CHOP SEMINAR in SALZBURG
In Collaboration with the Medical University Graz

"Pediatric Allergy and Immunology"

5 February – 11 February, 2017
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Kathleen Sullivan, MD; Eva-Maria Varga, MD; James Corry, MD;
Antonella Cianferoni, MD; Shiang-Ju Kung, MD

Group photo of Faculty and Fellows:
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<tr>
<td>08:00 – 09:00</td>
<td>I Introductions</td>
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<td>Preschool Wheeze –</td>
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<td>Rhinitis Shian-Ju Kung</td>
<td>Evaluation &amp; Treatment</td>
<td>Review of Guidelines</td>
<td>Management &amp;</td>
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<td>MD</td>
<td>James Corry MD</td>
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<td>Prevention Eva-Maria</td>
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<td>Varga MD</td>
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<td>09:00 – 10:00</td>
<td>Introduction to</td>
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<td>Testing for</td>
<td>Spirometry in Pediatric</td>
<td>Asthma Phenotypes</td>
<td>Urticaria &amp;</td>
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<td>Immune Deficiencies</td>
<td></td>
<td>Environmental</td>
<td>Asthma Shiang-Ju Kung</td>
<td>&amp; Severe Asthma</td>
<td>Angioedema –</td>
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<td>Kathleen Sullivan MD</td>
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<td>Allergy Shiang-Ju Kung</td>
<td>MD</td>
<td>Management &amp;</td>
<td>Evaluation &amp;</td>
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<td>Prevention</td>
<td>Treatment Shiang-Ju</td>
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<td>10:00 – 10:30</td>
<td>COFFEE BREAK</td>
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<td>Kung MD</td>
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<td>10:30 – 11:30</td>
<td>Unusual Viral</td>
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<td>Food Allergy- IgE &amp;</td>
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<td>Deficiencies</td>
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<td>Children Eva-Maria</td>
<td>Antonella Cianferoni</td>
<td>Antonella Cianferoni</td>
<td>Treatment Shiang-Ju</td>
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<td>Kathleen Sullivan MD</td>
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<td>Kung MD</td>
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<td>11:30 – 12:30</td>
<td>Allergic Diseases-The</td>
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<td>How to Manage</td>
<td>Eosinophilic</td>
<td>State of Art in Food</td>
<td>Venom Allergy &amp;</td>
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<td>Epidemic of Our</td>
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<td>Antibody Disorders</td>
<td>Esophagitis</td>
<td>Allergy Therapy</td>
<td>Immunotherapy</td>
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<td>Century</td>
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<td>Kathleen Sullivan MD</td>
<td>Antonella Cianferoni</td>
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<td>Eva-Maria Varga MD</td>
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<td>12:30 – 14:00</td>
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<td>14:00 – 15:00</td>
<td>Recognizing Syndromes</td>
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<td>Workshop*</td>
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<td>Kathleen Sullivan MD</td>
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<td>15:00 – 16:00</td>
<td>Workshop*</td>
<td>Free Afternoon</td>
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<td>16:00 – 17:00</td>
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<td>17:00 – 18:00</td>
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<td>18:00 – 19:00</td>
<td>Faculty Only</td>
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<td>Farewell RECEPTION</td>
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<td>Meeting to Review</td>
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<td>19:00 – 20:00</td>
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<td>RECEPTION</td>
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<td>Cookies Awarded</td>
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<td>20:00 – 21:00</td>
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CHOP SEMINAR
in
SALZBURG

"Pediatric Allergy and Immunology"

February 5 – February 11, 2017

FACULTY
Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children’s Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckerkanndlpres of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg.

As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the NewYork Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.

Wolfgang Aulitzky, MD

Director, Open Medical Institute
American Austrian Foundation

Gerhard Andlinger Professor and Associate Dean for International Medicine & Distance Learning
Adjunct Professor of Clinical Urology
Adjunct Professor of Clinical Reproductive Medicine
Weill Medical College of Cornell University

Associate Professor of Urology
Medical University of Innsbruck, Austria

Visiting Professor
Medical University of Vienna

Mailing address:
Kärntner Straße 51/II/Top 4
1010 Vienna, Austria

Phone: +43-1-533 8658
Fax: +43-1-533 8658-10
Email: w.aulitzky@openmedicalinstitute.org
James Corry MD (Course Director) is an allergist with a special interest in childhood asthma. Dr. Corry spent his youth in St. Louis, Missouri and continued in the practice of allergy immunology in the same location for most of his career. He was an undergraduate at Grinnell College in Grinnell, Iowa. He attended Washington University Medical School followed by a fellowship in Allergy Immunology at National Jewish Hospital and Research Center in Denver, Colorado. He then returned to St. Louis and was in private practice, caring for children and adults with allergies and asthma for three decades. In addition, he was co-director and then attending physician in the Cystic Fibrosis Center at St. Louis Children’s Hospital from 1978 until 2000. He was attending physician in the allergy clinic at St. Louis Children’s Hospital from 1978 to 2007 where he taught residents and fellows in training. He was a co-investigator for the NIH sponsored Childhood Asthma Management Program (CAMP) and Childhood Asthma Research and Education Network (CARE). These studies focused on defining the best care for children with asthma. He finished this stage of his career as Professor of Clinical Pediatrics at Washington University Medical School. In 2007 he joined the Division of Allergy Immunology at Children’s Hospital of Philadelphia and continues to care for children along with teaching residents and fellows. He is currently Program Director for the Allergy Immunology Fellowship at CHOP. He lives with his wife, Sandra, and has two grown children and three grandchildren living in New York and Wisconsin.

James Corry MD  
Attending Physician  
Program Director Allergy Immunology Fellowship  
Children’s Hospital of Philadelphia  
34th and Civic Center Blvd.  
Philadelphia, PA 19106  
USA  

Phone: +1-215-590-2549  
Fax: +1215-590-4529  
Email: corryj@email.chop.edu
Eva-Maria Varga MD (Co-Course Director) is a pediatric pulmonologist and allergist with a special interest in allergen specific immunotherapy. Dr. Varga obtained her medical degree at Karl-Franzens University in Graz in 1988 and shortly after graduation, became in charge of the lung function laboratory at the Dept. of Pediatrics in Graz, where she also started research in potential late phase asthmatic reactions following cold air challenge tests in children.

After completing different house officer jobs, she commenced her pediatric education at the Dept. of Pediatrics in Graz and became a consultant at the newly founded Pediatric Respiratory and Allergic Disease Division at the Childrens’ Hospital in Graz.

Dr. Varga then did clinical research at the University Hospital in Zürich at the Allergy Unit of the Dermatology Department (1995) followed by a two year research fellowship at Imperial College London (1997-1999) working on immunological mechanisms of allergen immunotherapy and allergic asthma. Upon her return to Graz, Austria, she received her lectureship in 2001 and apart from her clinical work, has been involved in undergraduate teaching and research, predominantly on insect venom allergen and - immunotherapy in children and on the asthma preventive effect of oral grass pollen tablet immunotherapy in children. Until November 2015, she was the national study co-ordinator for the GAP (Grazax asthma prevention) trial, a large European multi-centre study and managed to retain the highest number of trial patients over the five year study period. Dr. Varga also collaborates with the Pathophysiology Unit of the Medical University in Vienna on peanut allergy and sensitization profiles to peanut in the Austrian population.

Professor Eva-Maria Varga was a local organizing committee member for the Pediatric Asthma and Allergy conference in Berlin (PAAM) in 2015 and served as a local organizing committee member for the EAACI annual allergy congress in Vienna in 2016.

Currently, Dr. Varga is involved in the development of the Allergen Immunotherapy Guidelines by the European Academy of Allergy and Clinical Immunology (EAACI) and is co-chairing the Task Force on Insect Venom Allergen Immunotherapy. She is also Section Board Member of the Immunotherapy Interest Group at EAACI and Board Member of the Austrian Society for Allergy and Immunology (ÖGAI).

Prof. Eva-Maria Varga, MD  
Medical University of Graz  
Dept. of Pediatric and Adolescent Medicine  
Respiratory and Allergic Disease Division  
Auenbruggerplatz 34/2  
8036 Graz  
Austria  

Email: evamaria.varga@medunigraz.at
Antonella Cianferoni, MD is an experienced, ABAI certified, practicing pediatric allergist with a special clinical and research interest in food allergy. She practices pediatric allergy and immunology at the Children's Hospital of Philadelphia, Allergy Division and Center for Pediatric Eosinophilic Disorders.

Dr Cianferoni is originally from Florence, Italy, where she received her medical degree and her Ph.D. in immunology at the University of Florence, Italy. She did also her first residency school in pediatrics at the A Meyer hospital in Florence. She then pursued opportunities in the United States, including a research fellowship at Johns Hopkins, a clinical fellowship in Allergy and Immunology at Boston Children's Hospital and residency in Pediatrics at the Children's Hospital of Philadelphia. She joined the faculty of the Department of Pediatrics, Perelman School of Medicine, University of Pennsylvania, Allergy and Immunology Division in 2007 as an Assistant Professor of Pediatrics at The Children's Hospital of Philadelphia (CHOP).

Dr Cianferoni is active both in clinical and translational research. She is the co-director for the Food Allergy research and Education (FARE) center at CHOP. She is the principal investigator in the first and only epicutaneous desensitization study for milk allergy in children with eosinophilic esophagitis. She is also the coinvestigator in many other food desensitization trials.

Dr Cianferoni also directs a laboratory interested in understanding how children develop IgE and non-IgE mediated food allergy, especially to milk. She has described for the first time how food-derived lipids contribute to food allergy sensitization, by activating a subgroup of T cell called Invariant Natural Killer T cells (iNKTs). She is now focusing on understanding the role of T cells and their response to milk in children with eosinophilic esophagitis, IgE mediated food allergies and food protein induced enterocolitis. Her research has been funded by the National Institute of Health (NIH) as well as many organizations such as American Academy of Allergy, Asthma and Immunology (AAAAI), American partnership for Eosinophilic Disorders (APFED).

She is an author of more than 60 peer reviewed publications and book chapters.

Dr Cianferoni is very involved in the AAAAI and European Academy of Allergy and Immunology (EAACI). She is the current secretary for the BCI section at the AAAAI, and as such she is part of the committee that programs the annual meeting. She is also on the Board for the Interest Group for Eosinophilic Esophagitis for the EAACI.
Dr Cianferoni has been married to Michael, who is from Perth Australia, since 2003. They met while they were both fellows at the John’s Hopkins Allergy and Asthma Center and have two children, 8 year old John and 3 year old Claire. Dr Cianferoni and her family live in the suburb of Philadelphia and like to travel mainly to visit relatives in Italy and Australia. Dr Cianferoni also likes the beach, skiing and running.

Antonella Cianferoni MD, PhD
Assistant Professor of Pediatrics
Allergy and Immunology Division, The Children’s Hospital of Philadelphia
Perelman School of Medicine, University of Pennsylvania
ARC1216H-3615 Civic Center Boulevard
Philadelphia, PA 19104
USA

Phone: +1-267-426-7831
Fax: +1-267-426-0363
Email: cianferoni@email.chop.edu
Shiang-Ju Kung, MD is a pediatric allergist and clinical immunologist with a special interest in food allergies and global health. Dr. Kung was born in Taipei, Taiwan and grew up in South Africa, where she completed her schooling and later her medical training at the University of Witwatersrand, Johannesburg. She started her pediatric residency in South Africa and obtained her Diploma in Child Health.

In 1999, she relocated to Philadelphia, USA and completed her combined pediatric-internal medicine residency at Albert Einstein Medical Center. This was followed by allergy/immunology fellowship training at Thomas Jefferson University. She joined the Division of Allergy and Immunology at the Children’s Hospital of Philadelphia in 2007 and has been working there part-time for the past decade.

For 8 of those years, she was physically based in Gaborone, Botswana (Southern Africa), where she helped establish Botswana’s first department of pediatric and adolescent health, at the University of Botswana. She was intensively involved in teaching medical students, curriculum development, training pediatric residents and clinical care. She served as Chair of the Department of Pediatrics for 2 years during that duration. In addition, she was the only allergist in the country and strongly advocated for improved asthma and allergy care both in public hospitals and private practice, as well as participating in continued medical education for local clinicians. Dr. Kung also collaborated with allergists in the Southern African region and described some novel locally relevant allergens including mopane worm food allergy.

Since July 2015, Dr. Kung has returned to work at the Children’s Hospital of Philadelphia, where she is primarily focused on clinical care of allergy out-patients. She is married to Andrew, a Pediatric Infectious Disease specialist and medical director of global health at CHOP. They have one son, Michael, aged 10. Dr. Kung enjoys reading in her spare time and spends lots of time knitting and crocheting in between shuttling Michael to his various sporting activities. Dr. Kung speaks English and Mandarin and a little Afrikaans.

Shiang-Ju Kung, MD
Division of Allergy and Immunology
Children’s Hospital of Philadelphia
3550 Market Street, 3rd Floor
Philadelphia, PA 19104
USA

Phone: +1 215 590 2549
Fax: +1 215 590 4529
Email: kungs@email.chop.edu
Kathleen Sullivan MD trained at UCSF and Johns Hopkins and has been at the Children’s Hospital of Philadelphia since 1993. She is currently the Division Chief of Allergy Immunology, overseeing one of the largest North American clinics for primary immune deficiency. She is a past president of the Clinical Immunology Society and serves on the Basic and Clinical Immunology Committee of the AAAAI and the AAAAI Board. She is on the steering committee of the USIDNET, the North American registry of patients with primary immune deficiencies. Her basic science research interests include understanding inflammation and the mechanism of regulating gene expression in inflammatory diseases. Her clinical interests include the study of patients with DiGeorge syndrome/Chromosome 22q11.2 deletion syndrome and understanding the variables related to outcomes of patients with primary immune deficiencies.

Kathleen Sullivan MD, PhD
Wallace Chair
Chief of Allergy Immunology
ARC 1216 CHOP
3615 Civic Center Blvd.
Philadelphia, PA 19104
USA

Phone: +1-215-590-1697
Fax: +1-267-426-0363
Email: sullivak@mail.med.upenn.edu
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FELLOWS
Arpine Abrahamyan, MD  Armenia
Staff Physician
Arabkir MC
Department of Pediatrics
Mamikoniants str. 30
0014 Yerevan, Armenia
Phone: +37-4-10236883-1119
Fax: +37-4-10284170
Email 1: Arpine_abrahamyan@yahoo.com
Email 2: arpine_abrahamyan@mail.ru

Oyuntulga Amarsaikhan, MD  Mongolia
Teaching/research/clinical Assistant, Staff Physician
Intermed Hospital
Department of Pediatrics
chingis avenue 41
17040 Ulaanbaatar, Mongolia
Phone: +97-6-77011111
Email 1: oyuka369@gmail.com
Email 2: oyuntulga.a@intermed.mn

Lusine Avetyan, MD  Armenia
Teaching/research/clinical Associate, Staff Physician
Arabkir Joint Medical Center
Mamikonyants street, building 30
0014 Yerevan, Armenia
Phone: +37-4-10236883
Email 1: Lus_jan@yahoo.com
Email 2: Lusnyakik@gmail.com
Anamarija Cavcic, MD, PhD    Croatia
Teaching/research/clinical Assistant, Specialist

University Hospital Center Zagreb
Department of Pediatrics
Kispätzea 12
10 000 Zagreb, Croatia
Phone: +43-1-2388888
Email 1: anacavcic@yahoo.com

Arlind Deveja, MD    Albania
Resident

Qendra Spitalore Universitare " Nene Tereza"
Department of Pediatrics
Rruga e Dibres 372
1001 Tirana, Albania
Phone: +35-5-682319402
Email 1: arlind.deveja@gmail.com

Ludmila Dvorakova, MD    Czech Republic
Resident

Regional Hospital Kolin
Department of Pediatrics
Zizkova 146
28000 Kolin, Czech Republic
Phone: +42-0-321756611
Email 1: dvorakova.lida@gmail.com
Email 2: ludmila.dvorakova@nemocnicekolin.cz
Otilia Frasinariu, MD, PhD     Romania
Assistant Professor, Attending Physician
University of Medicine and Pharmacy Gr. T. Popa Iasi
Department of Pediatrics
Universitat 16
700115 Iasi, Romania
Phone: +40-2-32264266
Email 1: otiliafrasinariu@yahoo.com

Ana Giorgobiani, MD     Georgia
Staff Physician
M.Iashvili Childrens Central Hospital
Department of Pediatrics
Lubliana Str 2/6
0159 Tbilisi, Georgia
Phone: +32-2-529034
Email 1: anigiorgobiani@gmail.com

Jaime Irissont, MD     Mexico
Teaching/research/clinical Assistant, Specialist
Instituto Mexicano del Seguro Social (IMSS)
Department of Thoracic Surgery
Belisario Dominguez 735
44340 Guadalajara, Mexico
Phone: +52-3-336170060
Email 1: j_irissont@hotmail.com
Email 2: drjaimeneumoped@gmail.com
Agne Jagelaviciene, MD  Lithuania
Health Consultant
Vilnius City Clinical Hospital
Department of Pediatrics
Antakalnio str. 57
10207 Vilnius, Lithuania
Phone: +37-0-67353393
Email 1: a.jagelaviciene@gmail.com
Email 2: agne.jagelaviciene@mf.vu.lt

Nikola Kjulafkovski, MD  Republic of Macedonia
Resident
University Clinic of Pediatry
Department of Pediatrics
Vodnjanska 17
1000 Skopje, Republic of Macedonia
Phone: +38-9-23229156
Email 1: nkulafkovski@yahoo.com

Alina Kuldibaeva, MD  Russian Federation
Teaching/research/clinical Associate, Specialist
Surgut State University
Department of Pediatrics
Lenina av, 1
628412 Surgut, Russian Federation
Phone: +79-8-25527572
Email 1: linak123@mail.ru
Email 2: alinakuldibaeva@gmail.com
Emira Kurtanovic, MD  
Montenegro  
Resident  
Clinical Center of Montenegro  
Department of Pediatrics  
Ljubljanska b.b.  
81000 Podgorica, Montenegro  
Phone: +38-2-20412412  
Email 1: emira.kurtanovic@kccg.me  
Email 2: emira.kurtanovic@gmail.com

Olena Kuznetsova, MD, MSc  
Ukraine  
Assistant Professor, Specialist  
Zaporozhye State Medical University  
Department of Pediatrics  
Mayakovskogo avenue, 26  
69035 Zaporozhye, Ukraine  
Phone: +38-5-05601712  
Email 1: e.kuznetsova.dm@gmail.com

Anneli Larionova, MD  
Estonia  
Staff Physician  
Tartu University Hospital  
Department of Allergy and Immunology  
Lunini 6  
50416 Tartu, Estonia  
Phone: +37-2-7319625  
Email 1: anneli.larionova@kliinikum.ee  
Email 2: anneli.larionova@mail.ee
Alzbeta Lencsesova, MD  Slovakia  
Resident  
University Children's Hospital  
Department of Pediatrics  
Limbova 1  
83101 Bratislava, Slovakia  
Phone: +42-1-259371208  
Email 1: alzbeta.lencsesova@gmail.com

Denis Lopatin, MD  Belarus  
Attending Physician  
19th Minsk City Children’s Clinic  
Department of Pediatrics  
Independence Avenue  
220114 Minsk, Belarus  
Phone: +37-5-291011625  
Email 1: cristal-dreamer@mail.ru

Tatjana Milosevic, MD  Serbia  
Specialist  
General Hospital Gornji Milanovac  
Department of Pediatrics  
Vojvode Milana 37  
32300 Gornji Milanovac, Serbia  
Phone: +38-1-32711670  
Fax: +38-1-32711181  
Email 1: junipergm2@gmail.com  
Email 2: junipergm2@beotel.net
Isaac Mlay, MD  Tanzania, United Republic of
Resident
Kilimanjaro Christian Medical College
Department of Pediatrics
Gangilonga
260 Iringa, Tanzania, United Republic of
Phone: +25-5-717281164
Email 1: isaacmlay86@gmail.com
Email 2: 8isaacmlay6@gmail.com

Kadri Muoni, MD  Estonia
Specialist
Tallinn Children’s Hospital
Department of Allergy and Immunology
Tervise 28
13419 Tallinn, Estonia
Phone: +37-2-5121786
Email 1: kadri.muoni@yahoo.com
Email 2: kadri.muoni@lastehaigla.ee

Olesea Nicu, MD  Moldova, Republic of
Teaching/research/clinical Assistant, Specialist
State Medical and Pharmaceutical University Nicolae Testemitanu
Department of Pediatrics
93, Burebista
MD-2060 Chisinau, Moldova, Republic of
Phone: +37-3-69948498
Email 1: olesea.nicu@usmf.md
Email 2: olesealesenco@yahoo.co.uk
Andrea Silvia Quitterer, MD  Germany
Fischergame 665
84028 Landshut, Germany
Phone: +00-4-98712759815
Email 1: andrea_quitterer@gmx.net

Tamilla Rzayeva, MD  Azerbaijan
Associate Professor, Specialist
State Central Customs Hospital
Department of Allergy and Immunology
Kazimzadah Str.,118
1065 Baku, Azerbaijan
Phone: +99-4-125370183
Email 1: tamila_n@hotmail.com

Eunice Sandoval, MD  Mexico
Teaching/research/clinical Associate, Specialist
Hospital de Especialidades Pediatrico de Leon
Department of Allergy and Immunology
Juan Alonso de Torres 4725
37675 Leon, Mexico
Phone: +52-4-771018700
Fax: +52-4-771018700
Email 1: drasandoval83@yahoo.com
Email 2: nich_sr@hotmail.com
Ilker Sayici, MD     Turkey
Teaching/research/clinical Assistant, Assistant Attending Physician

Ankara University
Department of Pediatrics
Mamak Caddesi Ankara Universitesi Tip Fakultesi Cocuk Hastaliklari ABD Sekreterligi
06450 Ankara, Turkey
Phone: +90-5-062099680
Email 1: usayici@hotmail.com

Mehtap Schmidt, MD     Austria
Resident

Klinikum Wels-Grieskirchen
Department of Pediatrics
Grieskirchner Strasse 42
4600 Wels, Austria
Phone: +43-7-24241593310
Email 1: mehtap.schmidt@klinikum-wegr.at

Ramadan Seferi, MD     Kosovo
Specialist

University Clinical Centre of Kosovo
Department of Allergy and Immunology
Bulevardi i Deshmoreve NN
10000 Pristina, Kosovo
Phone: +38-1-385006002028
Email 1: rseferi@hotmail.com
Polina Shahid, MD   Bulgaria  
Resident  
University Hospital "Alexandrovska"  
Department of Allergy and Immunology  
1 St. Georgi Sofiyski bld.  
1431 Sofia, Bulgaria  
Phone: +35-9-899737690  
Email 1: poli.mu@gmail.com

Olena Sharikadze, MD, PhD   Ukraine  
Assistant Professor, Specialist  
Shupyk National Medical Academy postgraduate Education  
Department of Pediatrics  
Dorohozhytska  
04112 Kiev, Ukraine  
Phone: +80-4-42387711  
Email 1: shaolena@yandex.ru  
Email 2: kaf-ped1@nmapo.edu.ua

Krstina Stefanova-Kelly, MD   Bulgaria  
Teaching/research/clinical Assistant, Specialist  
UMHAT "Sv.Georgi"  
Department of Pediatrics  
15A Vasil Aprilov  
4000 Plovdiv, Bulgaria  
Phone: +35-9-32602513  
Email 1: krastinakelly@yahoo.co.uk
**Barbara Urbanc, MD**     Slovenia  
Chief of Service  

General hospital Jesenice  
Department of Pediatrics  
Titova 112  
4270 Jesenice, Slovenia  
Phone: +38-6-45868557  
Email 1: barbara.urbanc@s5.net  
Email 2: barbi.urbanc@gmail.com  

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**Saule Zhumambayeva, MD, PhD**     Kazakhstan  
Associate Professor, Attending Physician  

JSC Medical university Astana  
Other  
Beibitshilik 49A  
010000 Astana, Kazakhstan  
Phone: +77-7-83644408  
Email 1: salish.zh@gmail.com  
Email 2: salish@list.ru
Open Medical Institute
Medical Education Beyond Borders

SALZBURG CHOP SEMINAR PEDIATRIC ALLERGY
February 5 – 11, 2017

- 32 fellows from 27 different countries and regions
- 5 faculty members from the United States and Austria
- 20 lectures and 4 workshops given by faculty
- 28 interesting cases presented by fellows
- 8 cases selected by faculty to be published in the Online Case Library

SEMINAR DIARY FROM FELLOW
Krustina Stefanova-Kelly, MD
UMHAT “Sv.Georgi”, Plovdiv, Bulgaria
05.02-11.02.2017

Arrival, Sunday evening. Arrived in Salzburg after a 3-hour-long train journey from Vienna. Of course I got the No 6 bus in the wrong direction so by the time I got to Schloss Arenberg it was quite late. Walking up the gravel path in the quiet darkness made me think of scenes very different from the ones from “The sound of music”. But my anxieties were quickly dissipated once I got inside. The staff at reception was friendly and helpful. Later on the faculty members welcomed us and tried to put us all at ease. The accommodation feels a bit “odd” at the beginning but provides everything you need for a comfortable stay.

The sessions, Monday - Friday. The morning session started at 8 o’clock. I must admit I found the way the pre-seminar test was organized quite intimidating – it reminded me of my school exams in pre-1989 Bulgaria.

As a stark contrast all the faculty members were very friendly and approachable. Dr. Kate Sullivan got us all playing a “medical game” so that we can get to know each other. More of the same, please!

I won’t go into detail about the content of each lecture but all of them were well structured, of appropriate duration but most of all the content was geared towards everyday clinical practice. Data from the latest research was presented, some of which not even published yet!!! Every faculty member had their own presentation style, some more vivid and colorful than others but all truly inspirational. I was thinking: “Imagine what it is like working with these people on a daily basis, being able to ask their expert opinion whenever you need to!” I honestly envied the junior doctors working alongside them.

Allergies are sometimes called “the plague of the 21st century”. In Bulgaria there are still only few specialists in the area and patients quite frequently are seen by different doctors who offer just temporary relief. But the seminar showed me there is light at the end of the tunnel. As our knowledge and understanding of how allergies develop we are able to predict, prevent and treat some of them. After the seminar I felt better equipped to deal with allergy issues in my everyday work as a Pediatrician as well as when to refer patients to an allergologist.
There were plenty of opportunities and enough time for questions and discussions after each lecture as well as during the breaks.

**Graduation dinner, Friday evening.** Thoughtfully organized with personal attention to each one of the fellows. Felt like we were awarded for some special achievement.

**Fellows’ case presentations.** These took place on two afternoons – Tuesday and Thursday. Nerve-racking experience for me personally but some of the other fellows seemed to be born presenters. I know the purpose of these presentations is to provoke discussion based on clinical experience but somehow it eluded me.

**Food.** Fantastic and plenty of it!

**Social life.** I met some really interesting people from all over the world and we shared many personal and professional experiences. We had walks in the beautiful old town, visited the castle on the top of the hill and had a beer or two in the Stiegl brewery. Towards the end of the week I had made some true friends.

Chamber music concert on Wednesday evening – another feature which showed how much thought and attention go in organizing a seminar. Made me feel truly pampered.

**Departure, Saturday morning.** On the road again, back to personal and professional routines, sad to leave behind this magnificent city but most of all the wonderful people that I met – both faculty and fellows. Thank you!
Sunday, 5 February. In the late afternoon, we came to the Salzburg. Below the night lights showed up the city and its baroque architecture. Finally we reached beautiful Shloss Arenberg. There were many applicants and only 32 of them are here now. I was so proud to be a part of this meeting and to represent my country.

Monday, 6 February. Course Director James M. Corry made introduction of Children’s Hospital of Philadelphia and announced first lecturer Kathleen Sullivan, Professor of Pediatrics at the University of Pennsylvania and Chief at the Division of Allergy and Immunology. Before lecture we had pre-seminar test. After test we talked about Immune Deficiencies. To be honest, that one, for me strange topic, started to be more familiar. I could feel experience in every word, and once again I was glad to be a part of this Program. At the coffee break I introduced some great fellows, and I knew I met new friends for the life!

Tuesday, 7 February. Day started amazing! After great breakfast we went to the Lecture Room and look...It was snowing! Snowy white snowflakes covered the environment and the Shloss was like one from the fairytales. Shian Ju Kung attending physician at the Children’s Hospital of Philadelphia started a first lecture about Allergic Rhinitis, which is familiar topic so it was easy to follow. Also, she remained us of some important aspects of allergies in children. After the lunch fellows presented their cases. We could hear some really interesting cases. Some of them were interesting and unknown to the faculty also. I started to think about how to present my case. I have to be honest, I was scared.

Wednesday, 8 February. This was the day with a free afternoon. I admit all I could think about is a coffee in downtown and the beauties of architecture around. Night before I read about city and its sights. I was planning a great day with other fellows. But just then James M. Corry started lecture and I realized how wheezing topic was useful for my further work. After coffee breakwe had lecture about food allergies, the most interesting topic to me and fabulous Antonella Cianferoni, assistant professor of Pediatrics at the University of Pennsylvania. This day was amazing! After lunch we went to visit city. I will need a many papers if I start to tell you about my impressions about Salzburg! There are so many interesting things from the name of a town to the beautiful buildings, gardens and river side. Every made picture was followed with a story to remember.

Thursday, 9 February. This was the day of my presentation. I was the first at the line. My first slide was with a photo of Tara River Bridge, above the second deepest canyon in the world, located at the North Montenegro, but I could not say a word 😊 so I continued to my patient story. Actually, everything passed well, and afterwards I realized that we were good but still have job to do and to continue with patient treatment.
**Friday, 10 February.** Last lecture day with post-seminar test started. The end of lectures was near. Eva Maria Varga, professor at the Medical University of Graz and Senior Physician at the Respiratory and Allergic Disease Division, was talking about Anaphylaxis, and brought some new perspectives to recognizing and treatment of this important condition. After post seminar test we all felt a relief. We were all satisfied with the knowledge that we have gained, and that will improve our further work such as condition approach, diagnostic and treatment. After lunch we had a couple hours for sightseeing. We went to the restaurant at the hill above with breathtaking view over Salzburg! Magnificent view at the urban architecture showed up below the walls. Those pictures left a huge impression on that moment we spent together. After the dinner and certification award we had great party at the city pub. But the clock was ticking and goodbye time was near.

**Saturday, 11 February.** Last day at the Shloss Arenberg. Everyone was in a rush, quick breakfast and time to say goodbye. Despite the hard lessons, time passed quickly like in a few moments and just in the second a beautiful view of Montenegro’s coast showed up below the airplane. In ears sound of Mozart’s Sonatas and hello home, I have so much to tell!