Riga Stradiņš university and the Open Medical Institute invite you for

THE VISITING PROFESSORSHIP IN REHABILITATION MEDICINE

18 September 2017, Riga, Latvia

Goal of the Seminar: enhancing of theoretical knowledge in rehabilitation for some conditions in spine

Target audience: physical and rehabilitation physicians, physiotherapists, general practitioners, neurologists, neurosurgeons

Lecturer: R. Jaspal Singh, MD
Assistant Professor of Rehabilitation Medicine, Weill Cornell Medical College
Director of Interventional Spine, Weill Cornell Center for Comprehensive Spine Care
Willibald Nagler Clinical Scholar in Rehabilitation Medicine, Weill Cornell Medical College
New York, NY, USA

Participation fee: EUR 22.00 (for registration and meals expenses)
Application till 12 September 2016
Terms of payment: 16 September 2016

Time and venue of the seminar:
18th September; 13:00 till 19:00,
Riga Stradiņš university Hippocrates’ auditorium,
16 Dzirciema str., Riga, Latvia

Official language: English

Application: by e-mail kursi@rsu.lv.
Items to indicate applying: name, surname, name of the seminar, phone number, e-mail address and payer (payers banking data) if different from applicant

Further information: kursi@rsu.lv; +371 67409216

Seminar is supported by: AB Medical Group Latvia
OMI VISITING PROFESSORSHIP IN
PHYSICAL & REHABILITATION MEDICINE
UNDER THE AUSPICES OF
WEILL CORNELL MEDICAL COLLEGE
THE AMERICAN AUSTRIAN FOUNDATION
in collaboration with
Riga Stradiņš university

18 September 2017, Riga, Latvia

<table>
<thead>
<tr>
<th>Time</th>
<th>18 September (Monday)</th>
</tr>
</thead>
</table>
| 13:00 − 13:10 | Welcome Address
Introduce Speakers, their Academic Institutions and the AAF/OMI |
| 13:10 − 13:55 | Diet and exercise
R. Jaspal Singh, MD
Assistant Professor of Rehabilitation Medicine, Weill Cornell Medical College
Director of Interventional Spine, Weill Cornell Center for Comprehensive Spine Care
Willibald Nagler Clinical Scholar in Rehabilitation Medicine, Weill Cornell Medical College
New York, NY, USA |
| 13:55 − 14:20 | COFFEE BREAK |
| 14:20 − 15:05 | Core exercise for abs
R. Jaspal Singh, MD |
| 15:05 − 15:50 | Lumbar Spinal Stenosis
R. Jaspal Singh, MD |
| 15:50 − 16:50 | LUNCH |
| 16:50 − 17:35 | Common Conditions in the Cervical Spine
R. Jaspal Singh, MD |
| 17:35 − 18:35 | Case Presentations by Participants |
| 18:35 − 19:00 | Discussions and wrap-up |
| Evening | Fellows Reunion |

Riga Stradiņš University, 16 Dzirciema Street, Riga, Latvia, LV-1007; www.rsu.lv