HSS SEMINAR in SALZBURG

"Bone and Joint Surgery"

June 10 – 16, 2018
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SALZBURG HOSPITAL FOR SPECIAL SURGERY SEMINAR, BONE AND JOINT SURGERY

June 10 – 16, 2018

- 35 fellows from 29 different countries and regions
- 6 faculty members from the United States, Germany & Austria
- 21 lectures and 5 workshops given by faculty
- 35 interesting lecture presentations by fellows
- 5 excellent lecture presentation selected by faculty

Faculty Photo (L-R)
Bernard Rawlins, MD; Moira McCarthy, MD; Thomas Heyse, MD; Russell Windsor, MD; Reinhard Windhager, MD
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<td>Implant Mediated Guided Growth</td>
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<td>Total Hip Arthroplasty, Preoperative Planning &amp; Approaches</td>
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<td>Free Afternoon</td>
<td>Workshop in Pediatric IM Nailing and Implant Mediated Growth</td>
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<td>OMI/AAF PRESENTATION</td>
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<td>Daniel Green, MD</td>
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HSS SEMINAR in SALZBURG

"Bone and Joint Surgery"

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FACULTY
Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children’s Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkandlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg. As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the NewYork Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.

Wolfgang Aulitzky, MD

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Russell E. Windsor, MD (Course Director) is an Attending Orthopaedic Surgeon at the Hospital for Special Surgery in New York City. He is Professor of Orthopaedic Surgery at the Weill Medical School of Cornell University. He is also a member of the Knee Society, ISAKOS, The American Association of Hip and Knee Surgeons, the AAOS, the American Orthopaedic Association and the European Knee Society. His research interests revolve around Reconstructive surgery of the knee, with an emphasis on total knee replacement surgery, osteotomy and arthroscopy. In 2005, he was president of the American Knee Society and has over 150 publications and over 300 presentations throughout the world concerning knee replacement surgery. His avocations include classical music with classical piano performance as well as rowing.

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Reinhard Windhager, MD (Co-Course Director), born on 13th September 1957 in Linz, is an Austrian orthopaedic surgeon, who specialises in orthopaedic oncology and adult reconstruction. Reinhard Windhager graduated in 1981 at the University of Innsbruck. After training at the General Hospital in Linz and at the University Clinic for Orthopaedic Surgery in Vienna he became a medical specialist in orthopaedics in 1988. Between 1988 and 1997, Prof. Windhager worked at the University Clinic of Orthopaedics in Vienna, the Children’s Clinic in Glanzing and the St. Anna Children’s Hospital in various orthopaedic focal points. In 1995 Reinhard Windhager qualified as professor in orthopaedics and orthopaedic surgery and in 1997 was appointed full professor of orthopaedics and Head of the Department of Orthopaedics and Orthopaedic Surgery at the Karl-Franzens University in Graz and built this up to the University Clinic of Orthopaedic Surgery at the Medical University of Graz in 2001 and was appointed its Head. In 2010 he was appointed Head of the Department of Orthopaedic Surgery, Medical University of Vienna. In 2002 and 2003 Reinhard Windhager was President of the Austrian Society for Orthopaedics and Orthopaedic Surgery (ÖGO) and 2006 President of the Central European Orthopaedic Congress. Besides board memberships in numerous national and international societies Reinhard Windhager served as President of ISOLS (International Society of Limb Salvage) from 2014 – 2015 and 2017 as President of the Austrian Society of Surgery and Associated Speciality Societies. Since January 2018 he has been appointed chairman of the newly formed Department of Orthopaedics and Trauma Surgery at the Medical University of Vienna.

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Moira McCarthy, MD is an orthopaedic surgeon who specializes in sports knee and shoulder injuries and surgery. Dr. McCarthy grew up in the northeastern United States in the state of New York and completed her undergraduate studies at Princeton University in Princeton, New Jersey. She then graduated from Columbia University College of Physicians and Surgeons in New York City. She completed her orthopaedic surgery residency at the Hospital for Special Surgery in New York. Her fellowship training was also completed at the Hospital for Special Surgery in New York where she was a team physician for the New York Giants football team and the New York Liberty basketball team. Dr. McCarthy's research interests include anterior cruciate ligament injuries and surgical techniques, ACL graft techniques, and the meniscus. Recent publications include a publication in JBJS on resident and attending radiation exposure during orthopaedic surgeries and several publications in AJSM on ACL injuries in the WNBA and tibial slope as a causative factor for ACL injury. She serves as a peer reviewer for the American Journal of Sports Medicine. Dr. McCarthy is currently on the faculty of Hospital for Special Surgery as an Assistant Attending Orthopaedic Surgeon and as an Assistant Professor of Orthopaedic Surgery at New York Presbyterian Weill Cornell Medical Center.

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Daniel W. Green, MD, MS, FACS specializes in pediatric orthopedic surgery. While he enjoys the general nature of the field of pediatric orthopedic surgery and the ability to take care of patients just after birth into early adulthood, he also has a special interest in pediatric sports injuries and pediatric knee surgery. He is currently Director of the Pediatric Sports Program for the Division of Pediatric Orthopedic Surgery at the Hospital for Special Surgery (HSS). Dr. Green has practiced at HSS since 1998. Dr. Green enjoys teaching the specialty of orthopedic surgery to residents, fellows and medical students, and understands the value of mentorship. He believes that students of orthopedic surgery ought to have a thorough understanding of anatomy and basic science as a foundation for all that follows. He stresses the importance of the clinical diagnosis process including history, physical exam, diagnostic imaging, classification, treatment options, surgical treatment, and potential complications of treatment. Dr. Green’s current academic and research interests include pediatric knee surgery, pediatric ACL surgery, Juvenile OCD, Patella dislocation, pediatric growth plate surgery, pediatric fracture care, and osteogenesis imperfecta. He is also coeditor of a new textbook entitled *Pediatric and Adolescent Knee Surgery*.
Thomas J. Heyse, MD, PhD, Professor is an orthopaedic surgeon who specializes in treatment of hips and knees. Dr. Heyse was born in Kassel (Hesse, Germany) and raised in the province of Westphalia in the West of Germany. He graduated from the Westphalian-Wilhelms University Münster, Germany in 2003. He received Traumatology training in Osnabrück, Germany before joining the Department of Orthopaedic Surgery and Rheumatology of Marburg University, Hesse, Germany. He fulfilled internships in Paris with Dr. Philippe Cartier and at the Hospital for Special Surgery, New York, NY, with, among others, Drs. Richard Laskin and Russel Windsor. Dr. Heyse completed his residency in the summer of 2010 and became a junior attending at University Marburg. In 2011, Dr. Heyse started a one-year clinical fellowship in the Adult Reconstruction Service at the Hospital for Special Surgery, New York, receiving extensive surgical training. After his return to Marburg in 2012 he became head of the Arthroplasty Service in 2014. In 2018 Dr. Heyse joined an expert group of orthopaedic surgeons in Frankfurt and Offenbach. He now operates at the Red Cross Hospital in Frankfurt, Germany. His clinical focus is the surgical treatment of diseases of the hip and knee. Revision surgery is one of the main aspects along with primary total joint replacement and partial arthroplasty to the knee. Dr. Heyse is very experienced in hip arthroscopy and has served as instructor for this procedure at many international meetings. Dr. Heyse has published almost 100 manuscripts in international peer reviewed orthopaedic journals. His research interests include, among others, biomechanics of total and partial knee arthroplasty, analysis of retrieved knee implants, and the value of MRI following joint replacement. He has won several prizes on projects that dealt with kinematics of partial knee replacement and biomechanics of TKA. In 2014 he became editor to the journal of Archives of Orthopaedic and Trauma Surgery (IF 1.9). Dr. Heyse is fluent in German, English, French, and Dutch and speaks basic Spanish.

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Bernard A. Rawlins, MD is an orthopaedic surgeon who specializes in adult and pediatric spine disorders, including deformity, cervical spine disorders, spondylolisthesis, disc herniation and athletic spine injuries. He is the spine consultant for a number of professional teams including the New York Knicks and the New Jersey Nets. He graduated from Columbia University School of Engineering and Applied Science with both Bachelor’s and Master’s degrees in applied mechanics, and received his Doctor of Medicine degree from Cornell University. He completed his orthopaedic residency at Columbia Presbyterian Hospital in New York and a spine fellowship at the Minnesota Spine Center in Minneapolis. Dr. Rawlins research interests include spine mechanics, gene-mediated spine fusion, and surgical innovation. He has authored book chapters and published numerous articles in prestigious journals including the Journal of Biomechanics, Journal of Bone and Joint Surgery and the Journal of Spine. His work has resulted in patents and awards from the Orthopaedic Research Society, the Scoliosis Research Society and the Cervical Spine Research Society. Dr. Rawlins is Professor of Clinical Orthopaedic Surgery and Attending Orthopaedic Surgeon at the Weill Cornell Medical College, New York Hospital and the Hospital for Special Surgery.

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SALZBURG HOSPITAL FOR SPECIAL SURGERY SEMINAR, BONE AND JOINT SURGERY

June 10 – 16, 2018

SEMINAR DIARY FROM FELLOW

Diary of Aissulu Baimukanova, MSc
Scientific Research Institute of Traumatology & Orthopaedics, Astana, Kazakhstan

Sunday, 10.06. Arrival day.
It was an exhausting flight, only beautiful weather and an awesome city view could inspire me. I had reached my destination just in time for the welcome dinner with the supervisors and speakers for the seminar. The dinner was a good opportunity to meet with other participants from different countries in a comfortable and friendly atmosphere. After dinner, I got some much needed sleep and rest.

Monday, 11.06. The seminar started at 8 am. Everybody gathered in the lecture hall after breakfast. The course director Dr. Russel E. Windsor had opened the seminar and spoke about the aim and goals of the seminar. The pre-seminar test was rather complicated. It seemed that there was more than one correct answer and questions were related to such aspects of orthopedics that occurred only a few times in my practice.

The lecture conducted by Dr. Moira McCarthy about Shoulder instability, ACL Tears, and Rotator Cuff Tears was very informative and I got answers to questions were raised during my practice.

Before the coffee break all participants gathered to take a group photo.

After lunch, everybody attended the last lecture of that day about shoulder fractures presented by Dr. M. McCarthy. All of the lectures had active discussions since they were interesting for many participants.
Upon completion of the educational process, we had an opportunity to visit the historical center of Salzburg. Our group consisted of representatives of Ukraine, Belarus, Kyrgyzstan, Moldova and Kazakhstan.

**Tuesday, 12.06.** The agenda for the second day was very intensive and included challenging issues on “Treatment of the Infected TKA,” “Revision TKR,” as well as “Utilization of UniTKA and Osteotomy.” It is noteworthy to point out that Dr. Russel Windsor brilliantly presented his material and fully answered all questions. Upon my return, I will definitely share materials with my colleagues engaged in this area.

After lunch, fellows’ case presentations were presented. It was a very emotional moment and I was nervous about every participant’s presentation and even more worried about my own.

The training process concluded with a workshop in “Total Knee and UKA.” It was interesting to practice TKA stages in practice (though on artificial joints).

We had dinner followed by a walk to the city.

**Wednesday, 13.06.** The third day of the program covered other acute issues such as “Total Hip Arthroplasty” and “Revision THA, Indications, Preoperative Planning, etc.” The lectures provided by the co-course director Reinhard Windhager were interesting; however, it was a little difficult to perceive information due to small and sometimes indistinct pictures on the slides. We were glad to have lectures full of clinical cases and surgery steps, since it is always interesting to learn treatment modality and equipment capacity of this or that hospital.

The free afternoon of that day made us happy. In spite of the rain, we could visit the city and go shopping.

**Thursday, 14.06.** The fourth day was completely devoted to Pediatric Orthopedics. It was very interesting although I don’t face it often. I received many useful things for myself. The fellows’ case presentations section was presented before and after lunch. I presented my presentation in the afternoon. Of course, I was very nervous and happy to receive answers to my questions. After all of the presentations, the workshop on “Pediatric IM Nailing and Implant Mediated Growth” started. During this workshop, we learnt this method in detail and did practical exercises on artificial bones.

After dinner, we enjoyed the magnificent Chamber Music Concert organized for us. The classical music always sounds great, and it was a beautiful conclusion of the day.

**Friday, 15.06.** The last day of the program was devoted to Adult and Adolescent Idiopathic Scoliosis. As for me, this was difficult to perceive because I know only a little bit about neurosurgery. However, the scoliosis problem is very acute.

The overall agenda of the seminar covered all modern areas of orthopedics that is very useful for our outlook and personal development. The information obtained during the workshop can be applied in everyday practice.
The workshop was followed by the Graduation Dinner. During the dinner, all participants shared their opinions and expressed gratitude towards organizers and speakers of the great workshop.

Thank you to the Faculty and Administration of Schloss Arenberg for this wonderful week. It was a great opportunity to meet colleagues from other countries, share experiences and expand my knowledge.

I would like to wish everybody success, new achievements, and express hope for further cooperation.

_Baimukanova Aissulu (Kazakhstan)_
10 June, Sunday evening

I arrived to Salzburg after a 2-hour flight from Istanbul and then took the bus to Volksgarten bus station. After getting off, I just realized that several other fellows were also in the same bus! We found the Schloss Arenberg building easily. After a quick check in, we gathered in the garden with the other fellows and the faculty from all around the world. I mean, literally! From Mexico to Ethiopia, from Tanzania to Tajikistan, there were 36 fellows from 26 different countries and plus the faculty from Austria, Germany and United States of America. Also it was a great privilege to have faculty from a world-leading orthopaedic hospital, Hospital for Special Surgery. So my first impression was; what a great seminar is this!

After the welcome reception, we had a dinner and the chance to meet with some fellows. This is my first visit to Salzburg. I have heard a lot of nice things about this city, so I am eagerly waiting to discover it!
11 June, Monday
After breakfast, we started the day with a pre-seminar test. Then Dr. Moira McCarthy gave us lectures about shoulder instabilities, anterior cruciate ligament tears, rotator cuff tears and shoulder fractures. She was also kind to share her own experiences and preferences in her daily orthopaedic practices, which I think is more valuable than reading a textbook. Also sports medicine is an area which I am more interested in, so these lectures were really useful for me to apply in my daily practice. After the lectures we went out to discover beautiful and sunny Salzburg. For the first day, we wandered around Salzach river and went to Mirabell Palace and its beautiful gardens.

12 June, Tuesday
Today is an arthroplasty day! Before noon, Dr. Russell Windsor gave us lectures about unicondylar, total and revision knee arthroplasties. He shared his experiences, which are reflective of his many years of practice! After lunch, some fellows, including me, presented our cases. There were a lot of interesting, complicated and educational cases. We, once again, witnessed that there is not only one choice of treatment! And it was a great privilege to see all those cases from all around the world, the approaches and the results.

After the case presentation, it was time for some practice! We had a unicondylar and total knee workshop on sawbones. It was a great chance to interact with experienced surgeons and learn their tips and tricks!

13 June, Wednesday
Today was another day for arthroplasty, but this time, it was the hip's turn! Dr. Reinhard Windhager from University of Vienna was with us before noon and he gave us lectures about total and revision hip arthroplasty, preoperative planning, approaches, implant selection, and designs and bearings. He also gave detailed information on how to manage dislocation, infection and bone defects in patients with hip arthroplasty.
Today we had a free afternoon, but what a pity, it rained all day and night. So we decided to stay at Schloss Arenberg and spend some time with friends. Also it was a chance for me to review some of my research paper works. You know the saying; “Time is precious, waste it wisely!”

**14 June, Thursday**

Thursday was the day that I was impatiently awaiting, because pediatric orthopaedics is one of my favorite topics! Dr. Daniel Green was with us during the whole day and he gave us lectures about pediatric anterior cruciate ligament injuries, implant mediated guided growth, patellar instability, osteochondritis of the knee and osteogenesis imperfecta. He also shared some nice and interesting cases which he faced in his practice. After the lectures and lunch break, the other fellows who didn’t present their cases on Tuesday made their case presentation. Again, we had the chance to witness different approaches from different parts of the world and to do some brainstorming. After case presentations, we attended the workshop about pediatric intramedullary nailing and implant mediated growth. It was a great opportunity to discuss and learn the surgical technique and get advice from Dr. Green.

In the evening we had the chance to see more of Salzburg! We visited Hohensalzburg castle and watched Salzburg from above! We visited Salzburg Cathedral and Mozart’s house, wandered on Getreidegasse street and tasted some Austrian pastry! Then we turned back to Schloss Arenberg and enjoyed the chamber music concert!

**15 June, Friday**

Today is the last day. Dr. Bernard Rawlins was kind enough to come all the way from United States and spend his days with us, just like other faculty that I mentioned before. He gave us great lectures about spine, including topics like; adult scoliosis, adolescent idiopathic scoliosis, spondylolisthesis, spondylolysis and cervical disc degeneration. After the lectures we again had the chance to attend a workshop, for the third time! To be fair, it was absolutely excellent that this 5-day seminar included 3 different workshops. It is not something that every organization can manage to arrange.

After the workshop, farewell reception and graduation dinner took place. We received our attendance certificates and shared our feedback. It was time to say goodbye. Tomorrow we are going to head back to our countries with beautiful memories and of course lots of new knowledge to use in our daily
orthopaedic practices. At the end of the seminar, my impression was a little bit different from the first day; what a fascinating seminar that was!

Thanks to all faculty and administration teams for making this great seminar happen and I hope to come back again in the near future!

Dr. Bedri Karaismailoglu
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