38-0-532564494
+38-0-996090321

Elmasa Kapetanovic, MD
PHI General Hospital Bijelo Polje
Medanovici bb
84000 Bijelo Polje,
Montenegro
E-Mail: elmasa.kapetanovic@gmail.com
Phone: +38-2-50486286
+38-2-67331416

Ignas Karnas, MD
Vilnius University Hospital
Santaros Clinics
Santariskiu 2
08406 Vilnius,
Lithuania
E-Mail: ignas.karnas@gmail.com
Phone: +37-0-60309755

Zhanna Khassanova, MD
ENT practice
Rozybakiev 247
A15P2Y8 Almaty,
Kazakhstan
E-Mail: assem.life1@gmail.com
Phone: +77-2-73113755
+7702 8885451

Igor Khoruzhyi, MD
I. Horbachevsky
Ternopil State Medical University
1 Klinichna str
46000 Ternopil,
Ukraine
E-Mail: khoruzhiy.igor@gmail.com
Phone: +38-0-352404090
+38-0-979330483
Renata Klagisa, MD
Pauls Stradins Clinical University Hospital Pilsou Street 13
1002 Riga, Latvia
E-Mail: renata.klagisa@gmail.com
Phone: +37-1-28471191
+37-0-128471191

Elena Kliseska, MD
General Hospital „Dr.Ivo Pedisic“ Sisak J.J. Strossmayera 59
44000 Sisak, Croatia
E-Mail: kliseskaelena@gmail.com
Phone: +38-5-989977437

Sergey Kosarew, MD
Children’s Hospital of Tver Ribazkaja street
170100 Tver, Russian Federation
E-Mail: kosarewsergy@gmail.com
Phone: +74-8-22342573
+79-2-01998346

Oyun-Erdene Nergui, MD
Mongolian National University of Medical Science
1 bag 41100 zuunmod, Mongolia
E-Mail: setgehui999@gmail.com
Phone: +97-6-91119339

Ani Ohanyan, MD
Yerevan State Medical University after M. Heratsi
Koryun 2 0025 Yerevan, Armenia
E-Mail: ani.ohanyan00@mail.ru
Phone: +37-4-10582532
+37-4-99408850
Dimitrios Paouris, MD
Pediatric ENT Clinic
of the Medical Faculty
of Comenius University
and National Center of Children's Diseases
Limbova 1
83340 Bratislava,
Slovakia
E-Mail: dim.paouris@hotmail.gr
Phone: +00-4-21259371421

Lilit Petrosyan, MD
Shengavit Medical Center
Manandyan 9
0007 Yerevan,
Armenia
E-Mail: dr.lilitpetrosyan@gmail.com
Phone: +37-4-10440530
+37-4-55695335

Mihkel Plaas, MD
Tartu University Hospital
Kuperjanovi 1
51003 Tartu,
Estonia
E-Mail: mihkelplaas@gmail.com
Phone: +37-2-7319782
+37-2-53584068

Marius Polianskis, MD
Childrens Hospital
Affilate of Vilnuius University Hospital
Santaros Clinics
Santariskiu 7
08406 Vilnuius,
Lithuania
E-Mail: marius.polianskis@gmail.com
Phone: +37-0-60540312
+37-0-60540312

Cecilia Protas, MD
Bugando Medical Centre
Bugando
+255 Mwanza,
United Republic of Tanzania
E-Mail: cecyprotas@yahoo.com
Phone: +25-4-0610
+25-5-758036464
Helena Radicevic, MD
General Hospital „Dr Tomislav Bardek"
Zeljka Selingera 1
48000 Koprivnica,
Croatia
E-Mail: Hela.radicevic@gmail.com
Phone: +38-5-251760
+38-5-992939056

Zorana Radin, MD
General Hospital „Djordje Joanovic“ Zrenjanin
Dr Vase Savica 5
23000 Zrenjanin,
Serbia
E-Mail: zorana.radin@gmail.com
Phone: +38-1-23513200
+38-1-604699688

Jana Schneiderova, MD
University Hospital Ostrava
17. listopadu 1790
70852 Ostrava,
Czech Republic
E-Mail: janaschneiderova89@gmail.com
Phone: +42-0-597375812
+42-0-732221999

Doston Sultonov, MD
Tashkent Medical Academy
2, Farobi Street, Olmazor
100109 Tashkent,
Uzbekistan
E-Mail: sultanovdoston93@gmail.com
Phone: +99-8-711507825
+99-8-998195350

Yuliya Todorova-Doneva, MD
UMHAT Dr. Georgi Stranski
Gen. Vladimir Vazov 91
5800 Pleven,
Bulgaria
E-Mail: dr.yuliya.todorova@gmail.com
Phone: +35-9-64886654
+35-9-883413838
Konstantin Ustinovich, MD
Belarusian State Medical University
Dzerzhinski Ave., 83
220116 Minsk,
Belarus
E-Mail: ustinovichk@mail.ru
Phone: +37-5-172861953

Azizbek Uzokov, MD
Tashkent medical academy
Farabi 2
100109 Tashkent,
Uzbekistan
E-Mail: uzokovaziz9@gmail.com
Phone: +99-8-711507825
+99-8-936309699

Lennart Weitgasser, MD
University Hospital Salzburg,
Paracelsus Medical University
Muellner Hauptstrasse 48
5020 Salzburg
Austria
E-Mail: lennart.weitgasser@gmail.com
Phone: +43-6-9913805045

Sarka Zavazalova, MD
Military University Hospital Prague
U Vojenske nemocnice
16002 Prague,
Czech Republic
E-Mail: sarka.zavazalova@gmail.com
Phone: +42-0-973203162
+42-0-776736518

Shirin Zhumabaeva, MD
The National Center
for Maternity and Childhood Care
Ahunbaeva str., 190.
720038 Bishkek,
Kyrgyzstan
E-Mail: Chishiko2@gmail.com
Phone: +99-6-312492371
+99-6-555313991
**February 10, Sunday evening.** I arrived to Salzburg from Zagreb by train at 2 p.m., and then got a taxi to Schloss Arenberg. It is my second time here. After filling in some formal papers and leaving the luggage in a room I went for a walk to the city. It was a sunny afternoon. The first meeting of all participants was at 7 o'clock. Professor M. Stewart (Course Director) and Professor G. Rasp (Co-Course Director) and the others professors introduced the main issues about the organization of the course. I met one more colleague from Croatia I have not met before. After that we had a tasty dinner and stayed a little bit in the lounge to get to know each other better.

**February 11, Monday.** The day we started with a breakfast. After that at 8 a.m. Professor Stewart welcomed us to the seminar again. First we took a pre seminar test. The first lecture was done by Aaron N. Pearlman, MD. It was a great and useful lecture for all young ENT specialists and residents because, in a simple way, he explained how we can diagnose a neck mass and go on for a further treatment. After that we had a coffee break and it was a time to meet more colleagues. After that we continued with W. Reisacher, MD and a lecture about allergies. We heard interesting things about allergies and for example the Meniere's disease and food avoidance, I had never heard before. Then Ms. Stephanie Faschang gave us a lot of information about the American Austrian Foundation, its aims and all the possibilities that this Foundation can give to young doctors, who would like to advance their knowledge. The first day we closed with a really useful lecture about how to design, present and publish a research project, performed by Professor Stewart. After that we had a free afternoon. The weather was windy, snowy and rainy my new colleague and me, we took a walk to explore Salzburg by the riverside. The day we finished with a dinner at 7 p.m.

**February 12, Tuesday.** The day started with breakfast and coffee. At 8 a.m. Prof. Rasp introduced us to basic ear surgery. After that we continued with Dr. Maresh and pediatric hearing loss and we learned new things and the correlations between CMV and hearing loss. The afternoon consisted of fellows’ case presentations. My presentation was the 10th one. I was a little nervous but the friendly disposition of all the faculty gave me confidence. In the afternoon my new friends and me, we went to the city. The weather was better than the day before. We had a dinner at one traditional Austrian Restaurant and had the opportunity to get to know each other better.
February 13, Wednesday. Finally, a sunny day. We started with nasal polyps (Dr. Pearlman) and we continued with diagnoses of dizziness (Prof. Stewart). Great and interactive lectures. After a coffee break we continued with pediatric injuries (Dr. Maresh) and I think it was helpful for the doctors from pediatric ENT hospitals. The last lecture was delivered by Dr. Rechenmacher-Strauss about surgery voice disorders. After lunch we have a free afternoon. Some of my new friends and colleagues went for a walk, some went to the birth house of Mozart, some of them to Hohensalzburg Fortress. The weather was great, there were no clouds and the view was magical. We took beautiful photos. We had dinner outside again and had a great evening.

February 14, Thursday. The day stared with IgE Sensitization (W. Reisacher, MD). Then we continued with an excellent and a very helpful lecture about basics in nasal surgery, possibilities and complications (C. Meco, MD), that was very important for us as young surgeons. After the coffee break we heard new guidelines (A. Maresh, MD) for tonsils and adenoids in 2019. A therapy for allergic rhinitis was the last lecture before the fellows’ case presentations. Like in the afternoon before, we didn’t notice how time went by. After the lectures my new friend from Qatar and me, we went to the souvenir shop to buy souvenirs and Mozart chocolate to take home. At night after the dinner we had a chamber music and it was amazing.

February 15, Friday. I’m a bit sad, because it’s the last day. In the morning we started with ear implants (Prof. Rasp), after that we continued with united airway and after the coffee break, we had two more lectures and the official part ended with the post-seminar test. At night, we enjoyed the graduation dinner and received the certificates. So looking back at the week, I was so happy that I found new friends and colleagues. I learnt a lot and had the chance to become acquainted with the novelties of treatment. I will never forget this experience and I hope that I will have the opportunity to attend more seminars like this. It was also useful to break the first communication barriers with other people. I will recommend this seminar to all my ent colleagues in Croatia.

Elena Kliseska, MD (Croatia)
February 10, Sunday evening. I arrived to Salzburg by plane in the evening, coming from Istanbul and Ankara (first from where I live). It was a long trip but I loved this town at first sight, especially after having a look, when I took a taxi from the airport to Schloss Arenberg. The weather was like in my city just a little bit colder. Because of my plane was delayed for 1 hour, I have missed the meeting about the review of the week. When I arrived to Schloss Arenberg it was nearly 21.00. I was greeted by Daniel Klos, after filling in some formal papers I was in my nice single bed room. After leaving my luggage in the room, I had a very tasty dinner, which gave me the chance to get to know each other. I met people from different countries all over the world and they were very friendly. It was also useful to break the first communication barriers with other people.

February 11, Monday. At 8 o’clock, Prof. Stewart welcomed us to the seminar again, and we took the pre-seminar test. I thought that some questions were with a point of argue, but some of them were from the ENT guidelines. The questions I was suspicious of and that I answered (true or false) had a special place in my mind and I tried to listen to these lectures more carefully to understand them. On our desks there were folders of print outs of the lectures. This was useful because I’ve learned that way when I was student then. This way it is easier for taking notes. The first lecture was done by Prof. Aaron Pearlman and it was about evaluations of the neck masses. I was impressed by the simple way he clearly explained when we should think about malignancies in neck masses. His algorythm was just like in our country. But he gathered all this information in just 2-3 sentences. The other lesson by Prof. William Reisacher was about allergy testing. Almost all of us were suspicious about allergies (directing patients to the immunology department for testing) and we don’t know all the issues for Allergy testing. That’s why this lesson was very interesting. Then Prof Dietmar Thurnher desbribed the neck dissection. Neck dissections are almost similar in all countries. But there were some points that I could not understand and imagine as a resident. His lecture was really helpful to understanding the neck dissection step by step. We also enjoyed the coffee-break, lunch and the group photo with the faculty in the afternoon. Ms. Stephanie Faschang gave us a lot of information about the American Austrian Foundation, its aims and all the possibilities that this foundation can give to young doctors, who would like to advance their knowledge.

Then Prof. Stewart lectured about how to plan and begin a clinical study. That was a remarkable lecture for me. The day was over before we noticed. A friendly atmosphere and opportunity to ask questions
February 12, Tuesday. In the morning, we concluded all the lessons about newborn hear examination and the evaluation of it. It was a very interesting session and I gained a lot of information about improving my daily practice concerning hearing loss. After the coffee break, my attention was focused on ear surgery and the risk factors for head and neck cancers. After lunch the fellows started their case presentations. My presentation was the 7th one. I must say I was nervous, but the friendliness and kindness of all the professors, as well as of all the other classmates gave me confidence. We got to see that everyone has to see and solve very complex cases in daily life. Some of us were specialists and there were people, who were working alone or with low opportunities and low equipment. Their practice was mind opening for me. Like in the afternoon the day before, we didn’t notice how time went by. After dinner we walked around and enjoyed the city.

February 13, Wednesday. In the morning, Prof. Aaron Pearlman stated lectured about nasal polyps. Then Prof. Stewart started his lecture about dizziness. Dizziness and how to diagnose the dizzy people is a very complicated issue. The theoretical part of this is very complicated too. But his practice algorythms for how to evaluate dizzy patients were well done in the summary of this lecture. Then Prof. Alison Maresh and Julia Rechenmacher-Strauss started lectures about intubational injury and voice disorders. I found out several methods for voice disorders, that I have never read before in the world of ENT literature. It was very good to find out new methods and material to use. After lunch we had a free afternoon for running around in the city. We heard about Hallstadt and the lake there. That’s why we decided to go there. In Hallstadt, the lake between the mountains was fascinating, we loved this place so much and took many photos there.

February 14, Thursday. In the morning, Prof. William Reisacher started his lecture about IGe sensitization. It was very good for us to learn the latest and correct evaluations in allergic rhinitis. Then Prof Meco lectured about nasal surgery and about the techniques he was using and the tricks in surgery. This was very interesting. Then we started with the fellows’ case presentations. After dinner, I got to experience some Austrian culture with a chamber music concert in Schloss Arenberg – it was very relaxing. We enjoyed it a lot. Looking back at the week, I had mixed feelings. I was very happy because I found new friends, I have learnt a lot, and yet at the same time I was very sad because the seminar was over. However, I hope that in the future I will have the opportunity to attend many more interesting and useful seminars like this one.

Aysel Hasanova, MD (Turkey)