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<th>Sunday 27 August</th>
<th>Monday 29 August</th>
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<tr>
<td><strong>07:00 – 08:00</strong></td>
<td>BREAKFAST</td>
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<td>08:00 – 09:00</td>
<td>Welcome and Introductions Jennifer Hwang, MD</td>
<td>Pain Management: Opiates Shefali Parikh, MD</td>
<td>Communication Tool Box #2 Jennifer Walter, MD</td>
<td>Care of Children with Complex Heart Disease Gina Santucci, CRNP</td>
<td>Palliative Care in Austria Regina Jones, MD</td>
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<td>09:00 – 10:00</td>
<td>Introduction to PPC Jennifer Hwang, MD</td>
<td>Communication Tool Box #1 Jennifer Walter, MD</td>
<td>Ethics and Palliative Care Jennifer Walter, MD</td>
<td>Communication Tool Box #3 Jennifer Hwang, MD &amp; Jennifer Walter, MD</td>
<td>PPC Program Development Gina Santucci, CRNP &amp; Shefali Parikh, MD</td>
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<td>10:00 – 10:30</td>
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<td>10:30 – 11:30</td>
<td>Pediatric Symptom Assessment Gina Santucci, CRNP</td>
<td>Support of Parents &amp; Anticipatory Grief Dana Dombrowski, MSW, LSW</td>
<td>Research in Palliative Care Jennifer Walter, MD</td>
<td>Care of Children with Advanced Cancer Shefali Parikh, MD</td>
<td>Bereavement Dana Dombrowski, MSW, LSW</td>
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<td>11:30 – 12:30</td>
<td>Psychosocial &amp; Spiritual Assessment Dana Dombrowski, MSW, LSW</td>
<td>Talking to Children about Death and Dying Dana Dombrowski, MSW, LSW</td>
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<td>End of Life Care Gina Santucci, CRNP &amp; Shefali Parikh, MD</td>
<td>Sustainability &amp; Resilience Gina Santucci, CRNP, Shefali Parikh, MD &amp; Dana Dombrowski, MSW, LSW</td>
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<td>12:30 – 14:00</td>
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<td>14:00 – 15:00</td>
<td>Pain Management: Non-Opiates Gina Santucci, CRNP</td>
<td>Workshop Fellows’ Case Presentations</td>
<td>Free Afternoon</td>
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<td>Post-Seminar Test Evaluation &amp; Discussion</td>
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<td>15:00 – 16:00</td>
<td>Workshop* How to Present a Case</td>
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<td>16:00 – 17:00</td>
<td>Workshop* Case presentations by Faculty to Fellows</td>
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<td>17:00 – 18:00</td>
<td>17:00 – 17:15 OMI/AAF Presentation</td>
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<td>18:00 – 19:00</td>
<td>Faculty Only Meeting to Review the Week</td>
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<td>19:00 – 20:00</td>
<td>Welcome RECEPTION</td>
<td>DINNER Faculty Dinner in Private Home</td>
<td>DINNER</td>
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<td>Graduation DINNER Certificates Awarded</td>
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<td>20:00 – 21:00</td>
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CHOP SEMINAR
in
SALZBURG

“Pediatric Palliative Care”
August 27 – September 2, 2017

FACULTY
Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children’s Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkandlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg.

As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the New York Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.

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Jennifer Hwang, MD, MHS (Course Director) is a general pediatrician who specializes in pediatric hospice and palliative medicine. She attended high school in Moorestown, New Jersey and went on to earn a Bachelor of Arts in The History of Science, Medicine and Culture at The Johns Hopkins University in Baltimore, Maryland and a Masters in Health Science in Maternal and Child Health from The Johns Hopkins Bloomberg School of Public Health in Baltimore, Maryland. She attended medical school at The College of Human Medicine in East Lansing, Michigan. She completed her pediatrics residency and chief residency at The Children’s Hospital of Philadelphia. Her clinical practice began in oncology and bone marrow transplant where she worked as a generalist and developed her skills managing complex symptoms and supporting children and families facing life limiting illness. She had the good fortune to become part of the Pediatric Advanced Care Team (PACT) at The Children’s Hospital of Philadelphia early on, first as a learner and later as an attending.

At present, Dr. Hwang works full time in pediatric palliative care caring for infants, children and adolescents with life threatening illnesses both in the hospital and at home with hospice support. She also serves as Director of Education for the PACT team and Director of the Hospice and Palliative Medicine Fellowship at The Children’s Hospital of Philadelphia. Dr. Hwang’s academic interests include primary and subspecialty palliative care education and teaching advanced communication skills to physicians and nurse practitioners at all levels of practice using VitalTalk methodology. Recent publications include a case series in the Journal of Palliative Medicine describing the provision of palliative care to three infants with congenital disorders of glycosylation and a descriptive paper in the Journal of Pain and Symptom Management describing the development of Entrustable Professional Activities for hospice and palliative medicine fellows. Dr. Hwang is currently on the faculty of The Perelman School of Medicine at the University of Pennsylvania and The Children's Hospital of Philadelphia as an Assistant Professor of Clinical Pediatrics. She lives in Collingswood, New Jersey with her husband, Stephen, and her sons, Jacob and Matthew.

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Dana Dombrowski, MSW, LSW is a social worker specializing in pediatric palliative care. She graduated from the University of Connecticut in 2003 with a BS in Family Development and a minor in Sociology. She went on to attend graduate school at the University of Pennsylvania where she received her Master’s degree in Social Work in 2005. Upon completion of this program, she obtained her LSW and was hired by The Children’s Hospital of Philadelphia as a Pediatric Oncology Social Worker. She worked in that position specializing in patients with a terminal cancer diagnosis, grief and loss for over 8 years. In 2013, Dana joined CHOP’s palliative care team (PACT Team) as their social worker and psychosocial program coordinator. In this role, she directly supports patients and families and has worked to create support programs specifically for bereaved siblings.

She lives with her husband Stan and son Connor in Pennsylvania.

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Regina Jones, MD is a consultant in pediatric hematology, oncology and rheumatology and is currently running a specialist outpatient department in the Children’s Hospital, Salzburg. For the last 12 years, she has been the medical leader of a pediatric palliative care team in Salzburg, primarily for oncological patients, and since 2015 she is working in the multidisciplinary PPC team PAPAGENO caring for children and young adults with life limiting diseases in the area. She has been a supervisor for establishing PPC in Austria over the last decade and leads the PPC working group of the Austrian Society of Pediatrics.

Regina Jones was born in Salzburg and did her medical degree in Innsbruck. As part of her postgraduate education she worked as a registrar at the Hospital for Sick Children, Great Ormond Street, London, at the department of oncology and immunology. Her research interest was hemophagocytic lymphohistiocytosis. There she was very impressed with the work of the PPC team of Anne Goldman and decided to introduce the idea of PPC after returning.

Regina Jones has teaching responsibilities for PPC at the Paracelsus Medical University in Salzburg. The PPC working group of the Austrian Society of Pediatrics developed standards for management of pain and nutrition in the severely ill child. Her main interest, however, is clinical work looking after children and young adults with life limiting illnesses as part of a multimodal concept taking into account the familial and psychosocial aspects of the patients.

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Shefali Parikh, MD is a pediatric palliative care physician, with a background in pediatric hematology/oncology. Dr. Parikh grew up in New York and New Jersey and completed her undergraduate studies at Duke University in Durham, North Carolina. She graduated from Rutgers – New Jersey Medical School and completed her pediatrics residency at Children’s Hospital of Philadelphia (CHOP) in Philadelphia, Pennsylvania. She completed fellowship training in pediatric hematology/oncology and subsequently in pediatric hospice and palliative medicine, both at CHOP. She remained at CHOP after fellowship training as full-time faculty in palliative care.

Dr. Parikh is currently the medical director of the pediatric palliative care team (Pediatric Advanced Care Team) at CHOP. Her interests are in providing excellent clinical palliative care to children and their families faced with serious illness, promoting quality improvement within pediatric palliative care, sustainability and resilience at a team and personal level, and improving education in empathetic communication techniques.

Dr. Parikh holds an appointment of Assistant Professor of Clinical Pediatrics at the Perelman School of Medicine in Philadelphia, Pennsylvania. She resides in Philadelphia with her husband and two daughters.

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Gina Santucci, R.N., MSN, FNP, APRN-BC is a board-certified family nurse practitioner with the Pediatric Advanced Care Team at The Children's Hospital of Philadelphia (CHOP). Gina received a master's degree in nursing from Drexel University and has over 30 years of nursing experience in pediatric critical care. She was a founding member of the pediatric palliative care team at CHOP, which was started in 2003, and is a national nursing leader in the practice of pediatric palliative care. Gina is a member of the Hospice and Palliative Nurses Association as well as a member of the American Academy of Hospice and Palliative Medicine. She has contributed publications and chapters for numerous peer-reviewed journals and texts and is a reviewer for journal submissions as well. She is the editor for the ‘Core Curriculum for the Pediatric Hospice and Palliative Nurse’ editions one and two. She has lectured extensively in pediatric palliative care and lectures regularly at the University of Pennsylvania School of Nursing. She is also a member of the CHOP ethics committee. Her clinical interests and expertise include pain and symptom management at the end-of-life and palliative care education for nurses and residents. Gina lives just outside of Philadelphia, Pennsylvania, with her husband.

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Jennifer K. Walter, MD, PhD, MS is an Assistant Professor of Pediatrics at the University of Pennsylvania Perelman School of Medicine, and an attending physician in General Pediatrics and Pediatric Palliative Care at Children’s Hospital of Philadelphia (CHOP). She is also the Director of Education in the Department of Medical Ethics at CHOP and a secondary faculty member in the Department of Medical Ethics and Health Policy in the Perelman School of Medicine. Dr. Walter attended the Georgetown University School of Medicine, where she earned her MD and PhD in Philosophy with a concentration in Ethics in 2007. She also was a Robert Wood Johnson Foundation Clinical Scholar and has a Masters in Health and Health Care Research.

Since her training in both medicine and philosophy, Dr. Walter has worked at the intersection of clinical practice and bioethics with an emphasis on the physician-patient relationship and family-centered care. Her current research focuses on facilitating and improving communication between the health care team and families of children with serious illness. She is developing interventions to better train interprofessional teams in collaboration and communication to improve outcomes for patients and families. She has received grant funding from the National Palliative Care Research Center and is a Cambia Foundation Sojourns’ Scholar. She lives in Philadelphia with her partner Rafi and their daughter, Amalea.

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CHOP SEMINAR in SALZBURG

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Although historically medical care has focused on improving health, the palliative and hospice care movements in the 20th century showed that medicine has the responsibility to do much more than just heal. While the layman might equate health with quality of life, palliative care professionals acknowledge the fact that some people are beyond a cure, and as such demand a different type of treatment. Instead of treating a cause or diagnosis, palliative care recognizes that the goals in treatment change as a condition progresses. Palliative care has only gained traction in the last few decades, with the more general hospice care doing so only slightly before. However, as numerous studies have shown, these programs undoubtedly increase patients’ quality of life.

The Salzburg Open Medical Institute was fortunate enough to host members of one of the most developed pediatric palliative care programs in America—that of the Children’s Hospital of Philadelphia (CHOP). The team consisted of not only current director of hospice and palliative care at CHOP, Jennifer Hwang, but also the founder of the pediatric palliative care unit herself, Gina Santucci. Fellows also welcomed members of CHOP’s Pediatric Advanced Care Team (PACT), like medical director Shefali Parikh and director of psychosocial support Dana Dombrowski. Unlike other seminar topics, which draw faculty from one specific field or sub-set of medicine, palliative care brings in knowledge from many disciplines, as it deals in much more than just physiological medicine. Of particular interest were a lecture on grief given by psychologist Dana Dombrowski and a lecture on the ethics of palliative care, given by philosopher Jenifer Walter. The American team from Philadelphia was joined by Salzburg local and native Regina Jones, who provided an invaluable complementary European perspective on palliative care.

The week got off to a great start with a welcome reception and dinner on Sunday night, which the weather permitted to take place outside. Course director Jennifer Hwang introduced her impressive team in quite a humble manner, which really impressed upon all just how special this group of professionals was. Each day the fellows received four lectures before lunch. The time after lunch was dedicated to fellows’ case presentations, which each of them brought from their own practices. Of the 23 cases presented, the faculty selected 14 for special recognition and placement in our online library. Far more important than the recognition given to fellows is the intangible and unmeasurable amount of knowledge exchanged, and the friendships formed during the week.

The American Austrian Foundation cherishes our long-standing relationship with the Children’s Hospital of Philadelphia, and the Salzburg Open Medical Institute was pleased to host their doctors once again within our halls. Collectively, we wish these fellows the best of luck in their practices, and hope to collaborate with them in the future.
Sunday, 27 August - I have just visited the reception of Schloss Arenberg 10. After some time I met other attendances as strangers. We were full of enthusiasm about future seminars day and were glad to meet each other and our faculty. There were 29 selected applicants. We are lucky now! Hello, Salzburg, the city of my dream!

Monday, 28 August - Course Director Jennifer Hwang, M.D. showed us presentations after introducing Children’s Hospital of Philadelphia where all the faculty are from. Honestly, I did not have enough knowledge about PEDIATRIC PALLIATIVE CARE. During the second lecture I started getting knowledge day by day. We had a training to get these abilities. In the third part we spoke about disadvantages and advantages of lecture, discussion and workshop. Organization part of the seminars also wondered me. Breakfast, Coffee break, lunch and dinner was on time with delicious and tasty food.

Tuesday, 29 August – There were also helpful presentations. I think, all participants got skillful information. One of the most interesting sides of presentations was for me that showed native English speakers. During presentations, I asked questions about pediatric palliative care system which I needed to know. At first the participants made their 10-minute reports and then their colleagues gave them 5-minute feedback. All lecturers complied with requirements: made exciting presentations with visual rows, involved listeners, wrote goals and objectives and so on. The atmosphere in all groups was very friendly day by day. All of us found this work very useful and productive. Thanks for our supervisors and colleagues!

Wednesday, 30 August - We had 4 lectures by excellent professors. After daily seminars we visited many sightseeing places in Salzburg till supper. For example, Mozart’s house, Mirabel garden, beautiful bridges, shops and museums as well. Salzburg is wonderful!!! There are so many places to visit and to be delighted with. I regret to say we have only half-a-day for sightseeing. I said “I shall come again” in my own mind.

Thursday, 31 August – Today’s lectures were more interesting. Because, our teachers showed us how to make conversation between doctor and patient’s relatives or parents about bad news. I said that “teacher you are also actress”. All attendants laugh you know. Thank god! My case presentation also selected for sharing to all members I showed them. It was very useful training; for example, I understood that I should be more flexible in giving feedback to my subordinates, not to press them. I think I’ve remembered it for all my life. Thanks to the seminar again.
**Friday, 1 September** – Today was also interesting. Participants talk to each other like siblings. We found out a lot about Open Medical Institute from the great presentation. At the end of our work day we had a discussion about barriers to great education in different countries and we came to the conclusion that this seminar was very valuable and helpful on our way to the improvement of medical education in our countries. Mostly all participants wanted this course to be continued. I just opened the group of Pediatric Palliative Care on Facebook. We arranged already about keep in touch and exchange our experience.

That day was for me historical and top of the seminars you know. Firstly, certificates were given by our teachers to us during delicious gala dinner. Secondly, 1st of September is the Independence Day of Uzbekistan.

Hundreds of pictures were taken. Thanks to OMI-team, that had prepared a booklet with telephone numbers and e-mails of all the participants of the seminar including the faculty, we don’t need to run round and take the data. That day was our last day, tomorrow we will separate as a family member.

Unfortunately, WE MET LIKE STRANGER BUT SEPARATE AS A FAMILY MEMBERS. That day was full of sad emotions, because in several hours we had to leave the Schloss Arenberg.

I hope that it is not the end, it is just the beginning... the beginning of friendship and partnership. Thank you a lot, sponsors, faculty, reception stuffs, colleagues and all OMI-team!!! I never forget the time which I spent in Salzburg!!!

Sincerely yours,

Bahtiyor Jabborov
It was in the afternoon of July 4, when I received the exciting news. ‘Dear Tigist Melesse; it is our pleasure to inform you that you have been selected to attend the AAF/OMI pediatric palliative care seminar.’ Wow, since then I waited with huge excitement for almost two months and this is how it went.

**Sunday, 27 August** - Salzburg, Austria- We arrived almost at noon. The weather was bright and welcoming. I took a bus to Schloss Arenberg and was amazed to see the beautiful city on my way there. To say the truth I was a little bit frightened. Reaching there it was a warm reception desk and later on a very warm reception and dinner. The welcoming speech by Wolfgang Aulitzky MD gave us an idea what we are about to do. Everyone especially the faculties were so friendly. I felt lucky to be one of the 29 fellows of the 132 applicants.

**Monday, 28 August** - After a good night’s sleep, we started our seminar ‘pediatric palliative care (PPC)’. It was started by a warm introduction of PPC by the course director Jennifer Hwang, MD after of course the pretest, which was followed by pediatric symptom assessment by Gina, psychosocial and spiritual assessment by Dana. The entire faculties were excellent and they know what they are doing. In the afternoon we introduced each other which was supposed to be in the morning but reshuffled to the afternoon due to time. It was entertaining and the bond that was created the previous night further strengthened. We also had a lecture on pain management by non-opiates then we learnt about how to present a case with examples. I was attending each with eyes and ears wide open because compared to the setup where I was from, it was incredible. I was thinking what we were doing back home because I have learned so many new things and approaches even on day 1.

**Tuesday, 29 August** - A delicious breakfast.... Lectures by Shefali Parikh, MD on pain management by opiates. We learned about the different options to be used. Then after was an excellent role play by the two Jennifers about communicating bad news to a parent and decision making. Lectures were also given on support of parents and taking to children about death and dying, which usually is a difficult part but Dana made it easy looking sharing her experiences. The afternoon was fellow’s case presentations. There were many excellent cases shared from different setups.

**Wednesday, 30 August** - Morning started by ethics and palliative care, followed by research in palliative care by Jen. Walter which was motivating to do more researches. Then again the fantastic role play on a case of child with neurologic disease continued. Free afternoon- the long waited afternoon, because it was not enough to explore the beautiful city of Salzburg only after the daily seminars. There were multiple teams. I went to Euro Park with one of them.
Thursday, 31 August - Today was more of practical sessions, with care of children with complex heart disease and advanced cancer. There was a role play; I rather call it a well done movie, by the entire faculty on how to communicate families about palliative care, involving them in their child’s decision and follow up. Everything was organized. It was far beyond what we do in my setup and I promised myself I would change many things based on what I gained from the seminar. Afternoon was continuation of fellow’s case presentations and it was interesting. What made Thursday night special was the chamber music concert. I have never seen such an event up close and I was amazed and entertained much. Thank you performers and organizers.

Friday, 1 September - There is always a last day or time for something started. So, today is that last day for us. The course director decided to give us a free afternoon. We learned about palliative care in Austria, which is one of the 20 countries who have successfully incorporated and implemented palliative care into their health care system. Lectures were also given on PPC program development, bereavement, sustainability and resilience. Finally, we took post- seminar test. Going through the test I was feeling how much I have gained and the changes I made after the seminar. I will directly implement the things I learned into care.

The free afternoon gave us the chance to see again the castle, the Mozart’s museum and also the park.

I would run out of words if I start speaking about the farewell reception and dinner. Everything was so beautiful. The dinner, the speeches, presents, our certificates, fellows’ contact books and everything.

Though it is sad leaving, we had an incredible week. Adding knowledge, making friends and refreshing. I hope we will make you proud by practicing what you thought us.

Thank you Schloss Arenberg teams, faculty and whoever participated to make this seminar a reality. I hope we meet again.

Kind regards
Tigist Melesse
Ethiopia