COLUMBIA UNIVERSITY
College of Physicians and Surgeons

COLUMBIA UNIVERSITY SEMINAR in SALZBURG

"Internal Medicine"

August 26 – September 1, 2018
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SALZBURG COLUMBIA SEMINAR INTERNAL MEDICINE

August 26 - September 1, 2018

32 fellows from 26 different countries and regions
7 faculty members from the United States & Austria
20 lectures and 3 workshops given by faculty
31 interesting case presentations by fellows
7 excellent case presentations selected by faculty

Faculty Photo (L-R)
Thomas Reiberger, MD; William Bulman, MD; Benjamin Lebwohl, MD; Joseph Tenenbaum, MD;
Michael Trauner, MD; Richard Carvajal, MD; Bernhard Scheiner, MD
Group Photo of Faculty and Fellows
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<thead>
<tr>
<th>Time</th>
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<tr>
<td>07:00 - 08:00</td>
<td>BREAKFAST</td>
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<tr>
<td>08:00 - 09:00</td>
<td>Introductions Pre-Seminar Test</td>
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<td>Chronic Obstructive Pulmonary Disease</td>
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<td>Hepatitis B/C</td>
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<td>Screening for Colorectal Cancer</td>
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<td>Novel Therapeutics</td>
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<td>William A. Bulman, MD</td>
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<td>09:00 - 10:00</td>
<td>Management Implications for the Clinical and Biological Heterogeneity of Melanoma</td>
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<td>Harnessing the Immune System for the Treatment of Cancer</td>
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<td>Cirrhosis &amp; Portal Hypertension</td>
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<td>Lung Nodules and Lung Cancer Screening</td>
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<td>Principles of Cancer Therapy for the Internist</td>
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<td>Richard D. Carvajal, MD</td>
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<td>10:00 - 10:30</td>
<td>COFFEE BREAK</td>
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<td>10:30 - 11:30</td>
<td>Metabolic Liver Diseases, NAFLD</td>
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<td>Noninvasive &amp; Invasive Evaluation of Chronic Liver Disease</td>
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<td>Angina Pectoris</td>
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<td>Diarrhea</td>
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<td>Mitral Valve Diseases</td>
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<td>Michael Trauner, MD</td>
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<td>Benjamin Lebwohl, MD</td>
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<td>11:30 - 12:30</td>
<td>Cholestatic Liver Diseases</td>
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<td>Portal Vein Thrombosis &amp; Anticoagulation</td>
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<td>Interstitial Lung Disease</td>
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<td>Precision Oncology</td>
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<td>The Illnesses and Death of Ludwig von Beethoven</td>
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<td>Richard D. Carvajal, MD</td>
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<td>12:30 - 14:00</td>
<td>LUNCH</td>
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<td>14:00 - 15:00</td>
<td>Celiac Disease</td>
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<td>15:00 - 16:00</td>
<td>Workshop How to Present a Case</td>
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<td>17:00 - 17:15 OMI/AAF PRESENTATION</td>
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<td>WELCOME RECEPTION &amp; DINNER</td>
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<td>GRADUATION DINNER</td>
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COLUMBIA UNIVERSITY SEMINAR in SALZBURG

"Internal Medicine"

August 26 – September 1, 2018

FACULTY
Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children’s Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkanndlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg. As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the NewYork Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.

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Joseph Tenenbaum, MD (Course Director) is the Edgar Leifer Professor of Clinical Medicine of the College of Physicians and Surgeons of Columbia University and Chief of the Medical Service at the Allen Hospital of New York Presbyterian Hospital. Dr. Tenenbaum is a graduate of Brandeis University where he majored in Physical Chemistry. He holds the MD Degree from Harvard University. He trained in Internal Medicine at Presbyterian Hospital in New York and Cardiovascular Disease at Mt. Sinai Medical Center in New York. Dr. Tenenbaum has been a member of the attending staff and faculty member at Columbia University Medical Center since 1979. He has a clinical practice in adult cardiology and internal medicine, with a focus on critical care, coronary artery disease, and valvular heart disease. He teaches cardiology in the medical school and supervises the training of internal medicine and cardiology fellows at New York Presbyterian Hospital. He has held positions as Vice Chair of Medicine, Interim Chair of Medicine, Clinical Dean of the Medical School, and Director of the House Staff Training Program. He regularly lectures in Internal Medicine continuing education review courses and has been course director at Salzburg since 2003. He is married to Marilou Faith Jones Tenenbaum.

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Michael Trauner, MD (Co-Course Director) received his medical education at the Karl-Franzens-University in Graz, Austria, and at Yale University’s Liver Center in New Haven, USA. From 2005 until 2010, he served as Professor of Experimental and Clinical Hepatology at the Medical University of Graz. Since 2010, he has been a Professor of Gastroenterology and Hepatology and Chair of the Division of Gastroenterology and Hepatology at the Medical University of Vienna. Dr. Trauner’s main research interests are the molecular mechanisms of bile acid signaling by nuclear receptors, mechanisms of cell injury, and development of novel pharmacologic treatments for cholestatic and metabolic liver diseases. He has published more than 440 peer-reviewed scientific papers listed in Pubmed (H-index 67), 45 book chapters and has edited 3 books. He has given more than 250 guest lectures at international scientific meetings, mainly on molecular and clinical aspects of cholestatic and metabolic liver diseases, and holds three patents on the treatment of cholestatic and metabolic liver diseases. Dr. Trauner is a past president of the Austrian Society of Gastroenterology and Hepatology, a corresponding member of the Austrian Academy of Sciences, a member of the Academia Europaea, and a fellow of the American Gastroenterological Association (AGAF) and American Association for the Study of Liver Diseases (FAASLD). Additionally, he is a member of several other national and international professional and scientific societies. He has served on editorial boards and scientific committees, such as the European Association for the Study of the Liver (EASL) Governing Board and the United European Gastroenterology Council. He has also served as associate editor of Journal of Hepatology and Hepatology.

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William A. Bulman, MD is an Associate Professor of Medicine at Columbia University Medical Center in the Division of Pulmonary, Allergy and Critical Care. He is a graduate of the University of Pennsylvania School of Medicine, and he completed internships in both surgery and medicine before residency training in Internal Medicine at Columbia. He served as Chief Resident in Medicine and later completed fellowship training in Pulmonary and Critical Care Medicine. At the Columbia University College of Physicians and Surgeons, Dr. Bulman is the co-director of the Pulmonary Medicine section of The Body in Health and Disease and the director of the Clinical Research Track for the Scholarly Projects Program. Dr. Bulman's chief clinical interests include Advanced Diagnostic Bronchoscopy and the management of the pulmonary complications of lung cancer. His research interests focus on the optimization of minimally invasive techniques for the diagnosis of lung cancer, in vivo bronchoscopic imaging of the tracheobronchial tree using Optical Coherence Tomography, and assessment of respiratory mechanics during exercise with Optical Electronic Plethysmography. His most recent publication was a comprehensive review of the role of PD-L1 based immunotherapy in the treatment of patients with lung cancer and malignant pleural effusions.

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Richard D. Carvajal, MD is the Associate Professor of Medicine of Experimental Therapeutics and Director of the Melanoma Service at Columbia University Medical Center. Dr. Richard Carvajal is focused on the development of novel therapies for patients with melanoma and other cancers, with the overall objective of controlling and curing diseases.

To achieve this goal, he has used our increasing knowledge of the underlying biology of cancer to rapidly integrate this knowledge, novel therapeutic agents, and efficient trial design in order to improve the outcomes of cancer patients everywhere. Working closely with the laboratory scientists, the group is using the techniques of molecular biology to identify specific proteins, genes, or other molecules that influence the growth of each person's cancer, with the goal of selecting the most promising therapies for individual patients.

Dr. Carvajal’s melanoma research has included the study and treatment of uncommon clinical and molecular subsets of melanoma such as melanoma arising from the eye (uveal melanomas), from the mucosal surfaces of the body (mucosal melanomas), and from palms of the hands, soles of the feet, or under the fingernails (acral melanomas). Although these tumors arise from pigment cells of the body just as do the more common melanomas that arise from the skin (cutaneous melanomas), they are clinically and biologically distinct from cutaneous disease. Once metastatic (that is, spread from where it originally began to other sites of the body), these diseases have proven to be difficult to treat.

In an advance that helped to launch the new era of personalized medicine therapy, Dr. Carvajal has led a clinical trial of imatinib (Gleevec) in patients with melanoma characterized by the presence of a mutation in a gene called KIT. While this mutation is rare in cutaneous melanoma, it is found in about 20% of mucosal and acral melanomas. Based in part on the positive results of this trial, where long-lasting tumor responses were observed in patients with these diseases, the use of imatinib in melanomas harboring KIT mutations was added to the National Comprehensive Cancer Network guidelines for the treatment of melanomas.

Uveal melanoma is characterized by mutations in genes called GNAQ and GNA11 that lead to activation of growth pathway called the MAPK pathway. Before 2013, there were no effective treatments for metastatic disease; however, another trial that Dr. Carvajal has developed and conducted identified selumetinib, a medicine that blocks the MAPK pathway, as the first effective treatment for patients with advanced uveal melanoma.

Dr. Carvajal’s research has been supported by the National Cancer Institute, the Food and Drug Administration, the Conquer Cancer Foundation, the Melanoma Research Foundation, the Empire Clinical Research Investigator Program, and the generous philanthropic support of our patients and their families. He has authored and co-authored more than 50 peer-reviewed manuscripts, books and book chapters.
In addition to Dr. Carvajal's work at Columbia University Medical Center, he serves as the co-chair of the International Rare Cancer Initiative Uveal Melanoma working group, a joint initiative between the National Cancer Institute, the European Organization for Research and Treatment of Cancer, and the Cancer Research UK to enhance international collaboration in the conduct of clinical trials for uveal melanomas.

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Benjamin Lebwohl, MD, MS is a graduate of Harvard College, where he majored in music. He received his MD from Columbia College of Physicians and Surgeons in 2003, and then completed his internship, residency, and chief residency in internal medicine at Columbia. He stayed at Columbia as a fellow in Digestive and Liver Disease, during which time he obtained a Masters in Patient Oriented Research from the Department of Biostatistics at the Mailman School of Public Health. Dr. Lebwohl is the Director of Clinical Research at the Celiac Disease Center at Columbia University, where he is collaborating with institutions in the United States and abroad in the areas of the epidemiology, patterns of care, and the natural history of celiac disease. He is a prior recipient of the American Gastroenterology Association Research Scholar Award (2014-2017), studying the health effects of gluten in large cohort studies. He is an associated scholar at the Karolinska Institute in Stockholm, Sweden, where he performs population-based research in celiac disease in the Department of Medical Epidemiology and Biostatistics. He currently serves as a member of the Gastrointestinal Drugs Advisory Committee of the United States Food and Drug Administration. When he is not performing colonoscopy, Dr. Lebwohl plays cello in the St. Thomas Orchestra in Mamaroneck, New York.

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Thomas Reiberger, MD is a physician scientist specialized in Internal Medicine/Gastroenterology & Hepatology. Dr. Thomas Reiberger graduated from medical school in Vienna and then joined the Department of Pathophysiology, Division of Cellular Pathophysiology as his first post doc research experience. During his residency at the Vienna General Hospital, he co-founded an HIV-Liver Disease Clinic and conducted clinical trials in patients with HCV/HIV coinfection. In addition, Dr. Thomas Reiberger acquired skills in interventional hepatology, including hepatic venous pressure gradient (HVPG) measurements and transjugular liver biopsies. After a three-year postdoctoral fellowship at MGH/Harvard Medical School, he was appointed as Faculty Member of the Division of Gastroenterology at the Medical University of Vienna. Dr. Reiberger’s research interests include advanced chronic liver diseases, viral hepatitis, liver fibrosis and portal hypertension. He is the head of the Vienna Hepatic Hemodynamic Laboratory and director of the Cirrhosis Outpatient Clinic at the Vienna General Hospital. Recent publications include a major review of the personalized use of non-selective betablocker therapy in compensated versus decompensated liver cirrhosis. In his lab, three PhD students are working on preclinical models of liver cirrhosis and portal hypertension, exploring novel therapeutic targets. He is a peer reviewer for multiple major gastroenterology/hepatology journals and is an associate editor of Liver Transplantation and Hepatology.

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Bernhard Scheiner, MD is a clinical scientist currently undergoing his training in internal medicine with a subspecialisation in Gastroenterology & Hepatology. Already as a student and after his graduation from Medical School in Vienna, he was working in a research group (led by Prof. Thomas Reiberger) focusing on the treatment and complications of advanced chronic liver disease. During the last years, he published studies on kidney function during treatment with non-selective beta-blockers, the impact of a genetic polymorphism on survival as well as a comprehensive review of acid-base status in patients with advanced liver disease. Recently, his main scientific attention shifted towards vascular liver diseases as well as coagulation and anticoagulation in these patients. Furthermore, he recently evaluated the role of platelets and platelet indices in patients with advanced hepatocellular carcinoma. Furthermore, he peer-reviews articles in the field of Hepatology.

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26 August, Sunday. This was not the first time for me in Salzburg. So I was calm. I came to Schloss Arenberg by bus. On my way I met a Dr. from Estonia and we arrived together at around 12:40 pm. I was so tired from the flight so after I checked in I went to my room and slept for 3hrs, after that I went to enjoy the city of Salzburg. It was sunny. Salzburg is full of art, history and beautiful. Then I returned back to attend the welcome reception. The professors were very friendly and welcoming. Then we got to meet the seminar participants as well.

27 August, Monday. I woke up with enthusiasm to learn new things from this seminar. After breakfast I went to attend the seminar. It started with a pre-test and I found it difficult. Since I am a GP and didn’t have this special education. Dr. Richard Carvajal started the seminar with different types of Melanoma and after the coffee break Dr. Michael Trauner discussed about liver diseases. I found both lectures equally important. We have so many cases in our country. After lunch Dr. Lebwohl talked about Celiac Disease. It was very informative and clear. Then the faculty members showed us how to present a case and presented their own cases. The day finished with a walk around the city.

28 August, Tuesday. It was a very bright day. Dr. Bulman and Dr. Carjaval held lectures before the coffee break. One was about COPD and the other one about Cancer Treatment. The second one was brand new for me and I was amazed by the lecture. Then we had a group picture together with the faculty. After the coffee break Dr. Bernhard Scheiner gave a lecture about Noninvasive & Invasive Evaluation of Chronic Liver Disease and Portal Vein Thrombosis & Anticoagulation. After lunch there were so many interesting cases presented and the discussion afterwards was very educative. In the evening we went to Mozart’s birth place after that we sat down in the lounge to discuss about our Wednesday afternoon plans. We decided to go to Munich.

29 August, Wednesday. We had three different topics. The first one was about Hepatitis by Dr. Thomas Reiberger, then Cirrhosis & Portal Hypertension and Angina Pectoris, which was presented by Dr. Tenenbaum and way very entertaining as well. The last lecture was before lunch and was about ILD by Dr. Bulman.……Lunch……..We went to Munich with new friends. The funny thing is, that I forgot my passport and was very worried that I can’t board on the train…. I found Munich very exiting, though we had only few hours to look around. It was really a nice place and I am glad I took the risk to go without a passport. After the trip we got to Schloss Arenberg at around 11:45 pm.

30 August, Thursday. I woke up late, at 07:40 am because I overslept. The weather in Salzburg was chilly. We had lectures by Dr. Lebwohl, Bulman and Dr. Carvajal. The lecture by Dr. Lebwohl about the Screening for Colorectal Cancer was very good. It was good to know about the difficulties to screen Cancer. After coffee break we had lectures about Diarrhea and Precision Oncology. The afternoon was for case presentations. The whole session had to be prolonged until 06:15pm. There were so
many interesting cases. Also the concert was the last event but not the least of the day.

Samrawit Getachew Woldemichael, MD (Ethiopia)
26 August, Sunday. After almost 3 hours of traveling by train from Vienna, I finally arrived in Salzburg. I was so impressed by this little charming town, that even the cold rain couldn’t erase the happy smile from my face while I was walking to the Schloss Arenberg. Welcoming personnel helped me to accommodate and get rest, till other fellow will arrive. I was very excited and full of expectations about the future courses. In the evening, we had a group meeting and the course Director Joseph Tenenbaum introduced to as the members of the faculty – all of them being experts in their field and, some of them, have a long collaboration experience with AAF OMI and are generously donating their time to the students. At the meeting was made a review of the week and were pointed the goals of the seminars. The welcoming reception that followed was a mixture of different cultures and specialties but promising long standing friendships.

27 August, Monday. I wake up early and had a fast breakfast. I was very excited... After short introductions we wrote pre-seminar test which wasn’t too difficult, but some of the questions were really challenging for me and increased my interest for the course. The topics of the day were very interesting and covered a large area - from Melanoma (speaker Dr. R. Carvajal) to Metabolic and cholestatic liver diseases (Dr. M. Trauner). After the lunch Dr. Benjamin Lebwohl has shattered some myths about celiac disease with undoubtable arguments. The seminar ended with a workshop where the members of the Faculty teach us how to present a clinical case by their own example – which I find very practical.

28 August, Tuesday. Wake up, breakfast, coffee... and listening lectures on Chronic Obstructive Pulmonary Disease (by Dr. W. Bulman). Group photo with Faculty. More lessons on Non-invasive and invasive evaluation of chronic liver disease and Portal vein thrombosis (by Dr. B. Sheiner). Although it is not my field I found these lessons very informative and very up-to-date. After the lunch half of my colleagues had their presentations. They were very nervous about this ... but they did a great job!

29 August, Wednesday. Liver diseases continued today – this time it was about hepatitis B/C, cirrhosis and portal hypertension (Dr. Thomas Reiberger) – very interesting topics, which erased a lot of questions from the fellows and discussions continued during the coffee break. After the lunch we had a free afternoon and we went to visit the historical center of Salzburg in a very friendly group of fellows from different countries. The beauty of the city and the view of mountains were really amazing. Allot of pictures will make this day memorable for long time...

30 August, Thursday. The day started with controversies in screening for colorectal cancer with Dr. Lebwohl and pulmonary cancer with Dr. A. Bulman and continued with a very detailed and complex lecture with trial results, on precision of oncology. After the lectures was time for the rest of fellow's presentations and mine also... I must admit I was very nervous, but friendly and kind position of the faculty gave me confidence. After dinner we enjoyed an amazing chamber music concert and listened...
to the music of Glinka, Mozart and Tchaikovsky. It was really in the spirit of this “city of music”... I’m really grateful to the organizer for this pleasant evening.

31 August, Friday. The last lectures ... Dr. Bulman came with exciting information about the progress in pulmonary medicine. He spoke about novel therapies, like robotic bronchoscopy, bronchial thermoplasty and about a new method which look like a video game – navigational bronchoscopy. Then Dr. Carvajal took us into the depth of principles of cancer treatment sustained by evidences from different trials. The fellows were very interested about the topic because it followed a lot of questions and interesting discussion which continued during the coffee break.
Many thanks to Dr. Joseph Tenenbaum for his lectures on cardiologic topics, so close to my heart, and an interesting case presentation.
After the lunch we wrote the post-test and it was much easier to do it than in the beginning, meaning that this course achieved its goals.
At Graduation Dinner, despite the solemnity and awards it was a little bit sad because for this short period we have become attached to each other. Dr. Joseph Tenenbaum has told his final speech, and we made group photos with Faculty.
Tomorrow is the departure. We will return to our families, work and daily problems, but we will keep in our minds this unique experience.
I would like to express my gratitude to the Faculty and AAF OMI organizers for this wonderful week and opportunity to learn from the best.

Cebanu Mariana, MD (Republic of Moldova)